



Trainee Connection

Watch President's Message to the STS Community

In a special video message, STS President Dr. John Calhoon details the recent STS Leadership Institute and the importance of supporting future leaders, how the Society is evolving its programs and services, the long-awaited return of live education, and the renewed focus on developing early career physicians. [Watch it now.](#)

Be Part of STS Programs: Prepare to Submit Your Abstracts

You can bolster your CV, make new professional contacts, and improve the lives of patients by presenting your discoveries and techniques to the cardiothoracic community. The Society will soon accept abstracts and session proposals for these upcoming educational events:

Annual Meeting: The [STS 59th Annual Meeting](#)—to be held January 21–23, in San Diego, California—is the premier forum for sharing research findings, quality initiatives, and expert techniques with the cardiothoracic surgery community. Residents with outstanding research abstracts are eligible for special honors such as the STS President's Award and the Thoracic Surgery Directors Association Benson R. Wilcox Award. Abstract submissions open soon! Submit your work by July 22 for oral presentations, scientific posters, and surgical videos in the following categories:

- Adult cardiac surgery
- Congenital heart surgery
- General thoracic surgery
- Basic science research
- Quality improvement
- Cardiothoracic surgical education
- Physician/provider wellness
- Perioperative management and critical care

If you are involved in Phase I, II, or III clinical trials for which no preliminary data will be available by the July deadline, you can submit a promissory abstract (data must be available by December 16). The Society also is

accepting compelling session proposals that showcase emerging, innovative, and/or critical issues facing the specialty. This deadline also is July 22.

Critical Care Conference: The 19th Annual Perioperative and Critical Care Conference will take place September 8–10, in Denver, Colorado. This event—with attendance from medical professionals around the globe—is designed to enhance knowledge and expertise in cardiovascular and thoracic critical care and enhanced recovery after surgery. The call for abstracts is expected to open toward the end of May; regularly visit sts.org/criticalcare for updates.



Revisit the Trainee Retreat for Valuable Career Tips

If you missed the Trainee Retreat in April—or want to review what you learned—you now can [watch the recording](#) of the full lineup of presentations, including “When, How, and What Job to Look For,” “Your First Employment Contract,” “Social Media: The Good, the Bad, and the Ugly,” and “Taking Care of Oneself and Family.”

There's Still Time to Find Your Partner for the Masters Showdown

Two-person teams of residents will face off against one another this summer at the [CT Surgery Masters Showdown](#), a Jeopardy-style competition of cognitive skills. Beginning June 1, you can sign up your team for a test of knowledge in five cardiothoracic surgery categories: cardiac, congenital, thoracic, history of the specialty, and decision making. When a North American champion emerges, they'll compete with the winning European team in a final showdown at the 2023 STS Annual Meeting. Each individual participant will need to take an initial online qualifying exam. [Accept the challenge.](#)



New Season, New Surgeons: Hear the Latest Podcast Episodes

The STS podcast “Same Surgeon, Different Light”—revealing the men and women behind their surgical masks—continues with new episodes that give you a glimpse into the backstories of your fascinating and influential colleagues. In the final episodes of Season 2, hosts Dr. David Tom Cooke and Dr. Tom Varghese glean insights and inspiration from Drs. Allan Pickens, Cherie Erkmen, and Ed Chen. You can listen to them on the STS podcast page or your favorite podcast app. [Start listening.](#)

Same Surgeon, Different Light

Surgical Hot Topics



Unlock Leadership Talent, Champion Inclusion with STS Career Guidance

Cardiothoracic surgeon leaders share their lessons for success on the STS career blog, designed to help you navigate your professional path.

- In “[‘Sift through the Noise’ and Reach Your Full Leadership Potential](#),” Dr. Melanie Edwards explains how you can harness your natural leadership talent with an intentional approach to learning and growing.
- Luis Godoy details areas in which you can promote diversity and inclusion in the administrative, educational, research, and clinical realms with “[How to Integrate DEI as an Early Career Surgeon](#).”

Career Resources

Awards &
Scholarships

Trainee
Resources



The Society
of Thoracic
Surgeons

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