

SEPTEMBER / OCTOBER 2021

# Candidate Connection



## Register Now for STS 2022's Groundbreaking Research, Techniques, Networking

Now is the time to come "Together Again" for the Society's [58th Annual Meeting](#)—Saturday through Monday, January 29–31, in Miami Beach, Florida. In-person and virtual registration options are available. With 45+ parallel sessions, 12 "Ask the Experts" panels, four hands-on courses, four 360° video "In the OR with..." sessions, eight Deep Dive presentations, featured lectures, 200+ electronic posters, and more, STS 2022 is a don't-miss event. Events like the Residents Symposium and the Residents Luncheon give you unprecedented opportunities to network with peers and mentors, learn practical early career information, and discuss important issues facing cardiothoracic surgery trainees. Registration is FREE for STS Candidate and Pre-Candidate Members. [Register now](#) to be part of this unforgettable experience.



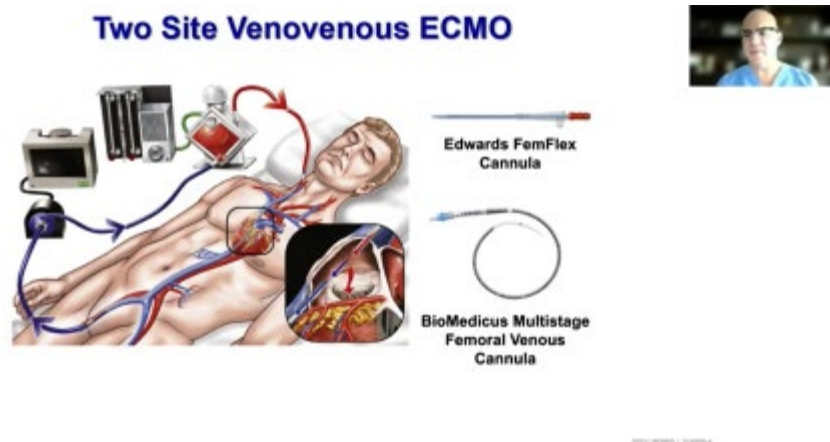
## Be the Future of Biomedical Ethics: Apply for a Forum Scholarship

Are you passionate about ethics but unsure of how to gain experience? To give you opportunities for intellectual development and prepare you for ethics leadership roles,

the Cardiothoracic Ethics Forum (a joint project from STS and the American Association for Thoracic Surgery) offers scholarships of up to \$10,000 toward formal education and training in biomedical ethics through leading North American programs. The application deadline is December 1. [Learn more and get started.](#)

## Deep Dive Series Launches with Critical Care Essentials

Complementing the popular 8 in 8 videos, the [STS Deep Dive Series](#) provides experts with a little more time to take in-depth looks at important cardiothoracic topics. The free-to-watch series launched with four videos highlighting must-know techniques in critical care. Current videos include Initiation of VV ECMO for COVID Patients, Post-Cardiotomy ECMO Support, and a two-part offering on Perioperative Care of the Aortic Surgical Patient, covering aortic dissection and proximal/aortic arch surgery as well as managing the unique challenges of aortic aneurysm surgery.



## STS Member's Streets-to-Surgeon Experience Is an Inspiring Read

In the latest issue of *STS News*, Dr. Luis Godoy, from UC Davis Health in Sacramento, California, [shares his story of becoming a cardiothoracic surgeon](#). His journey from a small village in rural Mexico, through a tumultuous young life in US schools, and culminating in a career as a successful surgeon is, in his words, proof that anything is possible.



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## Career Blog Explores Science, Setbacks, and Success

The STS Career Development Blog gives you access to lessons learned from surgeon experiences. Catch up with the latest posts:

- Dr. Joseph Phillips explains how you can set yourself apart in your research endeavors with [Advancing Basic/Translational Science through Collaboration](#).
- In [The Bounce: Overcoming Setbacks in Your Life](#), Dr. Tom Varghese details steps you can take to establish stability in a seemingly uncontrollable situation, with a specific focus on your professional career.
- “[Ancora Imparo](#)”—“Yet, I am learning”—is the theme of Dr. Damien LaPar’s treatise on continually seeking new knowledge and skills, no matter what your surgical experience, as the key to personal and professional success.

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## New Podcast Episodes Provide Hours of Listening and Learning

Season 2 of “Same Surgeon, Different Light”—with extraordinary stories and inspirational experiences shared from cardiothoracic surgeons around the world—is

expected to launch soon. Meanwhile, “Beyond the Abstract” and “The Resilient Surgeon” have new episodes you may have missed:

- Delving further into [an article published in \*The Annals\*](#), coauthors Drs. Lauren Kane and Leah Backhus talk to host Dr. Thomas Varghese about how scholarships and mentorship in cardiothoracic surgery have had [a positive impact on career paths](#) and interest in the specialty.
- In a recent episode of “The Resilient Surgeon,” Dr. Michael Maddaus interviews [Dr. Suniya Luthar](#), professor emerita at the Teachers College, Columbia University, who talks about her research on building supportive, authentic connections in the face of stress.
- In another episode of “The Resilient Surgeon,” the tables are turned on [Dr. Maddaus](#) as he shares with guest host Dr. Wayne Sotile a raw and honest account of his own past, including a poor and abusive alcoholic upbringing, 24 arrests as a juvenile, five stints in reform school, and a devastating personal fall following his addiction to prescription narcotics.



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[Career Resources](#)

[Awards & Scholarships](#)

## Trainee Resources



The Society  
of Thoracic  
Surgeons

633 N. Saint Clair St., Suite 2100  
Chicago, IL 60611  
312-202-5800



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