



## STS 2022 Registration Is Free for Trainees

Have you registered yet for the [STS 58th Annual Meeting](#) taking place January 29-31 in Miami Beach, Florida? Whether you join us onsite or virtually, meeting registration is free for STS members in training. STS 2022 promises to be an unforgettable experience, with a mixture of networking events, practice-changing science, hands-on instruction, wellness programs, and more! [Review the Meeting Program](#) and [register](#) now. COVID vaccination will be required for all attendees.



## Last Chance to Apply for an Ethics Forum Scholarship

Your passion can drive the future of biomedical ethics. The Cardiothoracic Ethics Forum, a joint project from STS and the American Association for Thoracic Surgery, offers scholarships up to \$10,000 toward formal training in biomedical ethics through leading North American programs. You have only 2 days left to apply by the **December 1** deadline—don't let this opportunity pass! [Get started on something world-changing.](#)

## New Podcast Episodes Explore Science-Based Resilience

Providing hours of listening for podcast fans, The Resilient Surgeon features new episodes to help surgeons take care of their well-being. Hear insights from:

- **Oliver Burkeman**, best-selling author and master of time management
- **Christopher Barnes**, a professor of organizational behavior at the University of Washington and expert on sleep deprivation
- **Chris Germer**, a clinical psychologist and thought leader on mindfulness and self-compassion
- **Wayne Sotile**, an expert in resilience and work/life balance for high-performing people
- **Jud Brewer**, a neuroscientist and authority on the “science of self-mastery”

And stay tuned for Season 2 of Same Surgeon, Different Light for powerful stories from Drs. Valerie Rusch, Jacques Kpodonu, Gail Darling, Joseph Dearani, and many other leaders and rising stars in cardiothoracic surgery. The first episode airs this **Friday, December 3**. [Choose your favorite podcast app and start listening.](#)



## Take Advantage of Your Access to Leadership Series

Attendance is now full for the capstone leadership event, but you can still avail yourself of the career-boosting educational sessions offered through the STS

Leadership Series. Three webinars—“Leading During Crisis,” “Building Your Practice and Your Brand,” and “Promoting Your Brand”—are ready for viewing in the STS portal. [Learn more and get access instructions.](#)



---

## Attend Friday's Latin America Symposium for Free

The STS/EACTS Latin America Cardiovascular Surgery Symposium on **Friday, December 3** will present the latest developments and best treatment practices for coronary artery disease, mitral valve repair, atrial fibrillation, and the surgical management of heart failure. This virtual event, presented in English with simultaneous Spanish translation, is free to attend, but registration is required. [Register now.](#)

**STS/EACTS Latin America  
Cardiovascular Surgery Symposium  
December 3, 2021**

VIRTUAL



The Society  
of Thoracic  
Surgeons



EACTS



---

## Your Train Awaits at the Career Development Blog

Part of STS's spectrum of resources on career development, the [Blog](#) offers perspectives from an array of surgeon leaders to help you discover new frontiers in your professional life, no matter your career stage. In the latest post, "[The Train Is at the Station](#)," STS wellness champion Dr. Michael Maddaus shares insight on ensuring that your mental and physical health remains a top priority as you continue to demand excellence for your patients.

---

[Career Resources](#)

[Awards &  
Scholarships](#)

[Trainee Resources](#)



The Society  
of Thoracic  
Surgeons

633 N. Saint Clair St., Suite 2100  
Chicago, IL 60611  
312-202-5800



Click [here](#) to unsubscribe or change your email preferences.  
Click [here](#) if you are having trouble viewing this message.