

MAY / JUNE 2021

# Candidate Connection



## Be Part of STS Programs: Submit Abstracts Now

You can bolster your CV, make new professional contacts, and improve the lives of patients by presenting your discoveries and techniques to the cardiothoracic community. The Society now is accepting abstracts and session proposals for these upcoming educational events:

**Annual Meeting:** [The STS 58th Annual Meeting](#) is planned for January 29–February 1, 2022, in Miami Beach, Florida. Residents with outstanding research abstracts are eligible for special honors, including the STS President’s Award and the Thoracic Surgery Directors Association Benson R. Wilcox Award. [Submit your work](#) for oral presentations, scientific posters, surgical videos, and late-breaking promissory abstracts in the following categories:

- Adult cardiac surgery
- Congenital heart surgery
- General thoracic surgery
- Basic science research
- Critical care and temporary mechanical circulatory support
- Quality improvement
- Cardiothoracic surgical education
- Physician/provider wellness

The Society also is accepting compelling [session proposals](#) that showcase emerging, innovative, and/or critical issues facing the specialty. The deadline is **Tuesday, August 3** for Annual Meeting abstracts and **Thursday, July 1** for session proposals.

**Critical Care Conference:** The [18th Annual Perioperative and Critical Care Conference](#) will take place September 10–11, 2021. This virtual event is designed to enhance knowledge and expertise in cardiovascular and thoracic critical care and enhanced recovery after surgery. The deadline to [submit abstracts](#) is Monday, June 21.

**STS 2022**  
TOGETHER AGAIN  
58th Annual Meeting

January 29 - February 1  
Miami Beach, Florida



### Submissions Now Open!

- Session Proposals due July 1
- Abstracts due August 3



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## Build a Stellar Portfolio, Be a Star OR Athlete

The [STS Career Development Blog](#) is loaded with career-inspiring articles. Catch up on the latest:

- A new blog series—focusing on how to build portfolios with an eye for career advancement and promotion—features four articles:
  - Part 1: [Academic Portfolio](#) by Dr. David Odell
  - Part 2: [Educator's Portfolio](#) by Dr. Erin Gillaspie
  - Part 3: [Clinical Portfolio](#) by Dr. Ibrahim Sultan
  - Part 4: [Social Media Portfolio](#) by Dr. Mara Antonoff
- In an article on [ergonomics in surgery](#), Dr. Barbara Hamilton, Mohammed Dairywala, and Dr. Tom Nguyen draw parallels between surgery and elite athletics. They address the consequences that come with forgoing your physical comfort in the operating room and offer tips for body positioning while operating, equipment optimization, and preparation and recovery.

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## Explore New Podcasts, Experience Free Leadership Series

These free resources have been handpicked for residents, fellows, and medical students, and they're ready for you to tune in today:

- In a recent “Beyond the Abstract” podcast episode, “[Showcasing Your Cardiothoracic Training Program in the Virtual Era](#),” Dr. Mara Antonoff discusses another unexpected consequence of the pandemic: the difficulty in recruiting the best and brightest to cardiothoracic surgery.
- You can now view the first webinar of the STS Leadership Series, “[Leading During Crisis](#),” at your convenience. This complimentary program is for STS members only. Meanwhile, save the date—June 3—for the next webinar in the series, “[Building Your Practice and Your Brand](#),” which will show you how early career physicians have strategically prepared for their professional journeys by emphasizing areas of interest and establishing a professional brand from the start. [RSVP is required](#).
- Tune in to “[The Resilient Surgeon: Strategies to Be Your Best Self, In and Out of the OR—No Matter What](#),” in which Dr. Michael Maddaus, creator of [The Resilience Bank Account](#), and panelists who include a cardiothoracic surgeon, a former Navy Seal, and a clinical psychologist, will share both evidence-based practices and personal experiences to help reduce burnout and achieve optimal performance.

Building Your Practice and Your Brand

STS Leadership Series:  
Building Leaders for Today & Tomorrow

The Society of Thoracic Surgeons

Thursday, June 3, at 7:00 p.m. ET

## Residents Offer 54 Years of STS Presidential Wisdom in One *Annals* Article

For decades during the Society’s Annual Meetings, each STS President has delivered an address that draws on professional experiences, personal vision, and outlook for the future of the

specialty. Recently, a group of residents, including Drs. Jason Han, Jarvis Mays, and Jessica Luc, reviewed the speeches—from 1964 to 2018—and identified overarching themes that serve as poignant lessons for today’s cardiothoracic surgeons. The article, “[Wisdom from Past Presidents of The Society of Thoracic Surgeons](#),” is available in *The Annals of Thoracic Surgery*.

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## Meet Your Trainee Colleagues Serving STS

From practice management to quality research to diversity and inclusion, STS seeks the insights of its membership on a variety of issues and disciplines. The Society’s spectrum of [committees, council operating boards, and workforces](#) is better when it benefits from the perspectives of resident members. [See a list of the residents serving in governance roles](#) for STS, and learn more about [how you can join them](#).



Dr. Kimberly Holst, STS Resident Director

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of Thoracic  
Surgeons

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