STS/EACTS Latin America Cardiovascular Surgery Conference September 21-22, 2017 | Cartagena, Colombia

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Degenerative Mitral Valve Regurgitation: Resect or Respect?

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The Myxomatous Mitral Valve

- Annular enlargement and flattening before LV dilatation
- Flattening of the commissures
- Flattening of the P2-P3 junction
- Increased leaflet stress leading to myxomatous degeneration



Progressive Dilatation and Flattening



Lee A et al. Circulation 2013;127:832-841

















Form Fruste









Most Frequent Dysfunction



Posterior leaflet prolapse is the most frequent dysfunction



Goal of Repair



- Smooth and regular surface
- >8 mm height of coaptation
- Posterior leaflet positioned in the LV inflow

Good Surface of Coaptation = Good Function (> 8 mm or 1/3 of ant leaflet)

Quadrangular Resection Posterior Leaflet Prolapse



Cohn L, Op Tech Thorac Cardiovasc Surg, 1998:95

Quadrangular Resection *Posterior Leaflet Prolapse*



Cohn L, Op Tech Thorac Cardiovasc Surg, 1998:95

Quadrangular Resection *Posterior Leaflet Prolapse*



Cohn L, Op Tech Thorac Cardiovasc Surg, 1998:95

Quadrangular Resection "The Gold Standard"

• Effective technique

• Excellent functional results

• Stable over time

Three Decades of Carpentier's Techniques Freedom from Reoperation



Braunberger E et al. Circulation 2001;104:I-8-I-11

Three Decades of Carpentier's Techniques Survival



Braunberger E et al. Circulation 2001;104:I-8-I-11

Limitations

- Immobilization of the posterior leaflet
- Risk of kinking of the circumflex artery
- Anterior displacement of the annulus
- Technically demanding, low applicability

Should You Always Resect?

- If the goal of MV repair is to restore **Optimal Surface of Coaptation**
- Is tissue resection the most logical approach?





Chordal Replacement

- First introduced by T. David in 1985
- Currently the "Gold Standard" for anterior leaflet (AL) repair
- Chordal transfer and AL resection rarely indicated
- Initially indicated in PL prolapse secondary to FED





Mitral Valve Repair Neochordae



David T et al. J Thorac Cardiovasc Surg 2005: 1242

The "Respect Rather Than Resect" Concept

- Correct excessive leaflet motion of the free edge with artificial chordae
- Transform the posterior leaflet into a smooth, regular, vertical buttress







Respect Rather Than Resect *No Excess of Tissue*

Bring the free edge of PL to the level of the annular plane

Placement of e-PTFE through free edge of posterior leaflet

В





A New Paradigm for the Repair of Posterior Leaflet Prolapse: Respect Rather Than Resect Patrick Perier, MD



Operative Techniques in Thoracic and Cardiovascular Surgery

Respect Rather Than Resect *Excess of Tissue*

Bring the free edge of PL between 5 mm to 8 mm underneath the plane of the annulus,





A New Paradigm for the Repair of Posterior Leaflet Prolapse: Respect Rather Than Resect Patrick Perier, MD

Operative Techniques in Thoracic and Cardiovascular Surgery

The Respect Principle *P2 Prolapse*



Excess Tissue P2 Prolapse



Artificial Chord on Tip of PPM





Correct Excessive Leaflet Motion



Smooth, Regular Buttress in LV Inflow



The "Respected" Valve



Height of Coaptation (>8mm)





Respect Rather Than Resect Results.

- Same results as resection in their Institution
- 2/10 reoperations due to detachment 80 of artificial chords
- No difference in thromboembolic complications



Perier et al. Ann Thorac Surg 2008;86:718–25



Neochordae For Posterior Leaflet Prolapse A Randomized Trial

- 100% repair rate
- No difference in mortality or recurrence of MR
- Longer line of leaflet coaptation may result in better durability
- Longer follow-up is required

Falk et al. J Thorac Cardiovasc Surg 2008;136:1200-6



- Thorough analysis of the valve
- Excessive tissue –height and width may lead to irregular surface of coaptation after placement of the ring
- Accumulation of myxomatous tissue at leaflet base may displace it anteriorly - SAM
- Resection has to be tailored to anatomic considerations

- Redundant, rigid P2-P3
- Trapezoidal configuration with excess height and width

 Excessive tissue at the base of the P2-P3 with anterior displacement

- Irregular surface of coaptation
- Likely to worse with placement of the annuloplasty ring

- Localized quadrangular resection
- "Flanking" artificial chords

- 3:4 ratio restored
- Posterior line of coaptation
- Absence of MR

FCI – IC Experience Methods

- team
- institutional registries.

Historic cohort between January 2004 and June 2017 of patients undergoing isolated mitral valve repair by a single

 Descriptive analysis of the data, differences between groups were analyzed using: chi – square test, Fisher's exact test or wilcoxon-Mann-Whitney test. Follow-up were done by

FCI – IC Experience **Preoperative Variables**

		P-value
NO RESECTION	RESECTION	difference
n=111	n=34	between groups
71 (63.4)	26 (70.6)	0.539
54.4 (41.9-63)	52.5 (41-59)	0.746
5 (4.5)	0	0.260
12(10.7)	9 (26.5)	0.047
1 (0.9)	0	0.767
32(28.57)	11(32.3)	0.672
4 (3.6)	3(8.8)	0.132
		0.947
12(10.7)	4 (11.8)	
81(72.3)	25(73.5)	
19(17)	5 (14.7)	
22 (19.6)	4 (11.8)	0.293
55 (50-60)	60 (53-65)	0.061
30 (30-45)	40(35-58)	0.04
		0.804
1 (0.9)	0	
16(14.3)	3 (8.8)	
93(83)	31(91.2)	

FCI – IC Experience *Perioperative Outcomes*

Perioperative data

Cardiopulmonary bypass time, minutes Cross -clamp time, minutes ICU stay, days Post ICU stay, days **Post operative variables** Reoperation for bleeding Arrhythmia In hospital stay

^a Categorical data are expressed as number (%) and continuous data as median (Interquartile range)

NO RESECTION n=111	RESECTION n=34	p -value difference between groups
114 (95-141)	110(102-135)	0.715
90(73-105)	94(83-109)	0.262
1(1-3)	1(1-2)	0.167
3(2-4)	3(3-5)	0.504
2 (1.8)	1 (2.9)	0.331
18 (16.1)	5(14.7)	0.848
6 (5-11)	6.5 (5-11)	0.945

FCI – IC Experience Perioperative Outcomes

Follow-up data

	NO RESECTION n=84	RESECTION n=19
Follow-up months	14 (5-38)	65 (25-86)
NYHA functional class		
I	63 (74.7)	14 (73.7)
II	19(22.3)	4(21)
	2(2.3)	1 (5.3)

^a Categorical data are expressed as number (%) and continuous data as median (Interquartile range)

FCI – IC Experience *Freedom from Reoperation*

At 12 years, freedom from reoperation:

Resection 100%

Artificial Chordae 94.7%

Number at risk No Resection Resection

Conclusions

- Prolapse of PL is NOT as straighforward
- Great variety of lesions imply adaptation of multiple surgical techniques
- Very often, a combination of techniques is needed
- Always start by *respecting* leaflet tissue
- Focus on the goal: Restoration of surface of coaptation

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Thank You

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