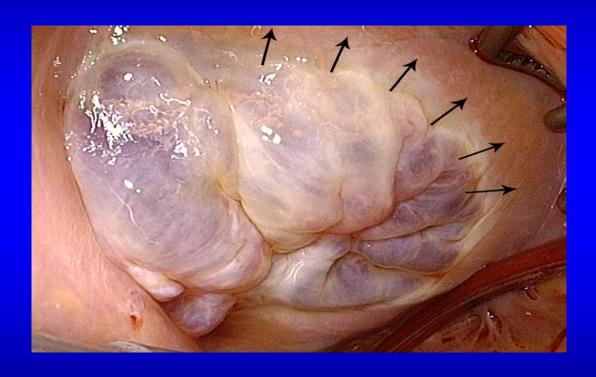
## Concomitant Tricuspid Valve Repair: When, Why and How!



Steven F Bolling, MD
Professor of Cardiac Surgery
University of Michigan



#### Disclosures

- Consultant/Advisory Board: Abbott, Edwards Lifesciences
- Ownership Interest: Millipede, Pipeline

## Is FTR important?

### Concomitant FTR:

## 85 to 95% of all TR!

Ebstein's

**Endocarditis** 

Rheumatic

Pacer impingement

## Is FTR important?

**Decreased CO** 

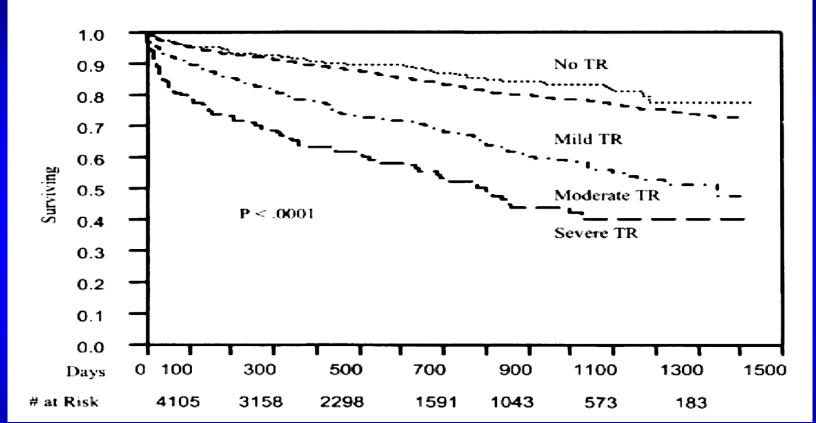
Fatigue, decreased exercise tolerance

"Right-sided" Heart Failure

Ascites, edema, decreased appetite, fullness

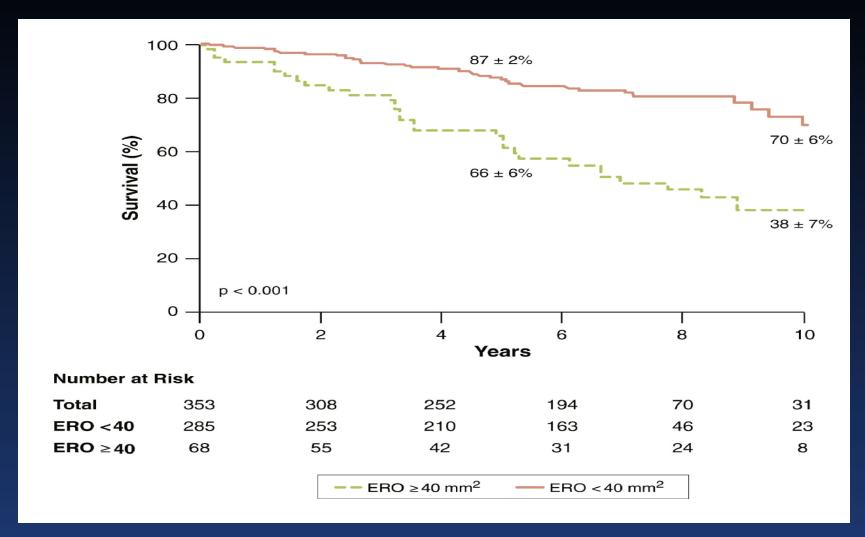
### FTR patients feel terrible

#### ...and FTR patients die! FTR increases Mortality



5223 pts : **Severe and Moderate TR increase mortality independent of** PASP, LVEF, IVC size, RV size/ function.

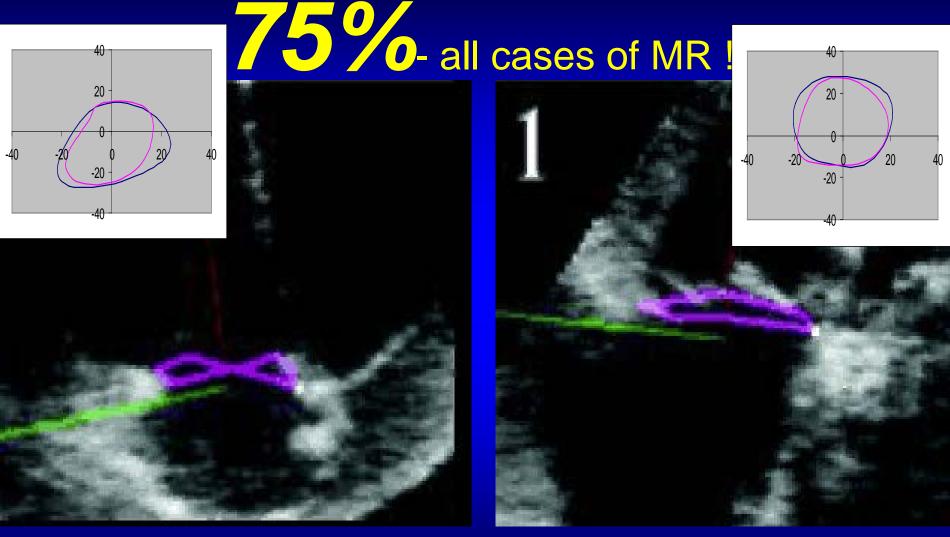
#### Severe and MODERATE FTR Decreases Survival



Topilsky. JACC 2014.

TR is bad. TR hurts quality of life and QUANTITY

#### Annular Dilation / Shape Change of FTR:

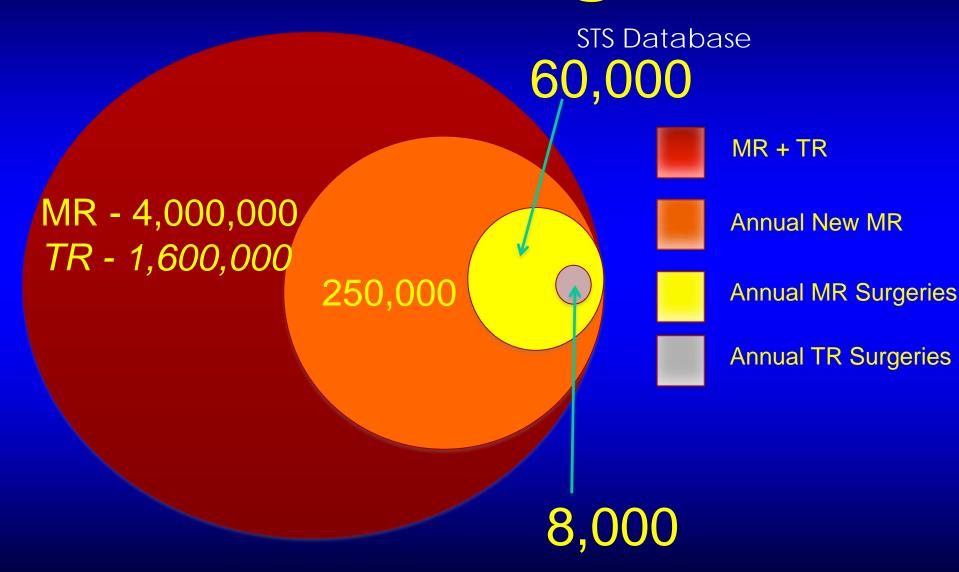


**Normal Tricuspid Annulus** 

Tricuspid Annulus with Functional TR

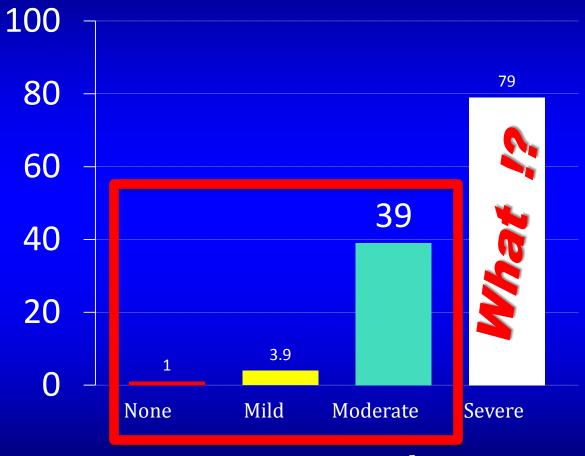
Fukuda. Circulation. 2006;114:I-492.

## 2017 -FTR is ignored!



## Tricuspid repair when fixing MR Based on TR Grade

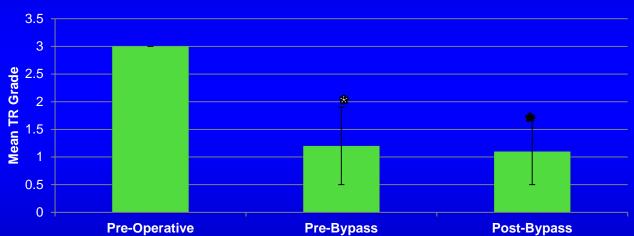
Percent of
Patients Having
Tricuspid Repair



Preoperative TR Grade

#### When to look for FTR: Pre-op

Functional TR – *dynamic!*under anesthesia 4+ TR, can become mild...



Regard any previous significant TR or a dilated annulus as indications for TV repair!



#### The Growing Clinical Importance of Secondary Tricuspid Regurgitation

Maurizio Taramasso, MD,\* Hugo Vanermen, MD,† Francesco Maisano, MD,\* Andrea Guidotti,\* Giovanni La Canna, MD,\* Ottavio Alfieri, MD\*

Milan, Italy; and Aalst, Belgium

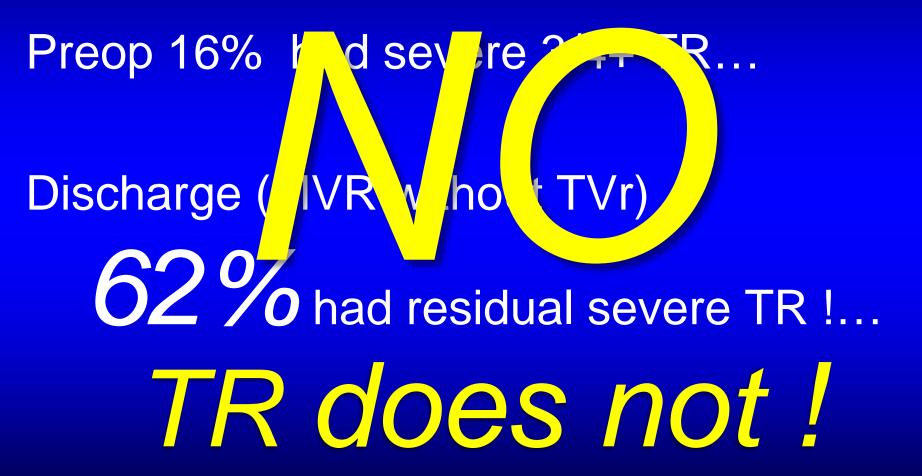
Functional or secondary tricuspid regurgitation (STR) is the most frequent etiology of tricuspid valve pathology in Western countries. Surgical tricuspid repair has been avoided for years, because of the misconception that tricuspid regurgitation should disappear once the primary left-sided problem is treated; this results in a large number of untreated patients with STR. Over the past few years, many investigators have reported evidence in favor of a more aggressive surgical approach to STR. Consequently, interest has been growing in the physiopathology and treatment of STR. The purpose of this review is to explore the anatomical basis, pathophysiology, therapeutic approach, and future perspectives with regard to the management of STR. (J Am Coll Cardiol 2012;59: 703–10) © 2012 by the American College of Cardiology Foundation



# If in OR, don't just look for TR! Look for annulus > 40 mm RA, RV changes

#### FTR goes away by itself?

5589 MVr only cases (McCarthy, ATS 2004)



#### and despite a "good" mitral result...



No guarantee of FTR "getting better"!

#### Tricuspid Valve Repair

Secondary Tricuspid Regurgitation or Dilatation: Which Should Be the Criteria for Surgical Repair?

Gilles D. Dreyfus, MD, Pierre J. Corbi, MD, K. M. John Chan, AFRCS, and

311 Patients MV Repair

Preop TR 0.7 – 0.9

93 % no/trace/mild

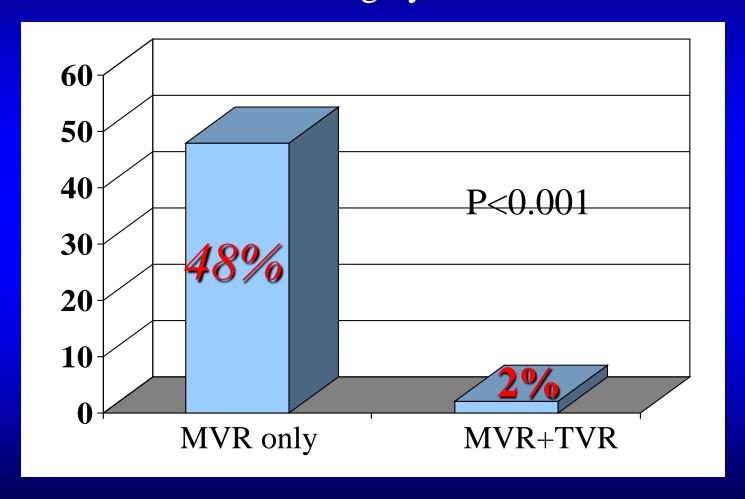
7 % moderate

NONE Severe!



#### TR Does Not Just "Go Away" After MVr

311 undergoing MVr, mostly degenerative, all with dilated TV annulus TR Worsening by > 2 Grades



Dreyfus. Ann Thorac Surg 2005;79:127

#### Adding TV repair adds risk

110 matched pts for MVr with FTR

8.5% - 30 day mortality, no TVr vs

 $\frac{2\%}{1}$  - for MVr + TVr, p= 0.2

TR progression rate was 40% vs 5% 5-yr survival was 45% vs 74%

Ann Thorac Surg. 2009 Mar;87(3):698-703...

Mitral valve surgery for functional mitral regurgitation: should moderate-or-more tricuspid regurgitation be treated? a propensity score analysis.



#### Adding TV repair adds risk?

Performing Concomitant Tricuspid Valve Repair at the Time of Mitral Valve Operations Is Not Associated With Increased Operative Mortality



Vinay Badhwar, MD, J. Scott Rankin, MD, Max He, MS, Jeffrey P. Jacobs, MD, Anthony P. Furnary, MD, Frank L. Fazzalari, MD, Sean O'Brien, PhD, James S. Gammie, MD, and David M. Shahian, MD

Operation	TR Grade	Tricuspid Repair Rate	Morbidity OR (95% ČI)	p Value	Mortality OR (95% CI)	p Value
Isolated MVRR	None-mild	4.0% (1,823 of 45,551)	1.44 (1.26-1.65)	< 0.0001	1.16 (0.82-1.64)	0.4103
	Moderate	32.9% (3,565 of 10,843)	1.25 (1.09-1.43)	0.0011	0.99 (0.80-1.24)	0.9546
	Severe	77.3% (4,426 of 5,724)	1.50 (1.28-1.75)	< 0.0001	0.89 (0.67-1.18)	0.4081
MVRR + CABG	None-mild	2.4% (485 of 20,218)	1.54 (1.27-1.86)	< 0.0001	1.31 (0.92-1.88)	0.1376
	Moderate	25.0% (1,096 of 4,379)	1.18 (1.01-1.38)	0.0335	0.86 (0.63-1.18)	0.3511
	Severe	69.9% (1,228 of 1,758)	1.46 (1.14-1.86)	0.0025	1.17 (0.81-1.70)	0.3915

## FTR - Don't Wait! Bernal Patients le when 30 day mortality was 35

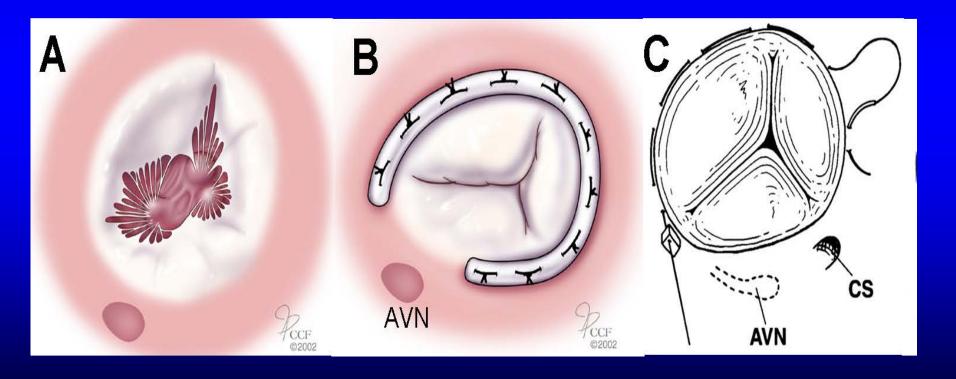
#### Reoperations after tricuspid valve repair

José M. Bernal, MD,<sup>a</sup> Dieter Morales, MD,<sup>a</sup> Carmen Revuelta, MD,<sup>a</sup> Javier Llorca, MD,<sup>b</sup> Jesús Gutiérrez-Morlote, MD,<sup>a</sup> and José M. Revuelta, MD<sup>a</sup>

## HOW to fix FTR: New Repair Thinking for Functional TR

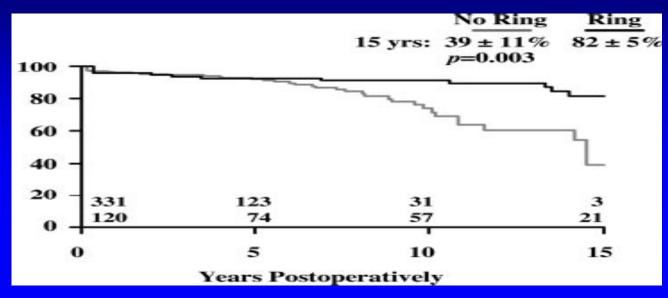
Annuloplasty Rings

DeVega



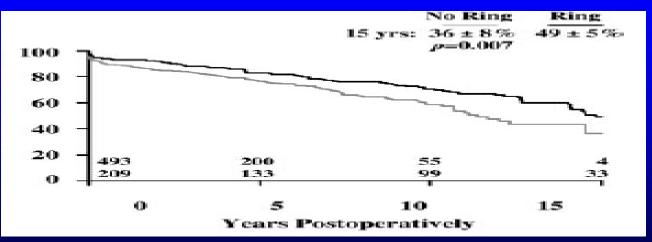
## Use a Ring! Less recurrent TR and better Survival

Freedom
From
Recurrent
TR (%)

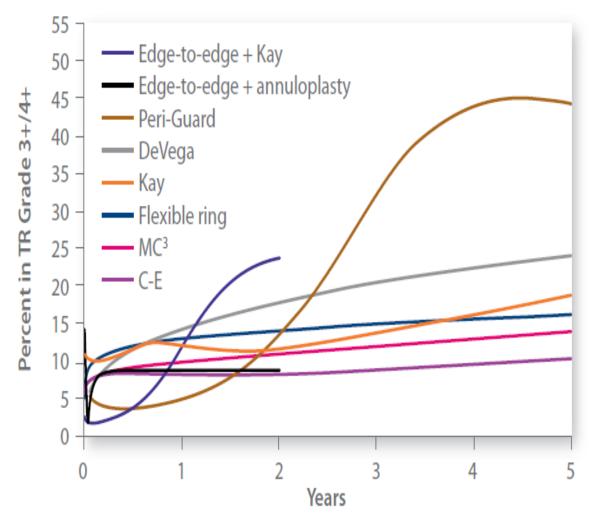


Freedom
From
Death
(%)

702 patients - TVR 493 DeVega 209 Ring



#### Prevalence of Post-Operative 3+/4+ Tricuspid Regurgitation for Various Procedure Groups



Lines represent unadjusted estimates of TR grades of 3+/4+ for each procedure group over time.

Edge-to-edge technique (leaflet)

Edge-to-edge + Kay commissure

Edge-to-edge + flexible or rigid prosthetic annuloplasty

Peri-Guard ring (Synovis Surgical Innovations, St. Paul, MN)

De Vega suture technique

Kay commissure

Flexible ring – standard and 3-dimensional

MC3 –3-dimensional ring

(Edwards MC3 Annuloplasty System)

C-E – Carpentier-Edwards rigid ring

TR = tricuspid regurgitation

#### 2° FTR - Use a rigid ring!

Carrier JHVD 13:2004

463 patients for TV repairs

Freedom from recurrence:

Rigid ring - 94%

Flexible - 72%

DeVega - 66%

#### TV ring risks / fears

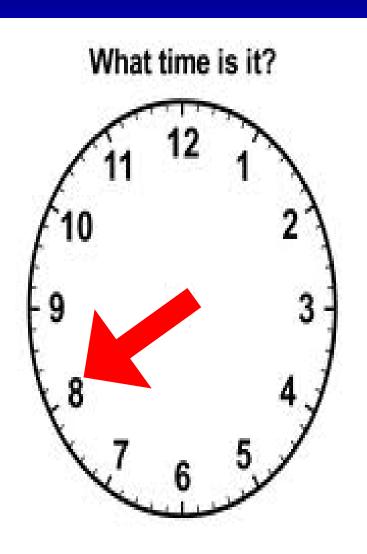
## AV Node injury

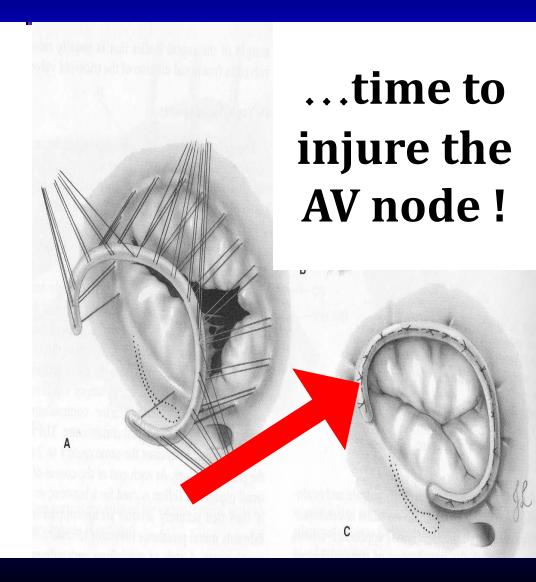
**Dehiscence** 

Hemolysis

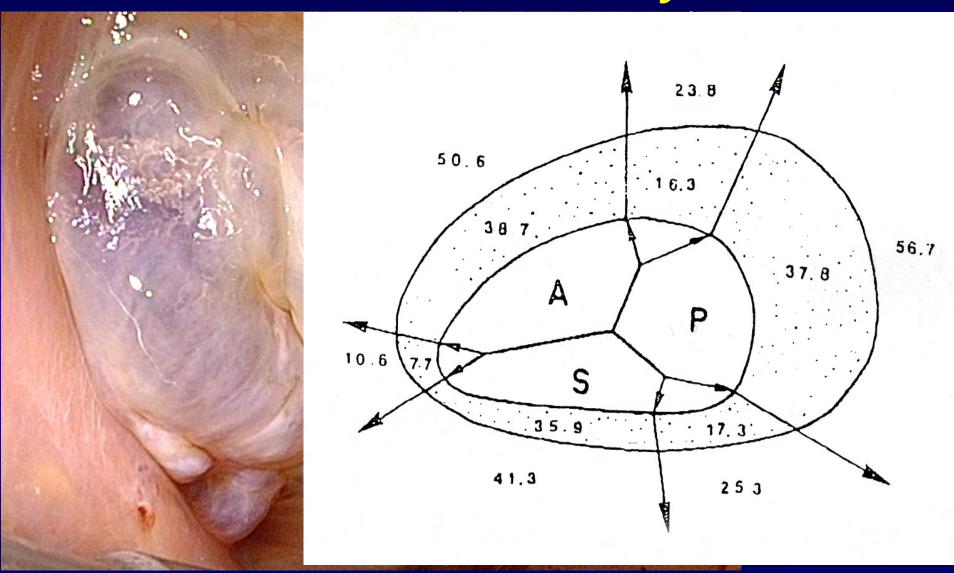
**Endocarditis** 

#### "Classic" Tricuspid Technique



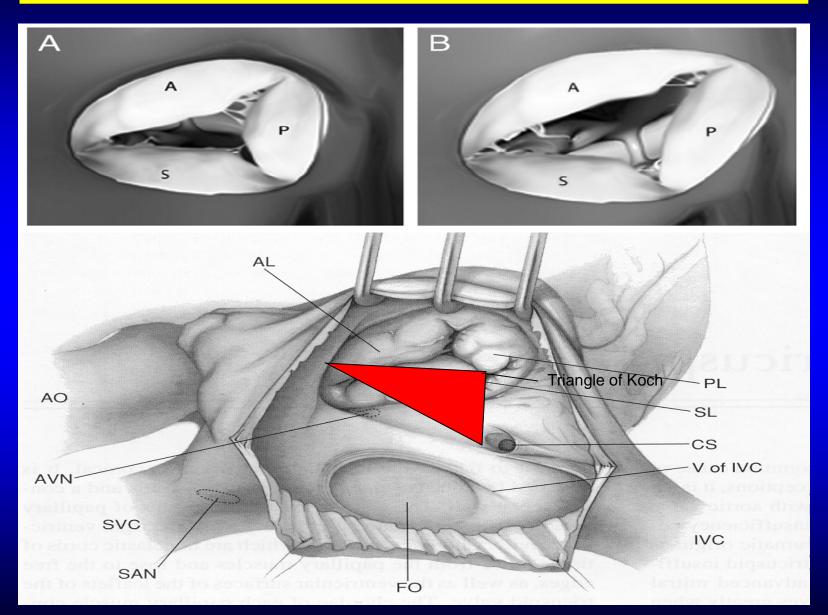


#### New "How to": Anatomy of FTR

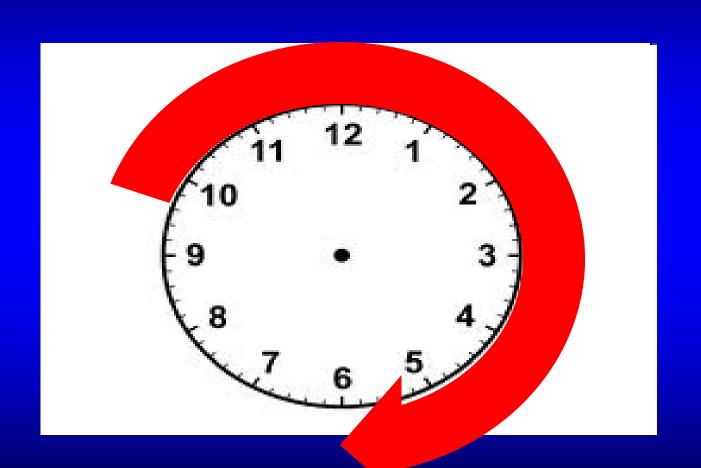


Annular, RA, RV and <u>LV</u> geometry changes of TR

## New FTR - "Rule of TEN"

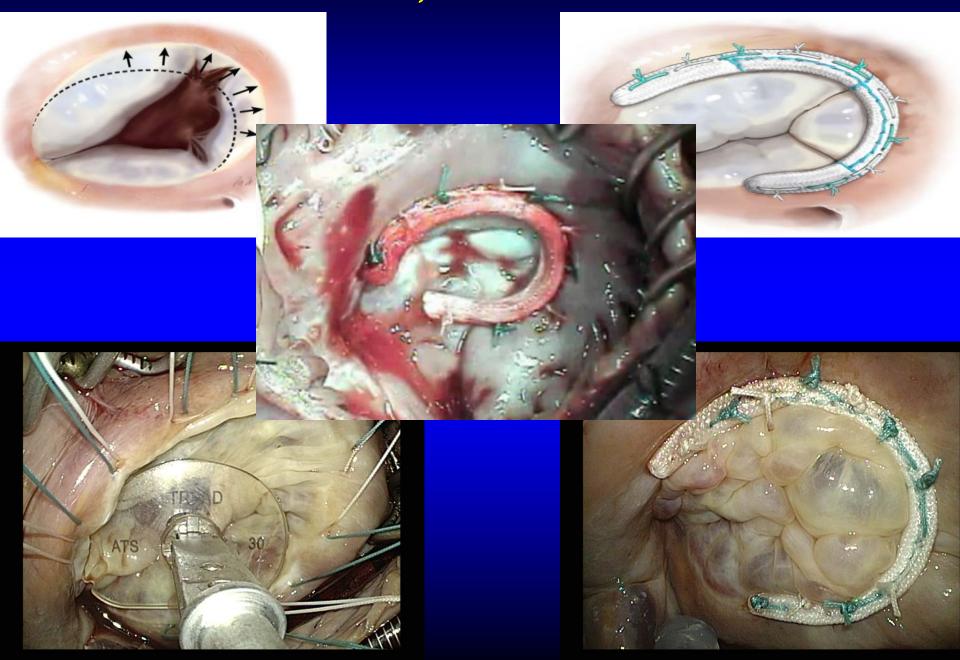


## FTR repair - "10" "Ten stitches - Ten minutes"



"10 o'clock to 6 o'clock"

#### FTR - 10 stitches, 10 o'clock to 6 o'clock



## How to size FTR...Don't size! 26 / 28 RING

Huffman et al

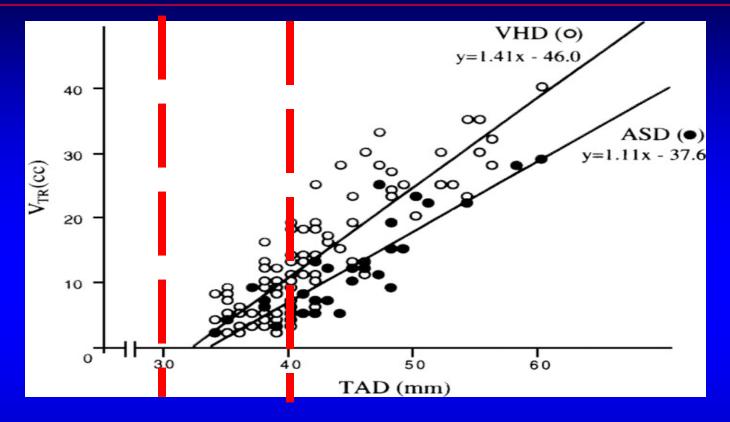
Acquired Cardiovascular Disease

#### Identical tricuspid ring sizing in simultaneous functional tricuspid and mitral valve repair: A simple and effective strategy

Lynn C. Huffman, MD, Jennifer S. Nelson, MD, April N. Lehman, BS, Marguerite C. Krajacic, RN, BSN, and Steven F. Bolling, MD (J Thorac Cardiovasc Surg 2013;

Association class was III or IV in 81% (43) and mean left ventricular ejection fraction was 33%  $\pm$  2.2%. All patients had moderate or greater mitral regurgitation preoperation and moderate ansevere tricuspid regurgitation or a preoperative tricuspid annulus diameter greater than 40 mm. There was no 30-day mortality. Mean immediate postoperative tricuspid valve gradient was  $1.75 \pm 0.12$  mm Hg and was  $2.3 \pm 0.19$  mm Hg at 4 weeks. Four weeks postoperatively 88% (42/48) of patients had tricuspid regurgitation considered to be mild or less. There was no significant decline in right ventricular function by echocardiography over this time period.

## Pathophysiology of Functional / Secondary TR What size?



### NORMAL TRICUSPID ANNULAR DIMENSION

2.8 ± 0.5 cm!

Sugimoto, T. J Thorac Cardiovasc Surg 1999;117:463-71

#### "Undersized" TV repair for FTR

#### Undersized Tricuspid Annuloplasty Rings Optimally Treat Functional Tricuspid Regurgitation

Mehrdad Ghoreishi, MD, Jamie M. Brown, MD, Craig E. Stauffer, BS, Cindi A. Young, Mary J. Byron, PA-C, Bartley P. Griffith, MD, and James S. Gammie, MD

Division of Cardiac Surgery, University of Maryland Medical Center, Baltimore, Maryland

Background. In contrast to mitral valve repair, residual and recurrent regurgitation after tricuspid valve (TV) repair for functional tricuspid regurgitation (TR) is common. We have systematically used undersized, rigid 3-dimensional annuloplasty rings to treat functional TR.

Methods. From March 2006 to October 2009, 101 consecutive patients with moderate or greater functional TR underwent TV repair with an undersized rigid 3-dimensional annuloplasty ring. All patients had a predischarge echocardiography evaluation in a core echocardiography laboratory. Follow-up echocardiography was available for 96% of surviving patients. Mean follow-up was  $17 \pm 9$  months.

Results. Twenty-nine percent of patients had undergone previous cardiac operations, 74% were in New York Heart Association functional class III or IV, and 48% had atrial fibrillation. Mitral valve operations were performed in 93 patients, aortic valve operations in 17,

coronary artery bypass grafting in 21, and CryoMaze procedures in 40. Size 26 or 28 rigid tricuspid annuloplasty rings were used in 88% of patients, and no ring larger than a 28 has been used since November 2008. The operative mortality rate was 6% (n = 6). Freedom from significant TR (TR > moderate) at hospital discharge, as assessed by the clinical core laboratory, was 97%. Only 3% of patients had TR greater than moderate during follow-up. No patient required TV reoperation. New postoperative permanent pacemakers were inserted in 3 patients.

Conclusions. Tricuspid valve repair with an undersized (size 26 or 28) rigid 3-dimensional annuloplasty ring is the method of choice for reliable and durable treatment of functional TR.

(Ann Thorac Surg 2011;92:89–96) © 2011 by The Society of Thoracic Surgeons

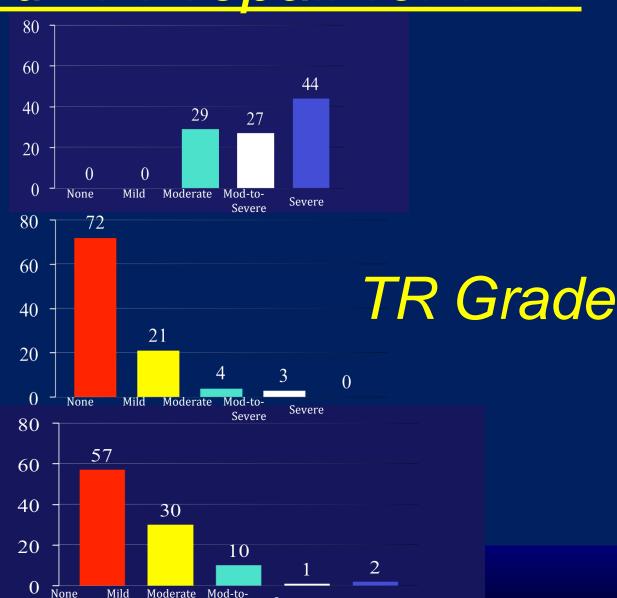
### Actually RE-NORMAL size!

#### "Undersized" TV repair for FTR

Preoperative

Predischarge

Follow-up (mean = 1 yr)



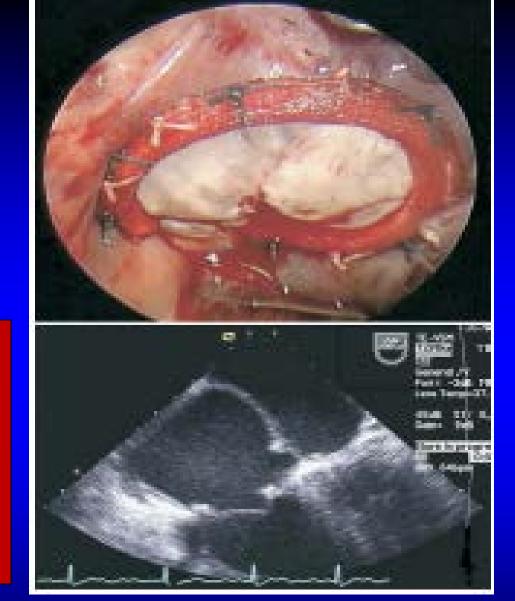
Severe

Severe

# Will I get Stenosis? NO! - $\Pi r^2$

 $26 \text{ mm} = 4 \text{ cm}^2$ 

2-3 mm gradient

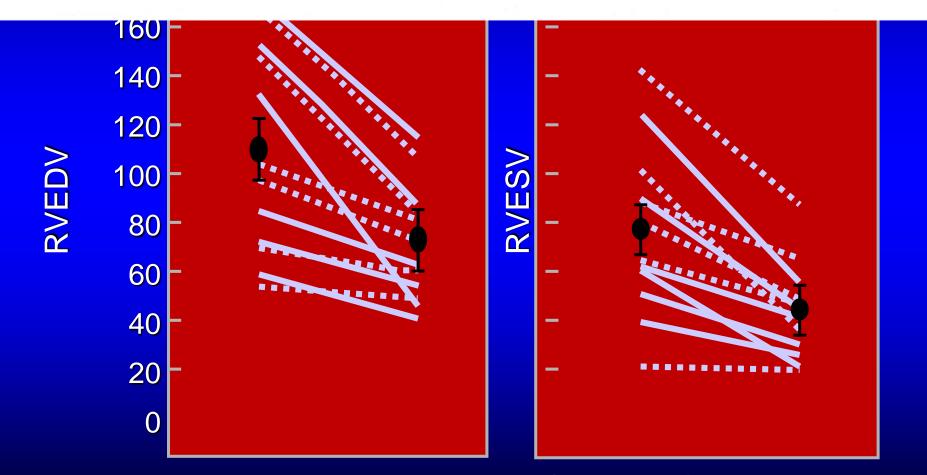


The tricuspid valve: current perspective and evolving management of tricuspid regurgitation.

Rogers JH, Bolling SF. Circulation. 2009 May 26;119(20):2718-25

#### Improvement in Right Ventricular Systolic Function After Surgical Correction of Isolated Tricuspid Regurgitation

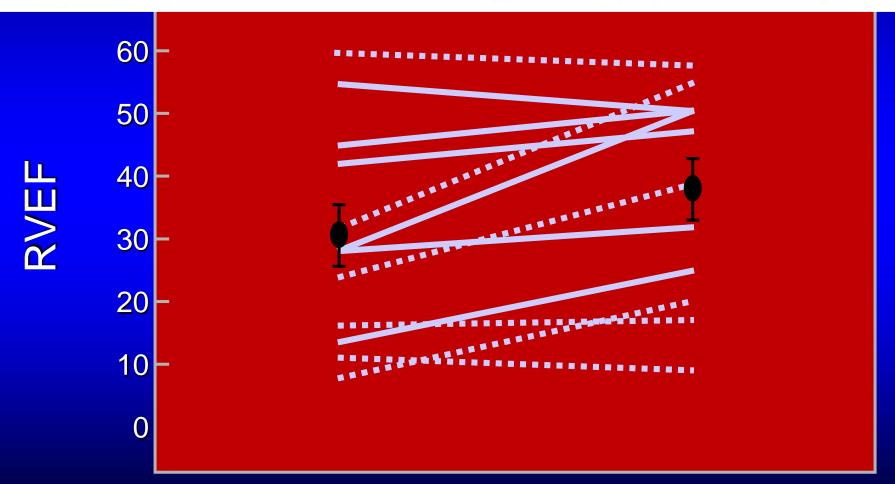
Debabrata Mukherjee, MD, Simone Nader, MD, Arrel Olano, MD, Mario J. Garcia, MD, and Brian P. Griffin, MD, Cleveland, Ohio



What about RV failure?

#### Improvement in Right Ventricular Systolic Function After Surgical Correction of Isolated Tricuspid Regurgitation

Debabrata Mukherjee, MD, Simone Nader, MD, Arrel Olano, MD, Mario J. Garcia, MD, and Brian P. Griffin, MD, Cleveland, Ohio



The RV gets better!

#### Tricuspid regurgitation and right ventricular function after mitral valve surgery with or without concomitant tricuspid valve procedure

Ravi R. Desai, BE, Lina Maria Vargas Abello, MD, Allan L. Klein, MD, Thomas H. Marwick, MD, PhD, Richard A. Krasuski, MD, Ying Ye, BS, Edward R. Nowicki, MD, MS, Jeevanantham Rajeswaran, MSc, Eugene H. Blackstone, MD, M, and Gösta B. Pettersson, MD, PhD

#### Tricuspid Annuloplasty Concomitant with Left-Sided Cardiac Surgery: Effects on Right Ventricular Remodeling

Philippe B. Bertrand MD MSc<sup>ab</sup>, Gille Koppers MSc<sup>b</sup>, Frederik H. Verbrugge MD<sup>ab</sup>, Wilfried Mullens MD PhD<sup>ab</sup>, Rozette Reyskens RN<sup>a</sup>, Herbert Gutermann MD<sup>a</sup>, Chris Van Kerrebroeck MD PhD<sup>a</sup>, Robert Dion MD PhD<sup>a</sup>, Pieter Vandervoort MD<sup>ab</sup>, David Verhaert MD<sup>a</sup>

Table 2 - Pre- and Postoperative Echocardiographic Measurements

	TVP group (n=45)			Control group (n=33)			
Variables	baseline	follow-up	p-value	baseline	follow-up	p-value	р
Mean follow-up, months		7,20 ± 2,0			7,70 ± 2,50		NS
RV end-diastolic area, indexed	$12,0 \pm 3,5$	$11.8 \pm 3.6$	NS	$10,3 \pm 1,9$	$13,1 \pm 3,0$	p=0,003	
RV sphericity index	$1,99 \pm 0,33$	$2,21 \pm 0,42$	p=0,001	$2,34 \pm 0,52$	$2,17 \pm 0,13$	p=0,047	
TV annulus diameter, cm	$4,18 \pm 0,63$	TVP		$3,37 \pm 0,62$	$3,65 \pm 0,50$	p=0,006	
TR grade	$2.0 \pm 1.1$	$0.48 \pm 0.70$	p<0,001	$0,53 \pm 0,68$	$1,17 \pm 1,15$	p=0,001	
Right atrial area, cm2	$20.0 \pm 7.2$	$14,4 \pm 4,1$	p<0,001	$15,7 \pm 4,99$	$15,0 \pm 3,95$	NS	
Systolic pulmonary artery pressur mmHg	43,3 ± 16,8	$37.4 \pm 9.4$	p=0,185*	44,6 ± 15,7	35,5 ± 11,6	p=0,008	

<sup>\*</sup>paired samples: only n=21 available in TVP group (due to difficulty in measurement of echocardiographic TR signal post-TVP)

#### When FTR is fixed, the RV gets better!

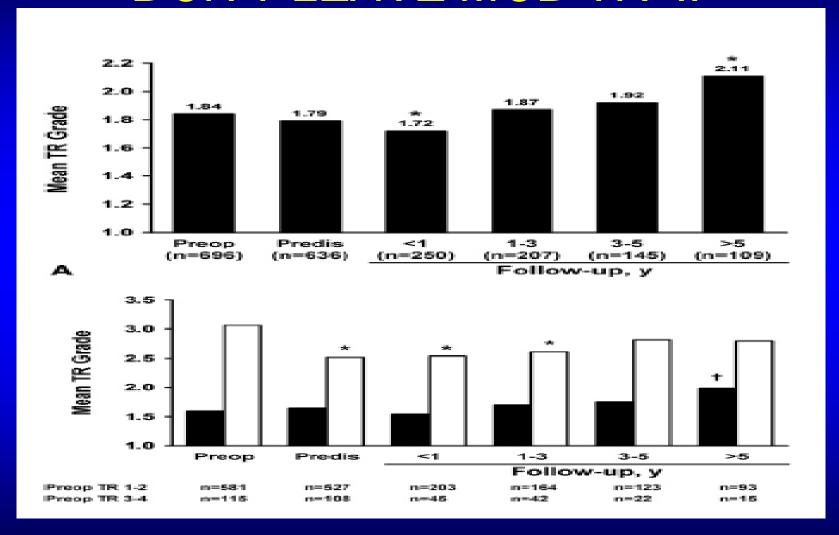
#### Functional tricuspid regurgitation at the time of mitral valve repair for degenerative leaflet prolapse: The case for a selective approach

Oguz Yilmaz, MD, a Rakesh M. Suri, MD, DPhil, Joseph A. Dearani, MD, a Thoralf M. Sundt III, MD, Richard C. Daly, MD, Harold M. Burkhart, MD, Zhuo Li, MS, Maurice Enriquez-Sarano, MD, and Hartzell V. Schaff, MD

**Results:** In 699 patients who underwent mitral valve repair for severe mitral regurgitation, mean age was 60.4 years and 459 (66%) were male. At the time of mitral valve repair, tricuspid valve regurgitation was grade 3 or more in 115 (16%) patients and less than grade 3 in 584 (84%) patients. After mitral valve repair, overall grade of tricuspid valve regurgitation decreased significantly within the first year (P = .01). In patients with grade 3 regurgitation or more, the grade decreased at dismissal and until the third year (P < .001). Female sex, preoperative atrial fibrillation, and diabetes mellitus were independent risk factors for increased tricuspid valve regurgitation with time; preoperative regurgitation of grade 3 or more independently predicted decreased ... Only 1 patient required tricuspid reoperation 4.5 years after mitral repair.

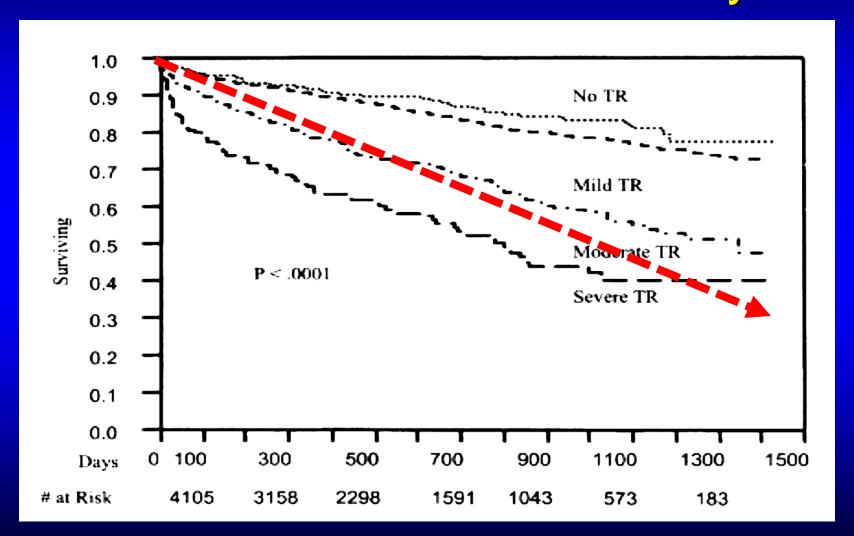
Conclusions: Clinically silent nonsevere tricuspid valve regurgitation in patients with degenerative mitral valve disease is unlikely to progress after mitral valve repair. Tricuspid valve surgery is rarely necessary for most patients undergoing repair of isolated mitral valve prolapse. (J Thorac Cardiovasc Surg 2011;142:608-13)

## Residual Tricuspid Insufficiency DON'T LEAVE MOD TR!



Lack of reop is not the same as a good outcome!

## "I don't see these patients come back"... Mod TR Increases Mortality



## Fix TR ... if you are there? Current Guidelines for TV Surgery

#### **2014 ACC/AHA**

- Class I
  - Severe TR in a patient undergoing left sided valve surgery
- Class IIa
  - TV repair is beneficial for
  - > Mild TR when there is tricuspid annular dilatation or right HF
- Class IIb
  - TV repair considered for FTR in presence of PH or RV dilation/dysfunction

#### 2012 ESC/EACTS

- Class I
  - Severe TR in a patient undergoing left-sided valve surgery
- Class IIa
  - Moderate 2nd TR
     with dilated tricuspid
     annulus (>40 mm) in a
     patient undergoing left sided valve surgery or with
     RV dilation/dysfunction



### Impact of TVr in 645 patients

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY

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PUBLISHED BY ELSEVIER INC.

VOL. 65, NO. 18, 2015 ISSN 0735-1097/\$36.00 http://dx.doi.org/10.1016/j.jacc.2015.01.059

Impact of Concomitant Tricuspid
Annuloplasty on Tricuspid Regurgitation,
Right Ventricular Function, and
Pulmonary Artery Hypertension After
Repair of Mitral Valve Prolapse

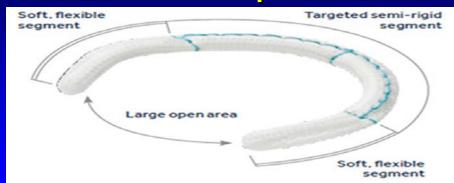


Joanna Chikwe, MD, Shinobu Itagaki, MD, Anelechi Anyanwu, MD, David H. Adams, MD

CONCLUSIONS In patients with moderate TR or tricuspid annular dilation who were undergoing degenerative mitral repair, concomitant tricuspid annuloplasty is safe, effective, and associated with improved long-term right-sided remodeling. Routine treatment of moderate TR or tricuspid annular dilation at the time of MV repair appears to be beneficial. (J Am Coll Cardiol 2015;65:1931-8) © 2015 by the American College of Cardiology Foundation.

# Far less TR, better RV NO 1 mortality or PPM

## Outcomes of <u>Guideline directed</u> Repair of FTR performed during MV surgery



Ward, Romano, Bolling: AATS 2017

262 pts TVr, mod/sev or < moderate TR, 26/28/30 ring No mortality, No TS, RV improved 1% progression to severe TR, - 2.6 % de novo PPM rate

## CTSNet TR Trial - 137/400 pts

#### ClinicalTrials.gov

A service of the U.S. National Institutes of Health

Search for studies:

Advanced Search | Help | Studies by Topic | Glossary

Find Studies

**About Clinical Studies** 

**Submit Studies** 

Resources

**About This Site** 

Home > Find Studies > Study Record Detail

Text Size ▼

#### Evaluating the Benefit of Concurrent Tricuspid Valve Repair During Mitral Surgery

This study is not yet open for participant recruitment. (see Contacts and Locations)

Verified February 2016 by Icahn School of Medicine at Mount Sinai

#### Sponsor:

Icahn School of Medicine at Mount Sinai

#### Collaborators:

National Heart, Lung, and Blood Institute (NHLBI)
Canadian Institutes of Health Research (CIHR)
German Society for Thoracic and Cardiovascular Surgery

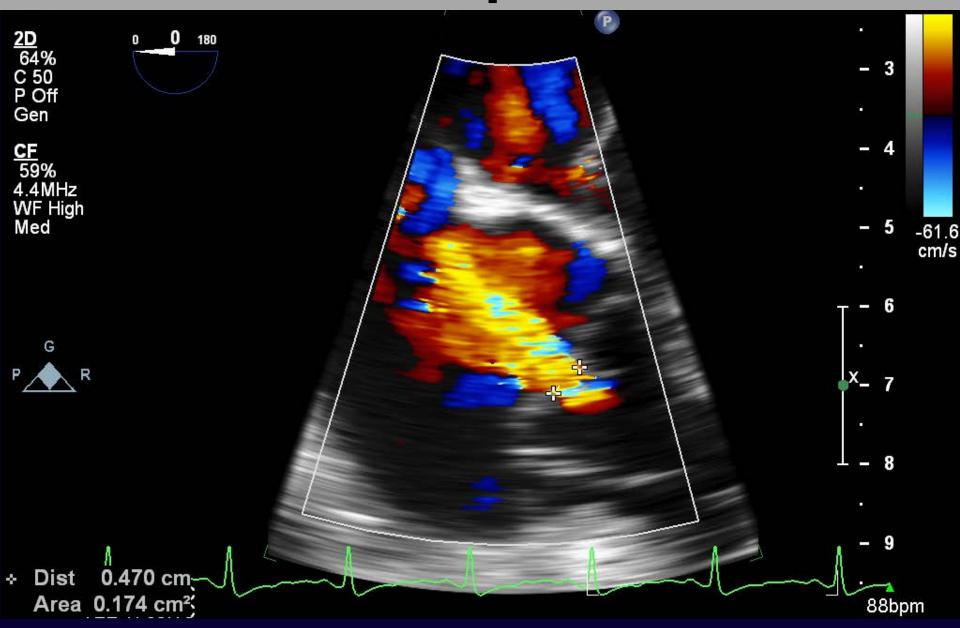
ClinicalTrials.gov Identifier:

NCT02675244

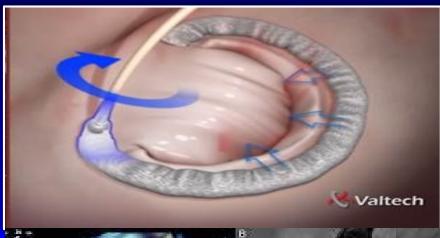
First received: January 29, 2016 Last updated: February 3, 2016 Last verified: February 2016 History of Changes

- DMR repair
- Mod TR or mild TR with annular dilation > 40
- Randomized: ±TV annuloplasty

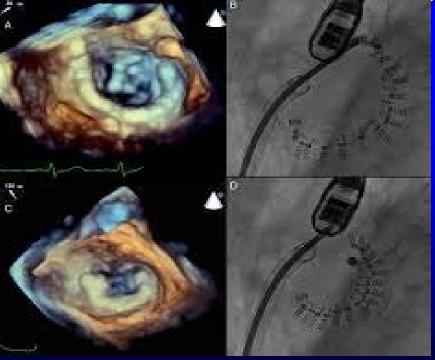
### Percutaneous Implications for TR



### FTR Surgery: Percutaneous Implications

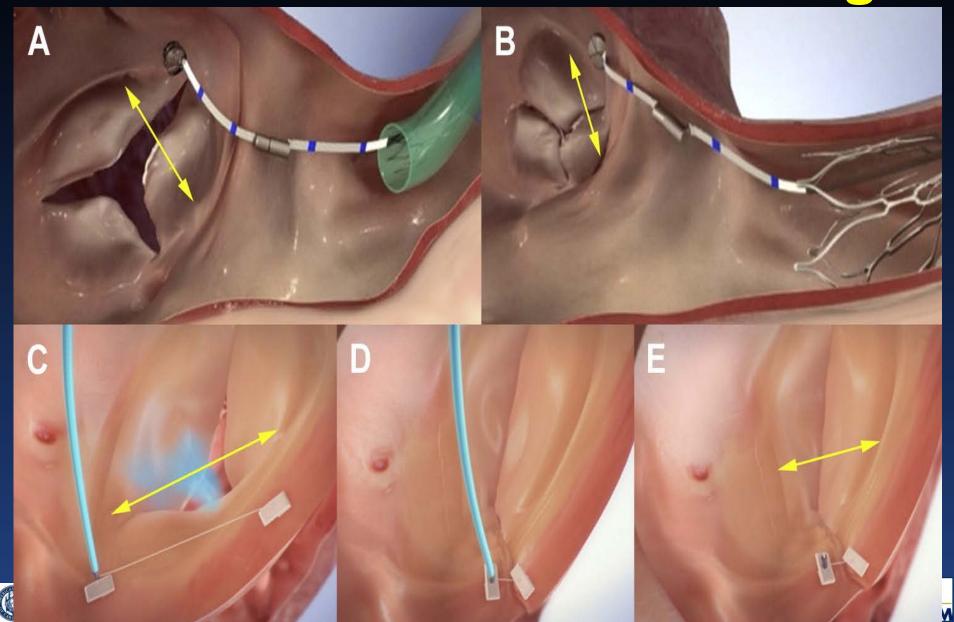


## TV Perc Rings!





## FTR: Percutaneous "Not" Rings



## Tricuspid Regurgitation 4-TECH

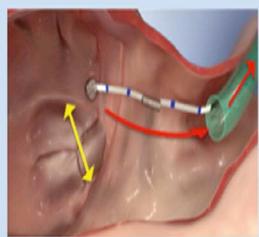




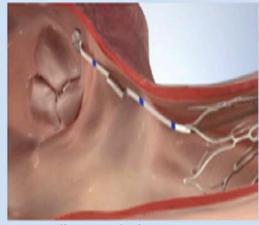
Step 1: Access via Inferior Vena Cava



Step 2: Aim at the anterior annulus

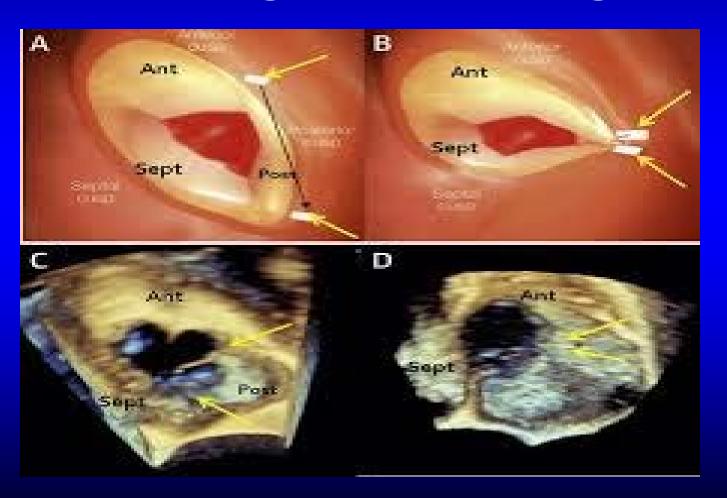


Step 3: Implant the anchor on the annulus



Step 4: Pull tension, check, secure.

# Tricuspid Regurgitation Mitralign... Trialign



### FTR: Percutaneous "other things"



### FTR: when, why and how NOW!

TR not important	NO
Look for TR in OR	NO
Not much TR around	NO
Repair Mitral, TR goes away	NO
Adds operative mortality to do a TVr	NO
Don't know how to	NO
RV will fail	NO
Will get TS	NO
Won't make long-term difference	NO
Guidelines are vague	NO

FTR: Don't ignore it...

## FTR: Put a ring on it!

