

Society of Thoracic Surgeons
Adult Cardiac Surgery Database

Quality Improvement Series:
Decreasing Vent Times

Mark Pridmore, RN
and
Joseph Arcidi, MD

Providence St. Joseph Hospital, Eureka California

November 15, 2023

Agenda

**WELCOME AND
INTRODUCTIONS**

**REVIEW H3
REPORTS**

Operating Room Extubation: Multiple-Year Experience at a Remote Community Cardiac Surgery Center

Joseph M. Arcidi, Jr., MD FACS FACC

Jeffrey S. Johnston, MD Stephen R. Dieker, MD Thach D. Mai, DO

Barry Steinbock, CCP

Mark E. Pridmore, RN

Dominic C. Regli, BS (cand)*

PSJH O.R. Heart Team

* Summer Research Fellow funded by
Providence St. Joseph Hospital Foundation

4.35% of Isolated CABG pts are extubated in OR

STS National Database Harvest 3, 2023

Responses:

Why bother?

Is it safe?

Who benefits?

Quantifiable?

Unique features of our program

Our implementation and outcomes

Anesthesiology perspective

Questions/discussion

OR extubation: a progression

Quality ID #164 (NQF 0129): Coronary Artery Bypass Graft (CABG): Prolonged Intubation
– National Quality Strategy Domain: Effective Clinical Care
– Meaningful Measure Area: Preventable Healthcare Harm

Clinical Science | December 1996

Badhwar et al

Perioperative Management

2020 COLLECTION TYPE
MIPS CLINICAL QUALITY

MEASURE TYPE:
Outcome – High Priority

DESCRIPTION:
Percentage of patients
intubation > 24 hour

INSTRUCTIONS:
This measure is to be used
is anticipated that M
CABG will submit the
CABG or isolated re

Measure Submission
Measure data may be
denominator criteria
specification are used
need to be submitted
submissions; however
claims data. For the
Payment Program (CPT)

DENOMINATOR:
All patients undergo

Denominator
Patients at risk
AND
Patient population
33533, 33534

Patient population
33533, 33534
AND
Patient procedure

NUMERATOR:
Patients undergoing isolated CABG who require intubation > 24 hours following exit from the operating room

Numerator Instructions:
INVERSE MEASURE: A lower calculated performance rate for this measure indicates better clinical care or control. The
“Performance Not Met” numerator option for this measure is the representation of the better clinical quality or control.
Submitting that numerator option will produce a performance rate that trends closer to 0%, as quality increases. For

Clinical Science | December 1996

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Perioperative Management

Extubating in the operating room after adult cardiac surgery safely improves outcomes and lowers costs

Vinay Badhwar, MD, Stephen Esper, MD, Maria Brooks, PhD, Suresh Mulukutla, MD,
Regina Hardison, MS, Demetri Mallios, BS, Danny Chu, MD, Lawrence Wei, MD, and
Kathirvel Subramaniam, MD

<https://doi.org/10.1097/00000542-199612000-00011>

Early tracheal extubation anesthetic management reduces total costs per CABG surgery by 25%, predominantly in nursing and in CVICU costs. Early extubation reduces CVICU and hospital length of stay but does not increase the rate or costs of complications when compared with patients in the late extubation group. It shifts the high CVICU costs to the lower ward costs. Early extubation also improves resource use after cardiac surgery when compared with late extubation.

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ery safely

gery. Accelerated cardiopulmonary versus cardiac operation. The OR extubated pairs for extubation

article range IQR, 25.0-57.0; IQR, 5-7; not affect the % [2 of 98], completion to 3025, IQR,

of stay and 1-9)

diac surgery has 5, resource usage, outcome-enhancing ent remain incomplete to <6 hours.⁴⁻¹⁰ cardiac operations id pathways to incremental time-t increasing comerecence with safe er adult cardiac nined to highly es.¹⁰⁻¹⁸ Therefore, our of OR extubation in a o early postoperative cost after all nonemer-

gency open cardiac operations.

METHODS
Patient Population

From January 1, 2012, to June 30, 2013, 888 patients underwent adult cardiac surgery at the Presbyterian University Hospital of the University of Pittsburgh Medical Center. Our study cohort of 652 consecutive patients receiving all forms of open cardiac operations who had been extubated within 12 hours was formed after excluding 197 operations defined as

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November 2019

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Page 1 of 2

This may have been the first: 2010

The Impact of Immediate Extubation in the Operating Room After Cardiac Surgery on Intensive Care and Hospital Lengths of Stay

Dmitri Chamchad, MD,*‡ Jay C. Horrow, MD, MS,‡ Lev Nakhamchik, MSc,* Francis P. Sutter, DO,† Louis E. Samuels, MD,†‡ Candace L. Trace, RN, BA,† Francis Ferdinand, MD,† and Scott M. Goldman, MD†

Objective: To determine if lengths of stay in intensive care and the hospital are associated with extubation in the operating room at the conclusion of cardiac surgery.

Design: A nonrandomized, observational study with propensity score-guided case-control matching of prospectively collected data.

Setting: Three interrelated, university-affiliated, community hospitals.

Participants: Three thousand three hundred seventeen patients undergoing elective or urgent coronary artery, valve repair or replacement, or combined surgery between 2000 and 2006.

Interventions: Tracheal extubation occurred, based on history and intraoperative events, either immediately in the operating room or in the intensive care unit.

Measurements and Main Results: Of 3,317 patients in the institutions' Society of Thoracic Surgeons database, 3,089 were extubated within 24 hours, 69% of them in the operating room. Only 0.6% of patients extubated in the operating room required reintubation, compared with 5.9% extubated in the intensive care unit ($p < 0.0001$). By logistic regression, 12 of 25 preoperative and intraoperative factors generated a

propensity score for each of the 2,595 patients with complete data, representing the likelihood of immediate extubation (c-statistic = 0.727). A "greedy 5 to 1" propensity score-matching technique created 713 matched pairs of patients by extubation pathway. Those undergoing immediate extubation had reductions in intensive care duration by 23 hours on average (median from 46 to 27 hours, $p < 0.0001$) and in hospital length of stay by 0.8 days on average (median = 6 for each, $p < 0.0001$). Cox regression, using matched pairs as strata, identified the following independent predictors of length of stay in the intensive care unit and hospital: immediate extubation in the operating room, need for reintubation, postoperative renal failure, and postoperative atrial fibrillation.

Conclusions: Selection of patients for immediate extubation in the operating room by experienced clinicians was associated with shorter ICU and hospital stays. Immediate extubation rarely resulted in tracheal re-intubation.

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KEY WORDS: tracheal extubation, cardiac surgery, coronary artery bypass graft surgery, length of stay, propensity scores, ICU and hospital length of stay

Not presented
at meeting

- n = 2125 (propensity matched 713)
- Multiple operation types: 70% Isolated CABG
- 46% elective, 54% urgent
- 8.7% IABP

Reintubation 0.6%
Decreased LOS by 0.8 day ($p < 0.0001$)

Limited reports

Badhwar et al

Perioperative Management

Extubating in the operating room after adult cardiac surgery safely improves outcomes and lowers costs

Vinay Badhwar, MD, Stephen Esper, MD, Maria Brooks, PhD, Suresh Mulukutla, MD, Regina Hardison, MS, Demetri Mallios, BS, Danny Chu, MD, Lawrence Wei, MD, and Kathirvel Subramaniam, MD

Objective: Prolonged intubation has been implicated in the poor outcomes after adult cardiac surgery. Accelerated postoperative extubation has been a quality focus, but operating room (OR) extubation after cardiopulmonary bypass is rare. We examined the outcomes and direct costs of protocolized OR extubation versus early postoperative intensive care unit (ICU) extubation after nonemergency open cardiac surgery.

Methods: From January 2012 to June 2013, 652 consecutive patients who had undergone various cardiac operations, including redo and multivalve operations, were extubated within 12 hours, 165 in the OR. The OR extubation patients were propensity matched from multivariable logistic regression to derive 106 matched pairs for OR extubation versus extubation < 12 hours (group 1) and 98 independently matched pairs for OR extubation versus extubation < 6 hours (group 2).

Results: OR versus ICU extubation conveyed significant reductions in ICU hours (26.3, interquartile range [IQR], 22.0-31.0; vs 29.0, IQR, 25.0-51.0; $P = .001$, for group 1; 27.0, IQR, 22.0-32.0; vs 29.0, IQR, 25.0-54.0; $P = .0002$, for group 2) and postoperative length of stay (5 days, IQR, 4-6; vs 6 days, IQR, 5-7; $P = .0008$, for group 1; 5 days, IQR, 4-6; vs 6 days, IQR, 4-7; $P = .0002$, for group 2) but did not affect the reintubation rate (1.9% [2 of 106] vs 0.0% [0 of 106], $P = .5$, group 1; 3.1% [3 of 98] vs 2.0% [2 of 98], $P = 1.0$, group 2). OR versus ICU extubation conferred a >20% cost reduction from surgery completion to discharge (\$3055, IQR, \$2576-\$3964; vs \$3977, IQR, \$3028-\$4947; $P = .0007$, group 1; \$3025, IQR, \$2598-\$3965, vs \$3877, IQR, \$2998-\$5458; $P = .007$, group 2).

Conclusions: After cardiac surgery, OR extubation is safe and might provide improvement in length of stay and cost compared with early postoperative ICU extubation. (J Thorac Cardiovasc Surg 2014;148:3101-9)

2014

- n = 165 propensity matched
- Multiple operation types
- 70-80% elective
20-30% urgent
- 53% EF

Decreased LOS by 1 day
($p=0.0005$)

> 20% cost reduction
($p=0.0007$)

Reintubation 3% (ns)

Limited reports

Predictors of operating room extubation in adult cardiac surgery

Kathirvel Subramaniam, MD, MPH,^a Diana S. DeAndrade, MD,^a Daniel R. Mandell, MD,^a Andrew D. Althouse, PhD,^b Rajan Manmohan, BS,^c Stephen A. Esper, MD, MBA,^a Jeffrey M. Varga, MD,^a and Vinay Badhwar, MD^d

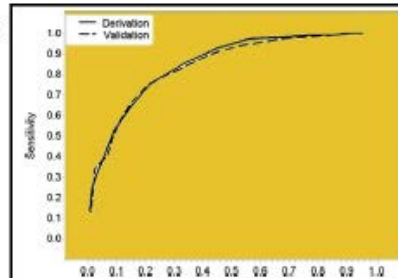
ABSTRACT

Objective: The primary objective of the study was to identify perioperative factors associated with successful immediate extubation in the operating room after adult cardiac surgery. The secondary objective was to derive a simplified predictive scoring system to guide clinicians in operating room extubation.

Methods: All 1518 patients in this retrospective cohort study underwent standardized fast-track cardiac anesthetic protocol during adult cardiac surgery. Perioperative variables between patients who had successful extubation in the operating room versus in the intensive care unit were retrospectively analyzed using both univariate and multivariable logistic regression analyses. A predictive score of successful operating room extubation was constructed from the multivariable results of 800 patients (derivation set), and the scoring system was further tested using a validation set of 398 patients.

Results: Younger age, lower body mass index, higher preoperative serum albumin, absence of chronic lung disease and diabetes, less-invasive surgical approach, isolated coronary bypass surgery, elective surgery, and lower doses of intraoperative intravenous fentanyl were independently associated with higher probability of operating room extubation. The extubation prediction score created in a derivation set of patients performed well in the validation set. Patient scores less than 0 had a minimal probability of successful operating room extubation. Operating room extubation was highly predicted with scores of 5 or greater.

Conclusions: Perioperative factors that are independently associated with successful operating room extubation after adult cardiac operations were identified, and an operating room extubation prediction scoring system was validated. This scoring system may be used to guide safe operating room extubation after cardiac operations. (J Thorac Cardiovasc Surg 2017;154:1656-65)



Percentage of patients successfully extubated in the OR in a validation set.

Central Message

Independent factors associated with successful OR extubation after cardiac operations were identified, and an extubation prediction score is introduced.

Perspective

Extubation in the OR after cardiac surgery is feasible and safe in selected patients. In this study, factors were identified that were independently associated with successful OR extubation after cardiac operations. A prediction score was created and validated to guide safe OR extubation practice in patients undergoing cardiac surgery.

See Editorial Commentary page 1666.

2017

- n = 354
- Multiple operation types
- 76% elective
24% urgent
- 55% EF
- 0.7% STS pred mortality risk
- 4.9% STS prolong vent risk

Predictors:

Younger age, elective status
Isolated CABG

Lower BMI, higher albumin,
No chronic lung, No DM

Limited reports: only multicenter study

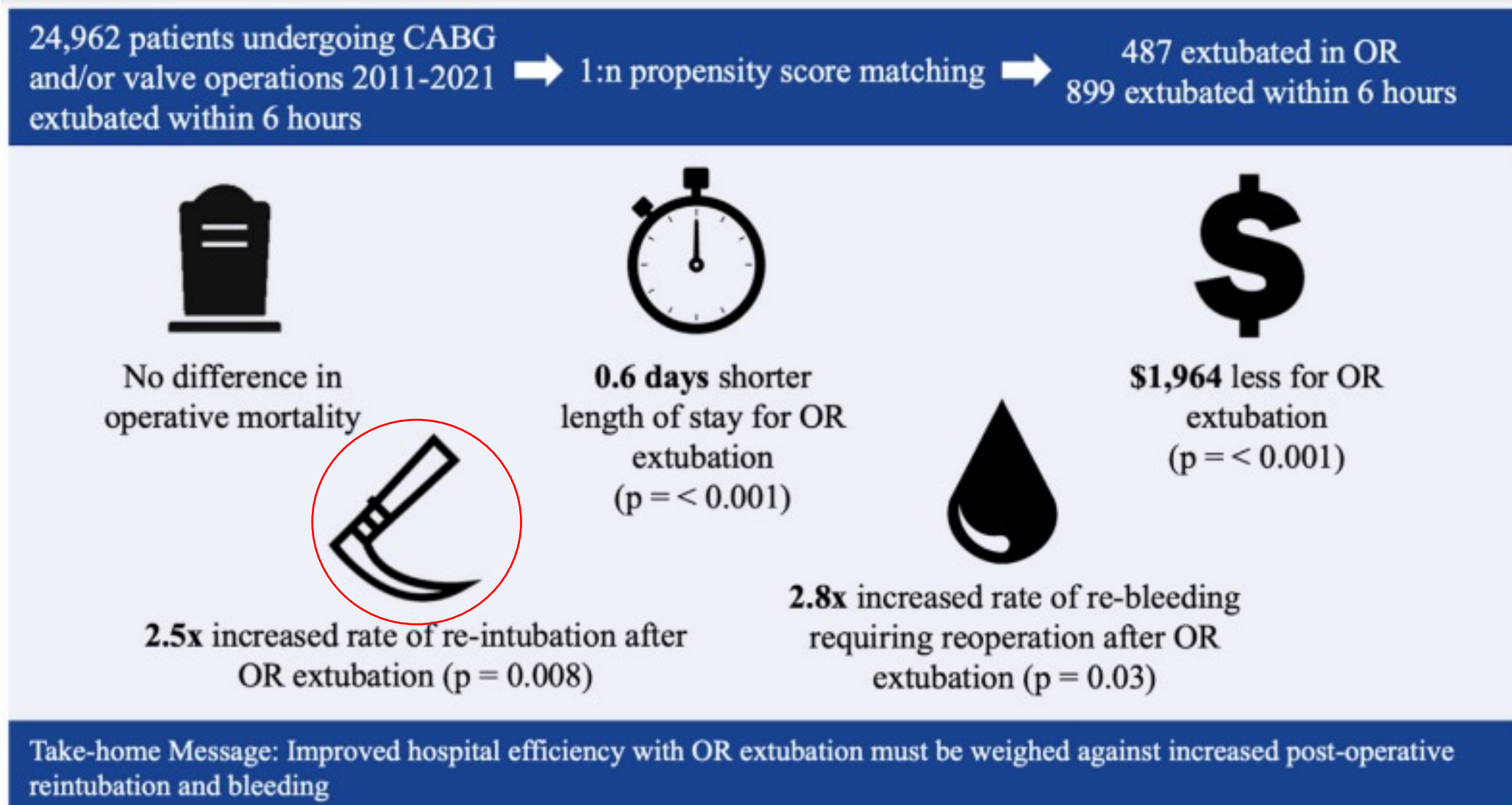


Operating Room Versus Intensive Care Unit Extubation Within 6 Hours After On-Pump Cardiac Surgery: Early Results and Hospital Costs

Andrew D. Hawkins, MD, Raymond J. Strobel, MD, MSc,* J. Hunter Mehaffey, MD, MSc,*
Robert B. Hawkins, MD, MSc,[†] Evan P. Rotar, MD, MS,* Andrew M. Young, MD,*
Leora T. Yarboro, MD,* Kenan Yount, MD, MBA,* Gorav Ailawadi, MD, MBA,[†] Mark Joseph, MD,[‡]
Mohammed Quader, MD,[§] and Nicholas R. Teman, MD**

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Limited reports: only multicenter study



Limited reports

Abstract 3: Intraoperative Extubation after Isolated CABG Improves Postoperative Outcomes

Author List: Les James MD, MPH; Deane Smith, MD; Mike Allison, BS, MBA; Shash Shrivastava, MD; Darien Paone, MD; Mikhail Vaynblat, MD; Daniel Swistel, MD; Didier Loulmet, MD; Eugene Grossi, MD; Mat Williams, MD; Aubrey Galloway, MD; Elias Zias, MD



Abstract 3:
Intraoperative Extubation after Isolated CABG Improves Postoperative Outcomes

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Sex, n (%)			
Male	687 (77.1)	438 (86.4)	<0.0001
Female	204 (22.9)	69 (13.6)	
BMI (mean±SD)	28.2 ± 5.2	28.4 ± 8.0	0.4797
STS Risk Score % (mean±SD)	1.5 ± 2.0	1.1 ± 0.9	<0.0001
EF% (mean±SD)	54 ± 13	58 ± 10	<0.0001
CPB, min (mean± SD)	106 ± 30	112 ± 28	0.0004
X-clamp, min (mean± SD)	79 ± 35	91 ± 24	<0.0001

Table 2. Outcomes

	Postoperative extubation n=891	Intraoperative extubation n=507	p-value
Need for reintubation, n (%)	20 (2.2)	8 (1.6)	0.393
ICU length of stay, hours (mean±SD)	51.1 ± 147.1	19.0 ± 23.2	<0.0001
Postoperative length of stay, days (mean±SD)	7.1 ± 7.9	3.4 ± 2.3	<0.0001
Discharge to home, n (%)	754 (84.6)	493 (97.2)	<0.0001
Postoperative atrial fibrillation, n (%)	171 (19.2)	27 (5.3)	<0.0001
Postoperative kidney injury, n (%)	8 (0.9)	1 (0.2)	0.116
30-day readmission, n (%)	44 (4.9)	12 (2.4)	0.015
30-day mortality, n (%)	8 (0.9)	1 (0.2)	0.116

2023

- n = 507 (36% of 2017-2022 isolated CABG pts)
- 58% EF
- 1.1% STS pred mortality risk

1.6% reintubation

3.4 days mean postop LOS
(vs 7.1 days, p<0.0001)
97% discharged to home

Discussion/Editorials

Badhwar et al

Perioperative Management

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Discussion

Dr Glenn Whitman (Baltimore, Md). Dr Badhwar, as you and I have already spoken this past week, I think this is a tremendous study and extremely provocative.

Your report is extremely provocative, and if in fact patient satisfaction significantly benefits by intraoperative extubation, it might be worth it just for that.

Dr Badhwar. Thank you for your kind comments and for your leadership and contributions in this field.

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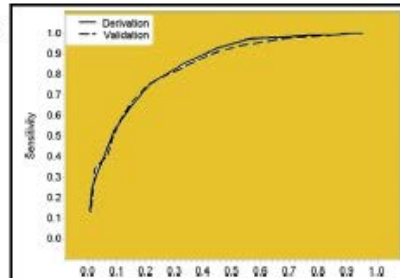
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See Editorial Commentary page 1666.

Early extubation after cardiac surgery: The evolution continues

Hilary P. Grocott, MD, FRCPC, FASE

From the Department of Anesthesia, University of Manitoba, Winnipeg, Manitoba, Canada.

The characteristics are in some respects very obvious (eg, younger age and simpler operation); however, one can easily make the argument that all patients, irrespective of the procedure or the patient characteristics, should be treated right from the start as if they can be extubated in the operating room. The decision to extubate patients should likely be made once the operation is nearing completion, in part informed by the overall success of the operation. The many nuances and complications

Discussion/Editorials



2022;36:1265-1267

Motivation?

Editorial

Early is Good, But is Immediate Better? Considerations in Fast-Track Extubation After Cardiac Surgery

Megan Chacon, MD¹

Nicholas W. Markin, MD, FASE

University of Nebraska Medical Center, Omaha, NE

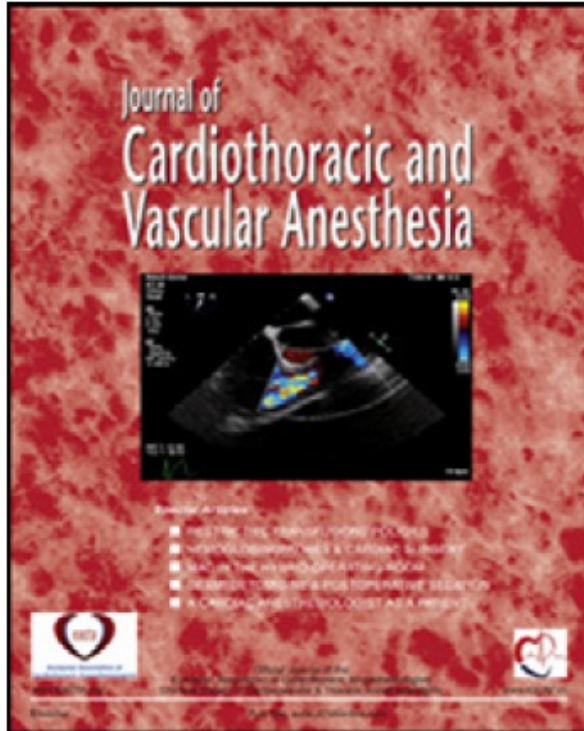
As the practice of cardiac anesthesiology continued to mature, it was only natural that the amount of time to awakening, extubation, and mobilization of postsurgical patients would decrease.^{1,2} Although there is a continued pressure to do so, it is not entirely clear that the motivation to further move the extubation goalposts is the result of a desire to improve patient outcomes and more of a desire for the provider to have some personal feeling of accomplishment. Of course, any time one undertakes a course that is of no direct benefit to the patient, there should be questions about the motivation. At this time, the desire to extubate immediately after the procedure may be the result of 3 motivators—shorter ICU length of stay, reduced costs and saved money, or perhaps allowed the physicians to “feel” like they are doing a good job.

Discussion/Editorials

Editorial

Early is Good, But is Immediate Better? Considerations in Fast-Track Extubation After Cardiac Surgery

Safety/Logistics?



Of course, there are non—patient-related factors to consider when making decisions on whether or not to extubate a post-cardiac surgery patient in the OR. Depending on the layout of the perioperative area and the proximity of the OR to the ICU, it may not be considered safe to extubate immediately before a long transport with limited monitoring and airway equipment. If pain is not controlled adequately, or the patient experiences emergence delirium, this also can make for a difficult transport to the ICU. Many centers have developed a multidisciplinary handoff for the OR to ICU transition. It sometimes can be more difficult for the nursing staff to get a patient settled when they are not sedated and intubated, which may make handoff more difficult and the nurse caring for the patient may be distracted and/or unable to listen to pertinent details of the patient's operative course. Although the reported benefits of immediate extubation in the OR have been described, some workflow and institutional barriers may prevent it from being practical or safe.

Discussion/Editorials



Cost savings?

Editorial

Early is Good, But is Immediate Better? Considerations in Fast-Track Extubation After Cardiac Surgery

Given the way that the costs of healthcare continue to increase, cost reduction is a noble goal. However, it is not clear that extubation will change the overall costs.¹³ Certainly, in the inpatient Diagnosis-Related Grouping based reimbursement process, there are no changes to patient charges or hospital reimbursement if the patient is extubated before going to the ICU. It is possible that if a hospital system is not taking postcardiotomy patients to the ICU if they are extubated, it could reduce hospital system costs but not patient cost. As well, the hospital is not going to reduce their workforce of respiratory therapists or their ventilator inventory, no cost savings there. As previously mentioned, unless the ICU is skipped all together, there may or may not be a meaningful change in ICU length of stay depending on the practice.⁷ Many institutions have issues with moving patients from the ICU to a lower level of care, and shortening the period of intubation will work only if there is capacity for patients to move through at a faster rate.

Discussion/Editorials

Editorial

Early is Good, But is Immediate Better? Considerations in Fast-Track Extubation After Cardiac Surgery

To conclude:

Until the time comes when data for subpopulations show which patients specifically will benefit from earlier extubation, one of the strengths of anesthesia practice is the freedom to do so in a way that is best for the individual patient and within the provider's experience. Although the debate will continue, we argue that there is at this time, there is not adequate evidence to change the current practice of leaving patients intubated for a brief postoperative (<6-hour) period.



What LOE grade?

- Is it safe?
- Does it decrease LOS?
- Patient satisfaction?

Gathering evidence

All studies except Virginia show very low reintubation rate.

To variable amounts: 0.6 - 3.7 days. LOS is multifactorial.

Yes, but not formally evaluated.

Discussion

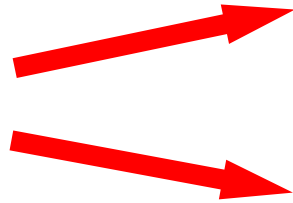
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Your report is extremely provocative, and if in fact patient satisfaction significantly benefits by intraoperative extubation, it might be worth it just for that.

Dr Badhwar. Thank you for your kind comments and for your leadership and contributions in this field.

Can logistic barriers be overcome...?

Are these not
reminiscent...



Of course, there are non—patient-related factors to consider when making decisions on whether or not to extubate a post-cardiac surgery patient in the OR. Depending on the layout of the perioperative area and the proximity of the OR to the ICU, it may not be considered safe to extubate immediately before a long transport with limited monitoring and airway equipment. If pain is not controlled adequately, or the patient experiences emergence delirium, this also can make for a difficult transport to the ICU. Many centers have developed a multidisciplinary handoff for the OR to ICU transition. It sometimes can be more difficult for the nursing staff to get a patient settled when they are not sedated and intubated, which may make handoff more difficult and the nurse caring for the patient may be distracted and/or unable to listen to pertinent details of the patient's operative course. Although the reported benefits of immediate extubation in the OR have been described, some workflow and institutional barriers may prevent it from being practical or safe.

...like we did to achieve extubation in < 6 hours?

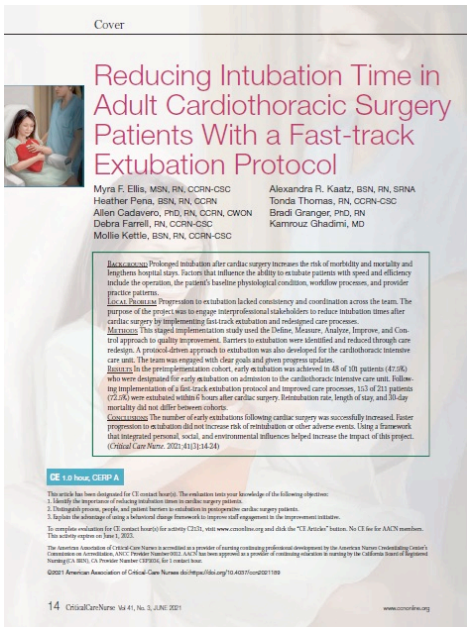


Table 1 Barriers to extubation with barrier types and resolutions

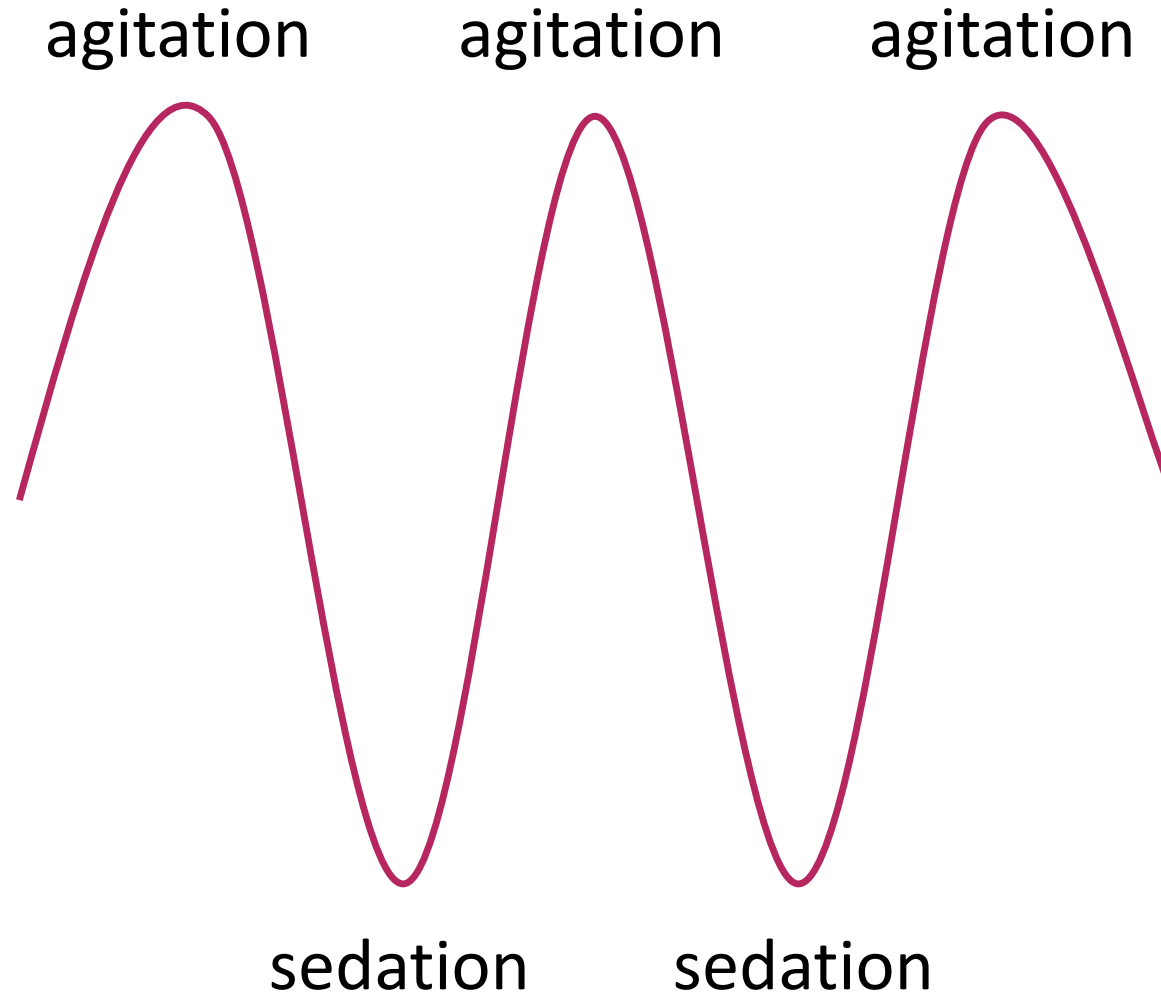
Type	Barriers	Resolution
Process	Inconsistent weaning practice	Implement standardized weaning protocol for all patients identified as appropriate for the FTE protocol.
	Patients inappropriately labeled as ready to progress to extubation (eg, patients with hemodynamic instability, bleeding, acidosis)	Include considerations for exclusion in protocol; team will indicate clear yes or no for all patients during handoff in CTICU.
	NMB agents not reversed	Decrease NMB use after CPB; check TOF on admission (in protocol).
	RT unavailable for ventilator weaning or changes; no designated person to cover duties during lunch, travels off unit, etc	Designate a person for OR; each RT will let RN know who to call when RT travels off the unit with a patient; RTs will cover duties for each other.
	Workflow issues, handoffs (6 PM for APPs, 7 PM for RTs and RNs)	Try to discuss needs with APP before 6 PM if possible; hand-off can be interrupted for extubation order if ABG is WNL and patient is on extubatable settings ready for extubation; the only time patients will not be extubated is 7-7:30 PM during handoff for RNs and RTs.
	Hypertension management with pain and sedation medications	Discuss preferred agent for hypertension management with surgical team at handoff.

... of these?

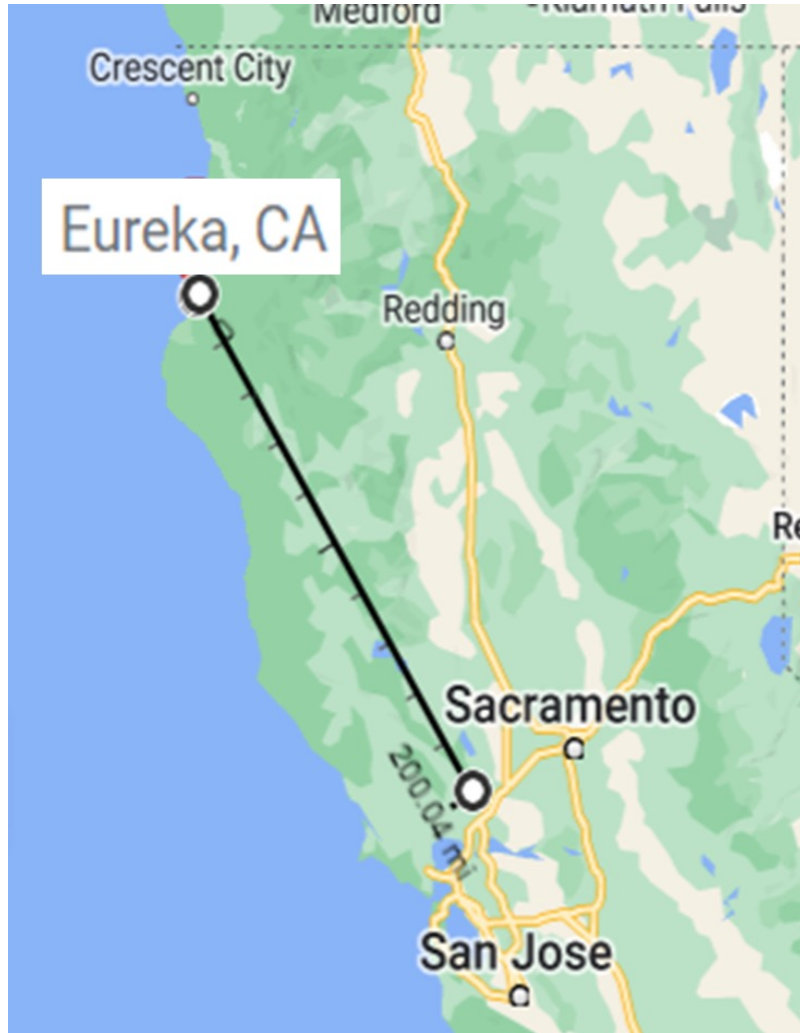
Critical Care Nurse 2021; 41:14-24.

Spoiler: Our post-ORE handoff has been smoother

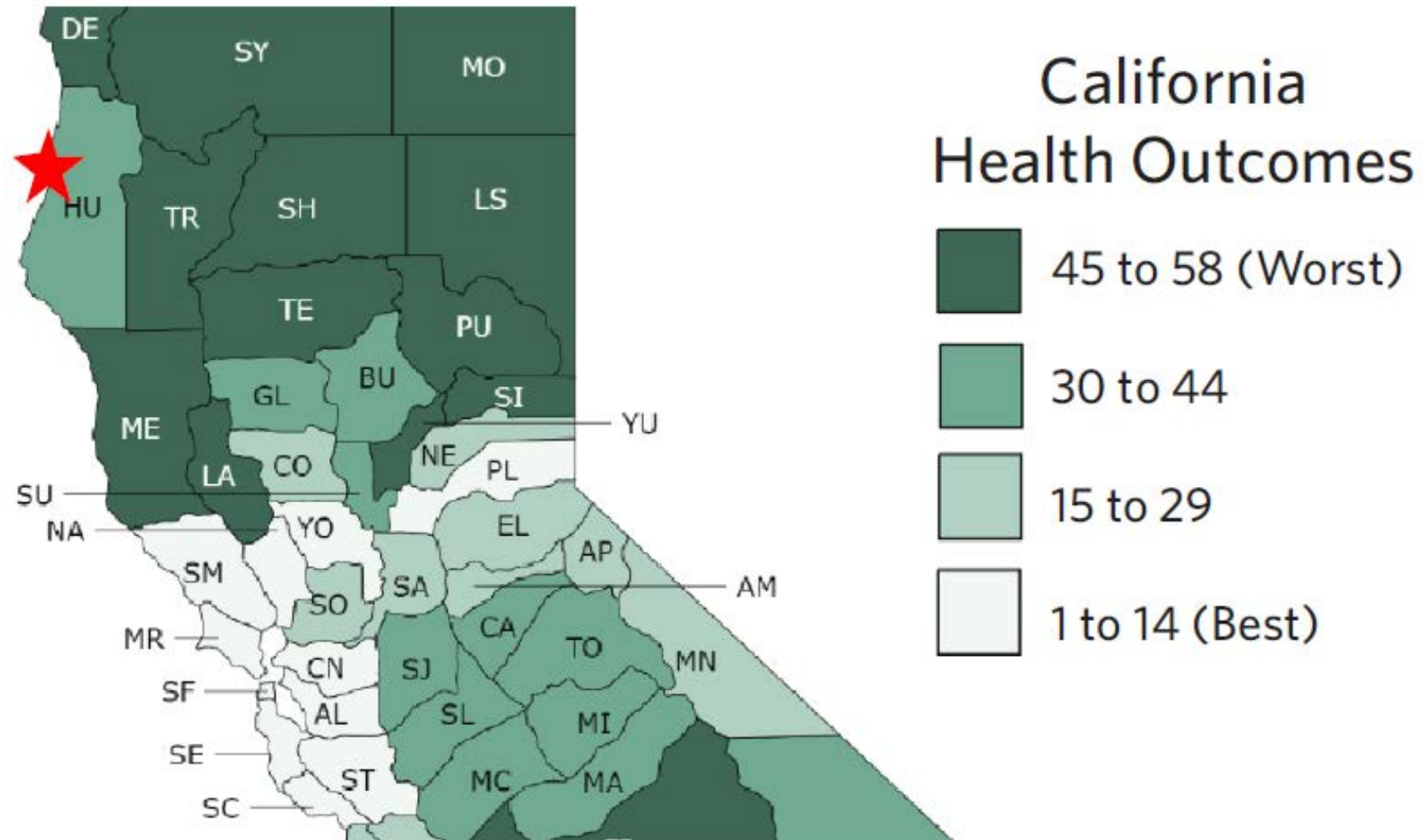
We no longer
see this -
but it's very
hard to
quantify



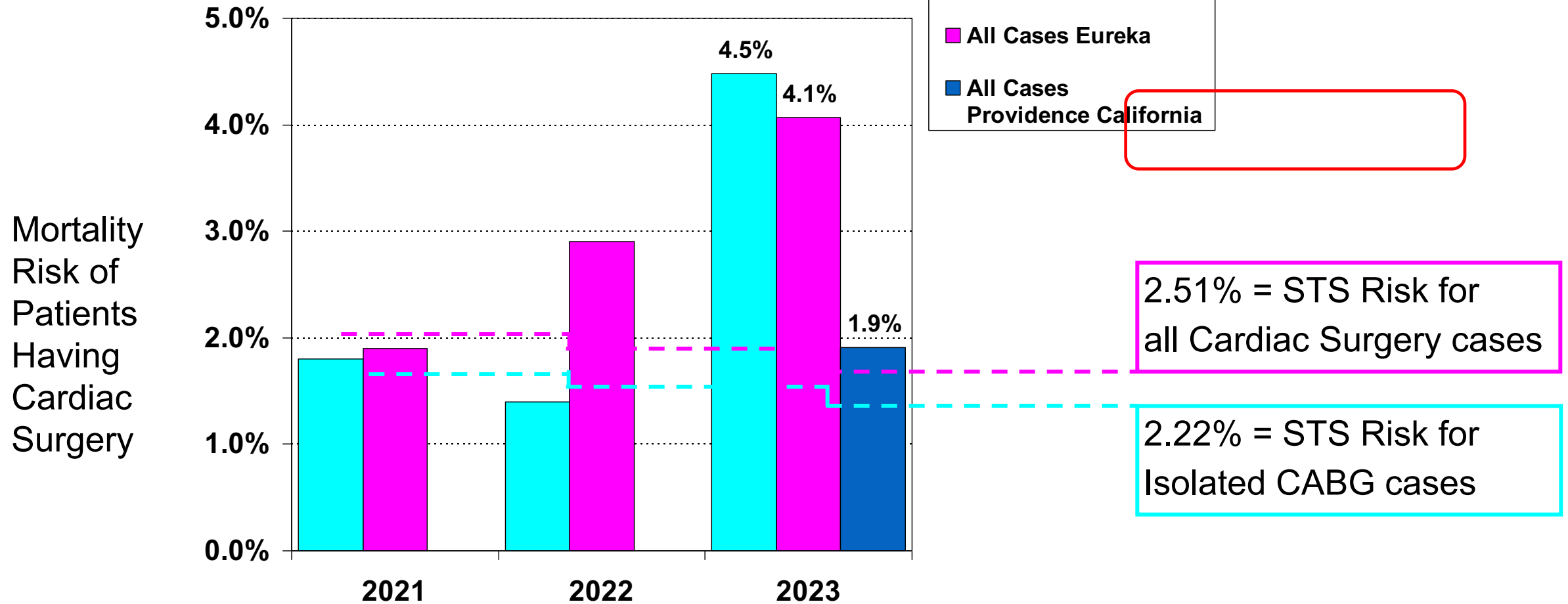
Unique features of our program



Unique features of our program



Our operative mortality risk



Our mortality

Risk Adjusted Report

10/18/2023



The Society
of Thoracic
Surgeons

All Procedure Risk-Adjusted Data Summary

Participant: 31137

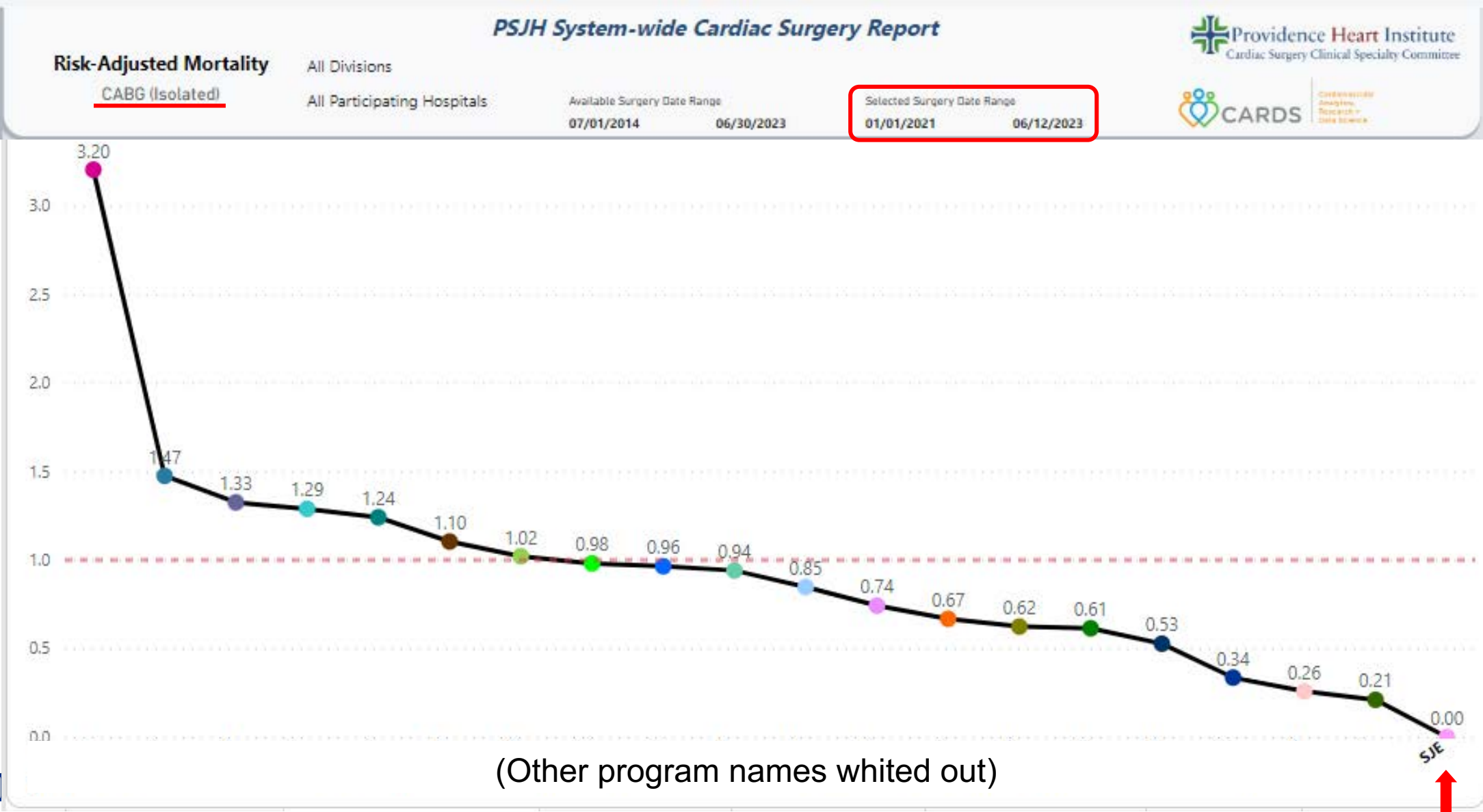
STS Period Ending Jun 2023

Mortality Risk-Adjustment

Outcome		My Site 2021	My Site 2022	My Site 2023*	Like Group 2023	Region 2023	STS 2023
In-hospital Mortality	OR (95% CI)	0.90 (0.36-2.28)	0.84 (0.33-2.15)	0.91 (0.38-2.18)	1.52 (1.37-1.68)	-	1.00
	O/E (95% CI)	0.00 (0.00-7.32)	0.00 (0.00-5.20)	0.00 (0.00-6.29)	1.22 (1.16-1.30)	-	1.00
	Risk-adjusted Rate	0.00%	0.00%	0.00%	2.33%	-	1.90%
Operative Mortality	OR (95% CI)	0.89 (0.38-2.08)	0.83 (0.35-1.94)	0.90 (0.39-2.08)	1.51 (1.38-1.66)	-	1.00
	O/E (95% CI)	0.00 (0.00-5.69)	0.00 (0.00-4.08)	0.00 (0.00-4.80)	1.20 (1.15-1.28)	-	1.00
	Risk-adjusted Rate	0.00%	0.00%	0.00%	2.99%	-	2.47%

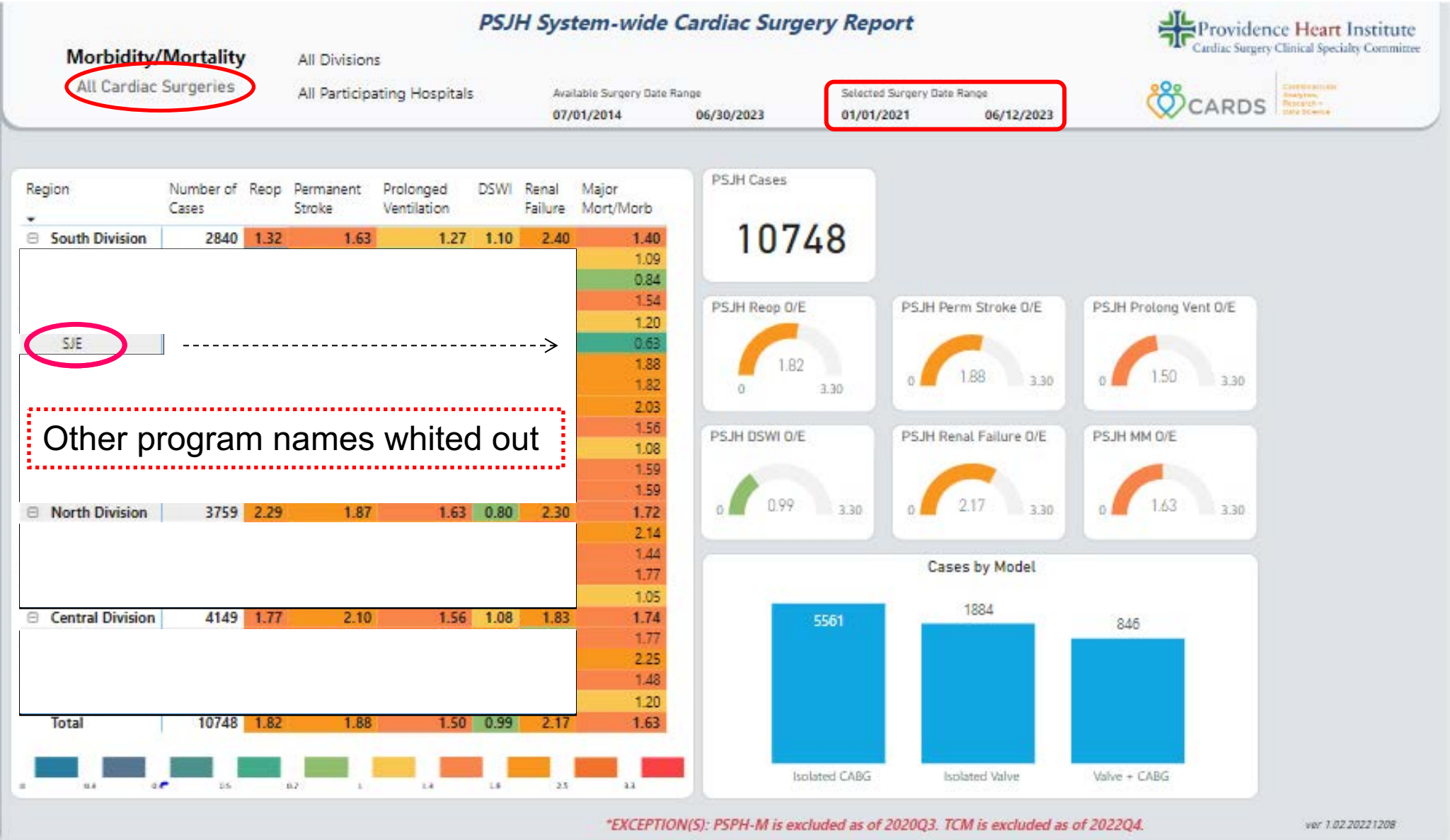
OR = Odds Ratio; O/E = Observed-to-Expected Ratio; CI = Confidence interval; * represents a partial year

Our system ranking



(Other program names whited out)

Our system ranking



Unique features: multiarterial grafting with CABG

Risk Adjusted Report

10/18/2023

	My Site 2020*	My Site 2021	My Site 2022	My Site 2023*	Like Group 2023	STS 2023
% of patients with multiple arterial grafts →	-	52.38%	43.75%	40%	13.35%	15.68%
IMA Used	-	100%	100%	100%	99.53%	99.61%
Left	-	90.47%	87.50%	60%	90.76%	90.60%
Right	-	-	-	-	0.42%	0.36%
Both →	-	9.52%	12.50%	40%	6.91%	7.09%
Missing	-	-	-	-	0.02%	0.02%
Radial Artery Used →	-	42.85%	37.50%	-	7.95%	10.16%

Unique features: multiarterial grafting with CABG

LETTER TO EDITOR | ARTICLES IN PRESS

BRIDGING THE GAP BETWEEN VOLUME AND QUALITY IN MULTIARTERIAL GRAFTING

Dor
Jos
Pub

north of the San Francisco Bay Area, within a region with the worst health outcomes in the state.

Over the past 3 calendar years, our program, which performs fewer than 100 cardiac cases annually, has utilized multiple arterial grafts in 20 patients (47.6%; 40%-52% yearly), with bilateral internal mammary artery grafts in 6 (14.3%) and radial artery grafts in 15 (35.7%). We attribute our consistent 0:2.1 coronary artery bypass grafting observed vs expected mortality ratio and 0:15.6 STS observed vs expected morbidity ratio to our cohesive team. Indeed, we suggest that our team's familiarity with multiarterial grafting in the urgent/elective setting has facilitated a successful outcome in at least 1 emergent patient,³ compared with centers that might utilize a second arterial graft only when facing a venous conduit shortage.⁴

Fellowship funds Dominic C. Regli.

DISCLOSURES

The authors have no conflicts of interest to disclose.

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ARTICLE IN PRESS

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<https://doi.org/10.1016/j.athoracsur.2023.05.020>

Bridging the Gap Between Volume and Quality in Multiarterial Grafting

TO THE EDITOR: We welcomed the detailed analysis in *The Annals* of multiarterial coronary bypass grafting in the United States,¹ appearing 7 years after publication of *The Society of Thoracic Surgeons Clinical Guidelines*.² The authors' conclusions regarding outcomes at low-volume institutions, however, were resoundingly consistent with the results presented.

experience from our hospital in California, 200 miles north of the San Francisco Bay Area, within a region with the worst health outcomes in the state.

Over the past 3 calendar years, our program, which performs fewer than 100 cardiac cases annually, has utilized multiple arterial grafts in 20 patients (47.6%; 40%-52% yearly), with bilateral internal mammary artery grafts in 6 (14.3%) and radial artery grafts in 15 (35.7%).

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"Little correlation between total institutional coronary artery bypass grafting case volumes and multiarterial cases ($R^2 = 0.282$) [Figure 2]. With larger proportions of multiarterial grafting procedures apparently performed at lower volume centers, we propose to the authors that another objective would be the enhanced adoption of multiarterial grafting at higher volume centers.

FUNDING

The Providence St. Joseph Hospital Foundation Summer Research Fellowship funds Dominic C. Regli.

DISCLOSURES

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REFERENCES

1. Saadat S, Habib R, Engoren M, et al. Multiarterial coronary artery bypass grafting practice patterns in the United States: analysis of The Society of Thoracic Surgeons Adult Cardiac Surgery Database. *Ann Thorac Surg*. 2020;110:1411-1420.

2. Alden HE, Bakken JO, Pal J, et al. The Society of Thoracic Surgeons clinical practice guidelines on arterial conduits for coronary artery bypass grafting. *Ann Thorac Surg*. 2016;101:801-809.

3. Regli DC, Kuttler EJ, Hake CR, et al. Being prepared for the unexpected: emergency CABG in an octogenarian using bilateral internal mammary artery grafting. Poster presented at: 2023 STS Coronary Conference; June 3-4, 2023; Miami Beach, FL.

4. O'Rourke PA, Black E, Taggart DP. Why do UK cardiac surgeons not perform their first choice operation for coronary artery bypass graft? *Heart*. 2002;98:643-644.

5. Shaliban DM, Normand SL. Low-volume coronary artery bypass surgery: measuring and optimizing performance. *J Thorac Cardiovasc Surg*. 2008;136:1202-1205.



St. Joseph Hospital

OPERATING ROOM EXTUBATION AT A REMOTE COMMUNITY PROGRAM

Unique features: Operating room extubation

When: January 2021

Why: Program revamping under new surgical leadership

How: Our first patient was an isolated 2-vessel CABG with good LV function. Collaboration with our 3 cardiac anesthesiologists* (* we're recruiting!) and our world-class perfusionist.

I am struck by 3 themes within this opinion piece that I find of particular importance. First, OR extubation in the appropriate patient is safe, and possibly beneficial. Second, the authors' emphasis on the multidisciplinary effort to accomplish the task should be lost on no one. The necessity to work together as a team of surgeons, anesthesiologists, perfusionists, and other, is appropriately highlighted. Finally, as the evidence continues to build that OR extubation in the right patient is an improvement in care, the authors challenge all of us to do more of it and lay out the tenets required to do so, safely. They should be commended. As we have done in the past (eg, with mitral valve repair), multiarterial grafting, transcatheter aortic valve replacements, and now, as trumpeted in this article, OR extubations, cardiac surgery should embrace every effort to improve what we do, regardless of its "inconvenience."

Glenn J. R. Whitman, MD

Implementing operating room extubation (ORE)

How: Collaboration with our 3 cardiac anesthesiologists*
(* we're recruiting!) and our world-class perfusionist.

Perfusion fluid management:

Short pump circuit length

Retrograde autologous priming

Hemoconcentration

Rewarming







I am struck by 3 themes within this opinion piece that I find of particular importance. First, OR extubation in the appropriate patient is safe, and possibly beneficial. Second, the authors' emphasis on the multidisciplinary effort to accomplish the task should be lost on no one. The necessity to work together as a team of surgeons, anesthesiologists, perfusionists, and other, is appropriately highlighted. Finally, as the evidence continues to build that OR extubation in the right patient is an improvement in care, the authors challenge all of us to do more of it and lay out the tenets required to do so, safely. They should be commended. As we have done in the past (eg, with mitral valve repair), multiarterial grafting, transcatheter aortic valve replacements, and now, as trumpeted in this article, OR extubations, cardiac surgery should embrace every effort to improve what we do, regardless of its "inconvenience."

Glenn J. R. Whitman, MD

Patients should be extubated in the operating room after routine cardiac surgery: An inconvenient truth

Heather K. Hayanga, MD, MPH,^a Matthew B. Ellison, MD,^a and Vinay Badhwar, MD^b JTCVS Techniques 2021;8:95-9

Routine Extubation in the Operating Room Requires A Dedicated Team Approach

		
		
Multimodal Cardiac Anesthesia with Minimal Long-acting Opioids	Meticulous Cardiac Surgery with Negligible Bleeding	Anesthesia-Surgery-ICU Team Approach to Reversal and Safe OR Extubation

Implementing operating room extubation (ORE)

Perfusion fluid management:

- Short pump circuit length

- Retrograde autologous priming

- Hemoconcentration

- Rewarming

More from Dr. Jeffrey Johnston

Nursing & RT coordination:

- Communication is everything

Once OR extubation has been established as a routine, the intubated patient arriving to the ICU will become a rarity. Nursing, allied health, respiratory therapy, and intensivists will all become aligned with OR extubation expectations and management protocols (Figure 1). Finally, and to the program's benefit, patients, their families, and their referring providers will come to expect this growing standard of quality care in cardiac surgery.

Rapid ORE generalization beyond isolated CABG

Our approach quickly became:
All cardiac surgical patients
are treated as candidates for
operating room extubation.

Early extubation after cardiac surgery: The evolution continues

Hilary P. Grocott, MD, FRCPC, FASE

From the Department of Anesthesia, University of Manitoba, Winnipeg, Manitoba, Canada.

The characteristics are in some respects very obvious (eg, younger age and simpler operation); however, one can easily make the argument that all patients, irrespective of the procedure or the patient characteristics, should be treated right from the start as if they can be extubated in the operating room. The decision to extubate patients should likely be made once the operation is nearing completion, in part informed by the overall success of the operation. The many nuances and complications

Evaluating our ORE experience

We reviewed all 66 patients from 1/2021 – 3/2023 with:

- STS Predicted Risk of Mortality scores
- No exclusions for emergent or preoperative IABP patients
- Compared Isolated CABG vs Valve/Valve+CABG pts
- Univariate predictors of successful operating room extubation

Results: ORE successful in 88% of patients (58/66)

- No reintubations
- 0% Operative mortality
- 0.56 Observed/Expected STS morbidity

Results: Isolated CABG vs Valve/2017

Group Comparison	Isolated CABG (n=43, 65%)	Valve/Valve+CABG (n=23, 35%)
Age (mean; % ≥ 75 yrs)	67.7; 24%	63.9; 26%
Sex (% female)	22.2%	43.5%
Surgical Timing (% urgent/emergent)	80.0%	52.2%
Ejection Fraction (EF) (mean; % ≤ 40 %)	49.9; 24.4%	56.3; 17.4%
STS Predicted Operative Mortality Risk (PROM)	2.1%	3.6%
STS Predicted Prolonged Ventilation Risk	11.7%	15.9%
Operating Room Extubation	90.7%	82.6%

- n = 354
- Multiple operation types
- 76% elective
24% urgent
- 55% EF
- 0.7% STS pred mortality risk
- 4.9% STS prolong vent risk

Predictors:

Younger age, elective status
Isolated CABG
Lower BMI, higher albumin,
No chronic lung, No DM

Results: Univariate predictors of ORE success

Paradoxical:

- Higher age
- Lower ejection fraction
- Higher STS predicted risk of mortality

Our explanation: Extubation in the operating room was based primarily on ability to oxygenate and ventilate, irrespective of age, ejection fraction, STS PROM, etc.

Conclusions

- 1) Our operating room extubation experience:
 - First reported from a remote community program
 - Demonstrated that ORE can be successfully and safely undertaken in centers with smaller case volumes
 - Higher proportions of challenging risk patients than any reported ORE series
- 2) ORE anesthesia management for isolated CABG was readily transferable to Valve/Valve+CABG patients
- 3) Success with ORE accompanied program achievements in mortality and morbidity

PreOp Considerations

- OSA History
 - Assessment- STOP BANG score
 - Sleep Study
 - CPAP Compliance
- COPD, Pulmonary Dz, or Previous Thoracic Surgery
 - Optimized by Pulmonologist
 - Home O2 vs bronchodilators
 - PFTs helpful
 - Room air ABG

Analyzed variable		Question to be asked/examination findings
S	Snoring	Do you Snore Loudly? Louder than talking or loud enough to be heard through a closed door?
T	Tiredness	Do you often feel Tired? Do you sleep during the daytime?
O	Observed apnea	Has anyone observed you stop breathing during sleep?
P	Pressure	Do you have high blood pressure?
B	BMI	BMI > 35 kg m ⁻²
A	Age	Over 50 years
N	Neck	Circumference >40 cm
G	Gender	Male
High risk for OSAS: ≥3 positive responses.		
Low risk for OSAS: <3 positive responses.		

PreOp Considerations

- Obesity
 - Anticipated Difficult Airway
 - Diminished FRC, will desaturate quickly
 - Likely require BiPAP in ICU
- ESRD
 - Recent Dialysis
 - Strict Fluid management

IntraOp Considerations

- Opiate Management
 - Controversial in our group (3 anesthesiologists have 4 different opinions)
 - Conversative opiate management
 - Maximum Fentanyl 500-600mcg during the case
 - Small doses of long acting opiates during closure
 - Dilaudid 0.4mg IV
 - Morphine 0.1mg/kg IV
- Non-Opiate Management
 - IV Acetaminophen during closure
 - Precedex gtt
 - +/- Local anesthesia (parasternal and intercostal ropivacaine by surgeon)

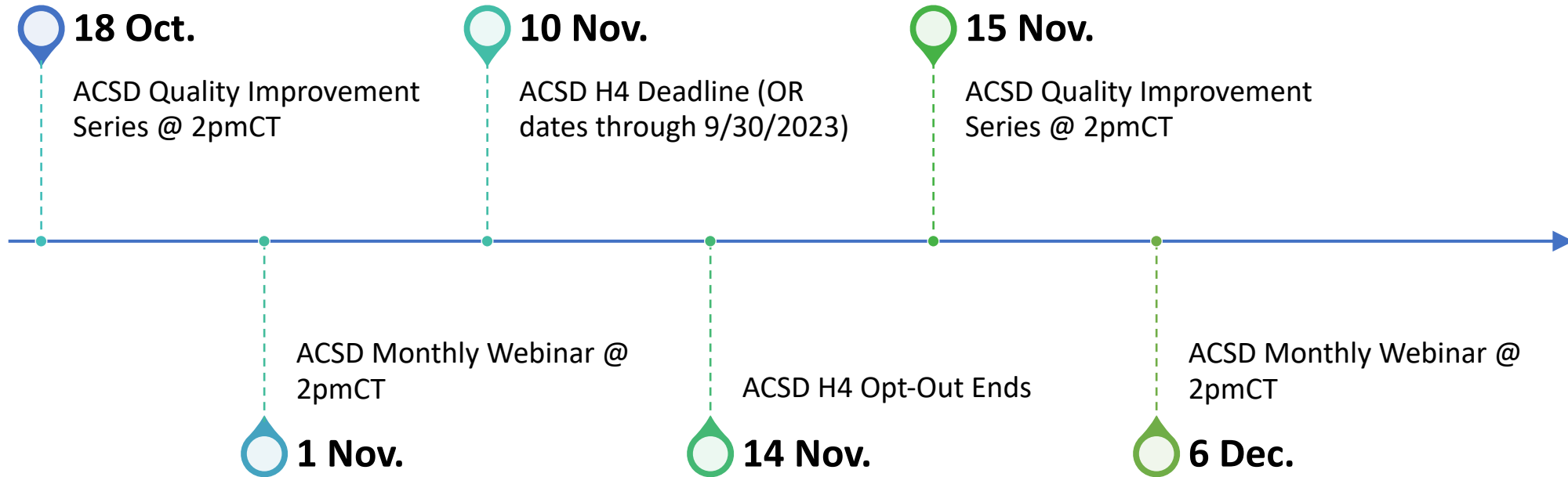
Planned Extubation

- Sugammadex for complete reversal
- Start SBT/Pressure Support once chest is closed
- Titrate additional opiates for tachypnea
- Tidal Volumes acceptable with low pressure support
- Low pressor requirement
- Normothermic
- No evidence of pulmonary congestion in ETT
- Gastric contents suctioned with OG

Extubation

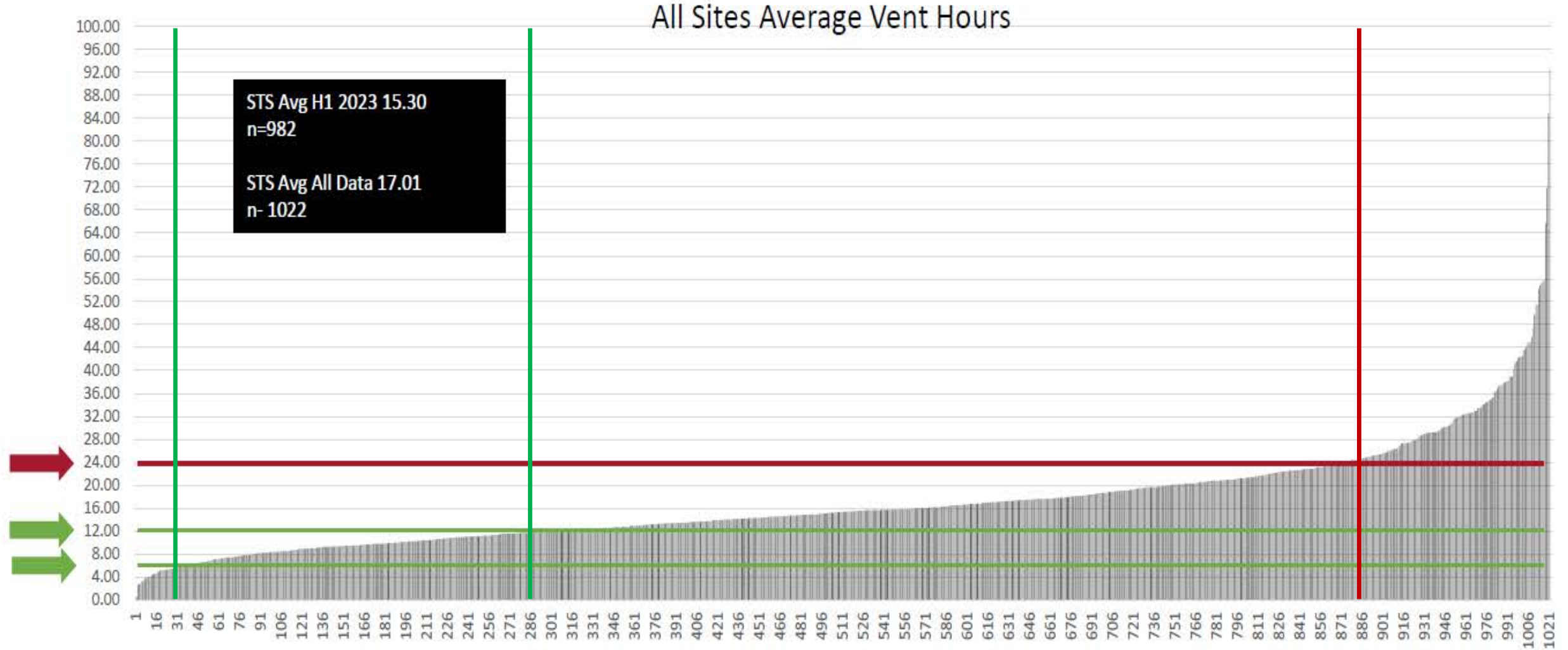
- Small Precedex gtt (0.5mcg/kg/hr) allows patients to follow simple commands (“deep breaths” or “arms down”), but avoids agitation during transfers to ICU
- RT and BiPAP on standby in ICU
- Nasal airways helpful
 - RT and Nurses are afraid of oral airways with BiPAP
- ICU nurses (like those in PACU) should be comfortable with patient extubated deeply
 - i.e. Jaw thrust or mask ventilation skills if needed.

Important Dates for Adult Cardiac



Where we WERE at... Harvest 1 2023

Isolated CABG – ProcID 1

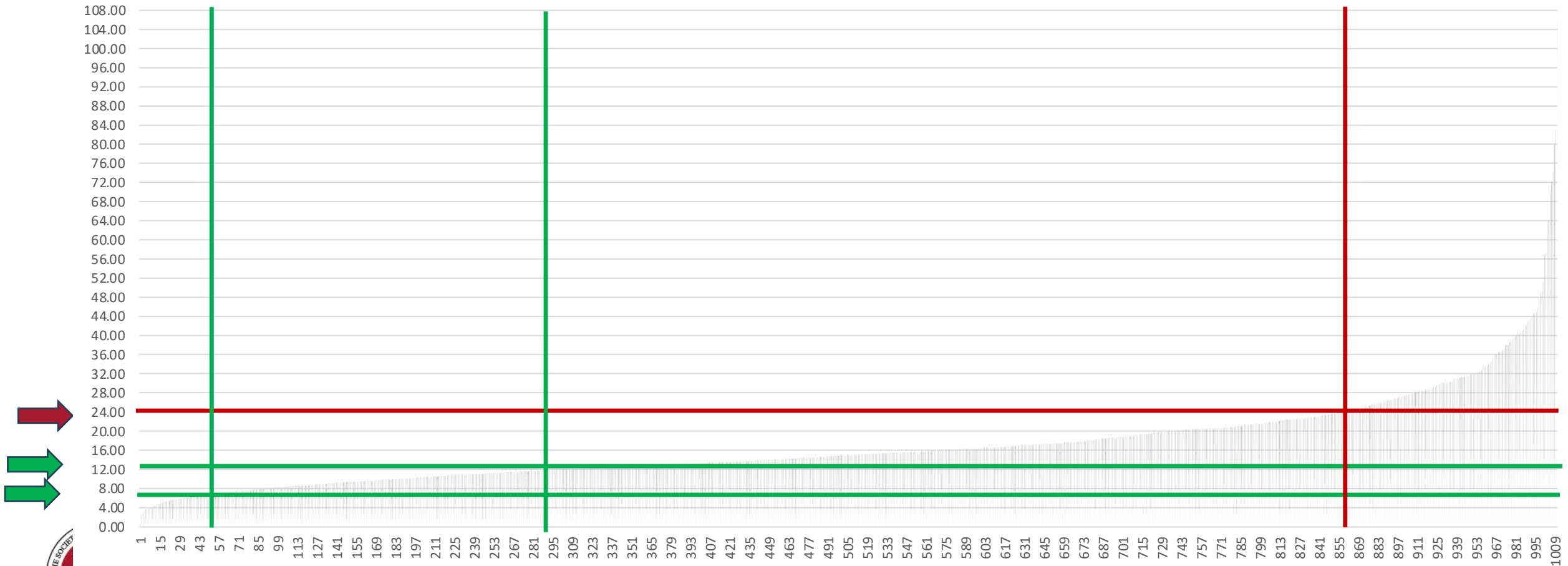


ProclD 1
STS Avg H3 – 14.42 (15.30 H1)
927 sites
 $n = 449053$

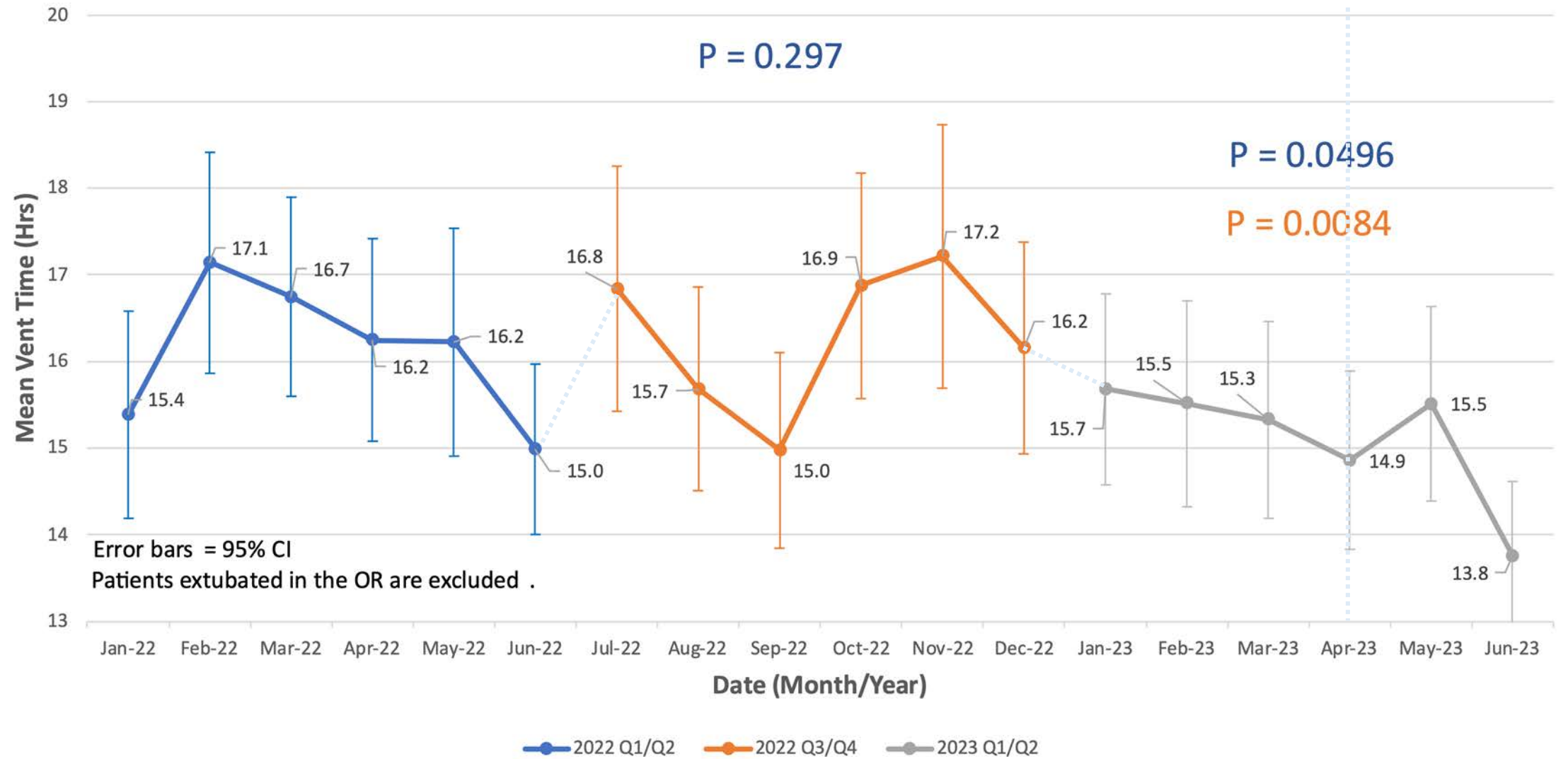
All Avg STS Data =
17.11
1011 sites
 $n = 459061$

Where we are at for H3 2023

Avg Vent Time



Mechanical Ventilation Hours VS Time (ProcID 1)



P values shown on the graphs reflect results of difference in difference analysis comparing slopes across the three six month time frames (2022 Q1/Q2, 2022 Q3/Q4, and 2023 Q1/Q2)



Where we were at...

Isolated CABG Case Volume for 36-month analytic window

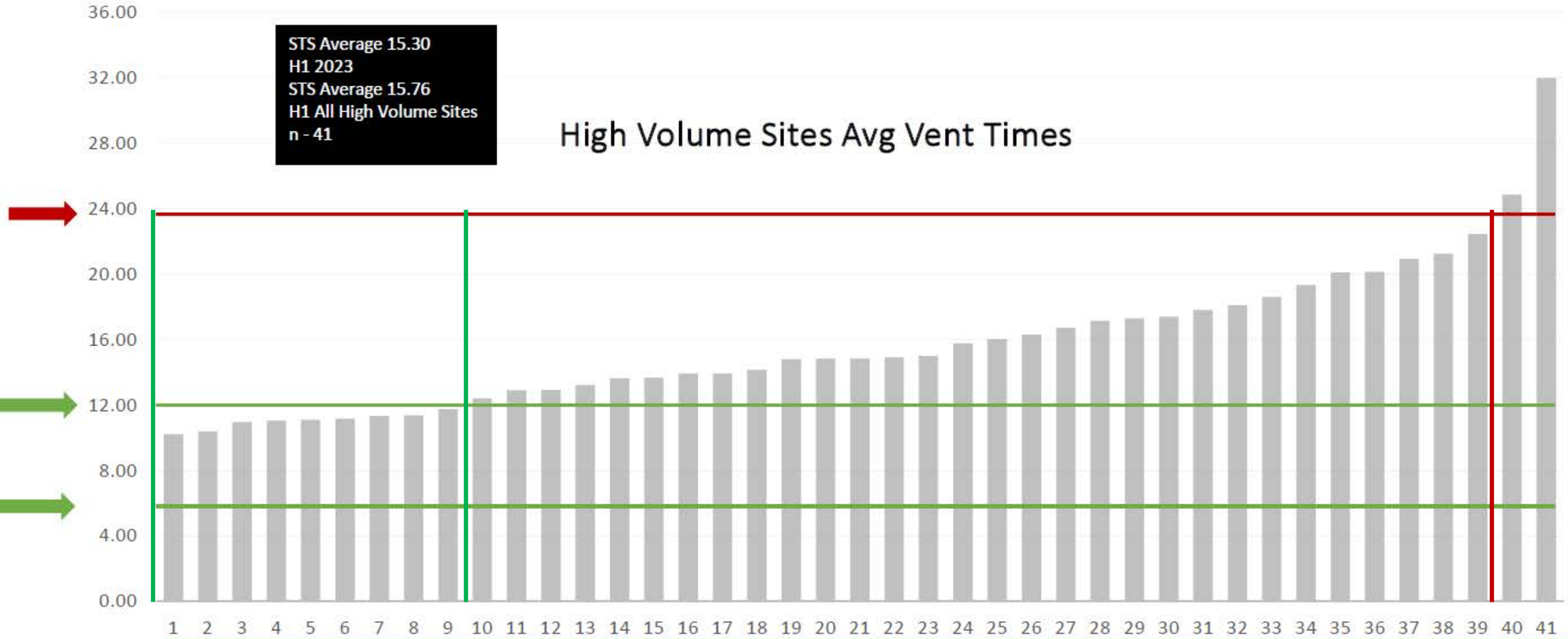
High Volume – 1200 or more

Moderate Volume – 600-1199

Low Volume – 0-599

STS Average 15.30
H1 2023
STS Average 15.76
H1 All High Volume Sites
n - 41

High Volume Sites Avg Vent Times

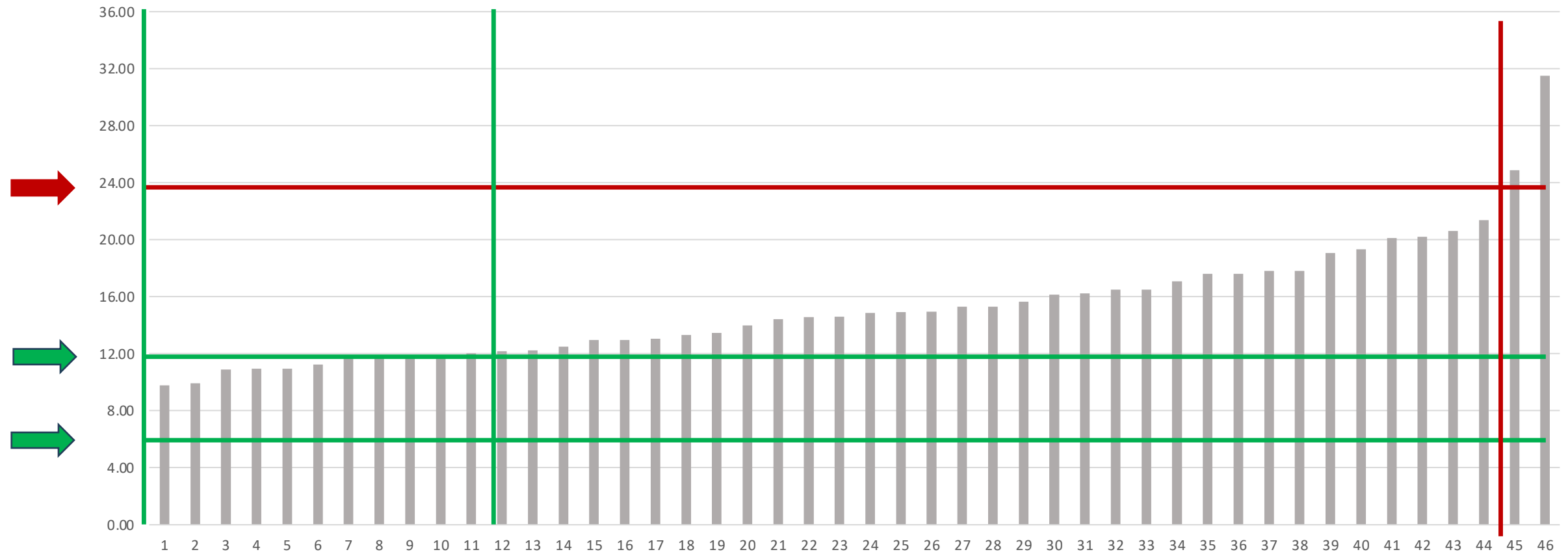


High Volume Sites Avg Vent Time

$n = 77688$
Participants: 46

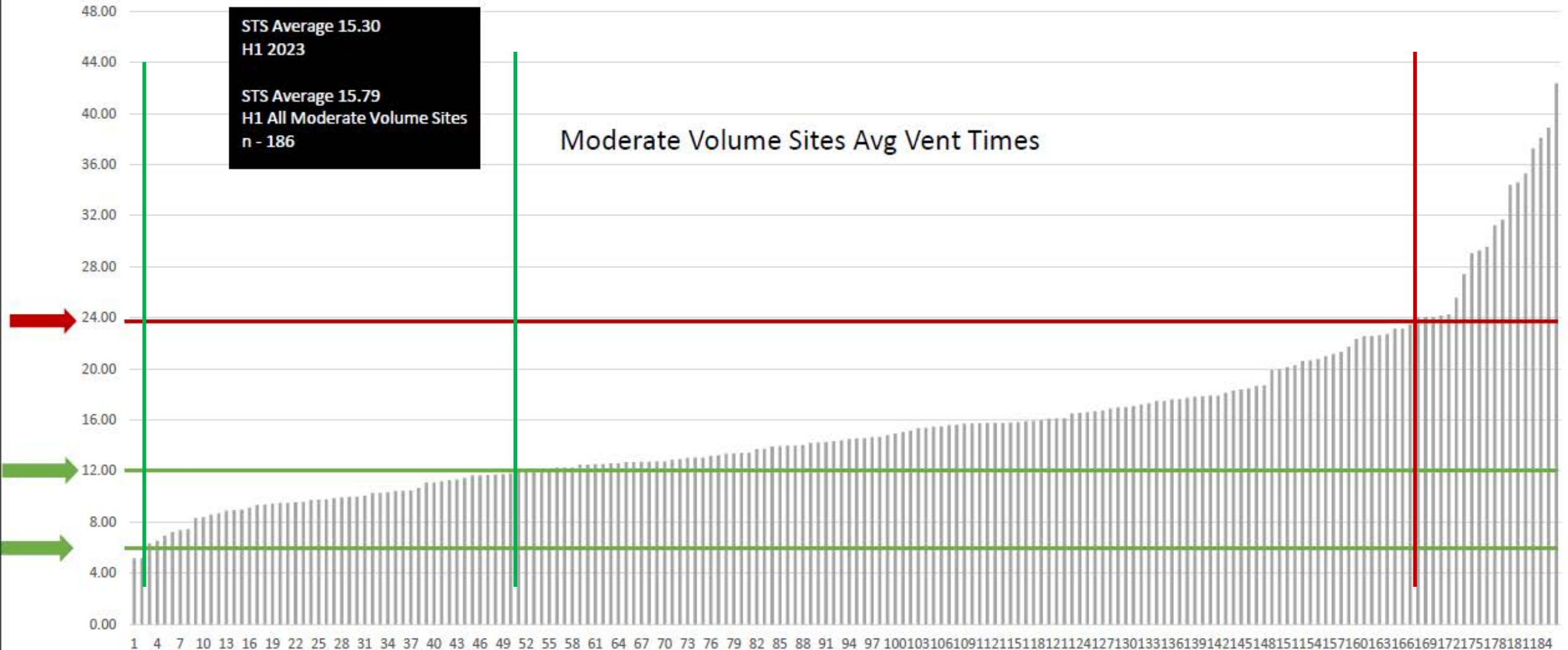
Isolated CABG Case Volume for 36-month analytic window
High Volume – 1200 or more
Moderate Volume – 600-1199
Low Volume – 0-599

Where we are at...



Where we were at...

Isolated CABG Case Volume for 36-month analytic window
High Volume – 1200 or more
Moderate Volume – 600-1199
Low Volume – 0-599

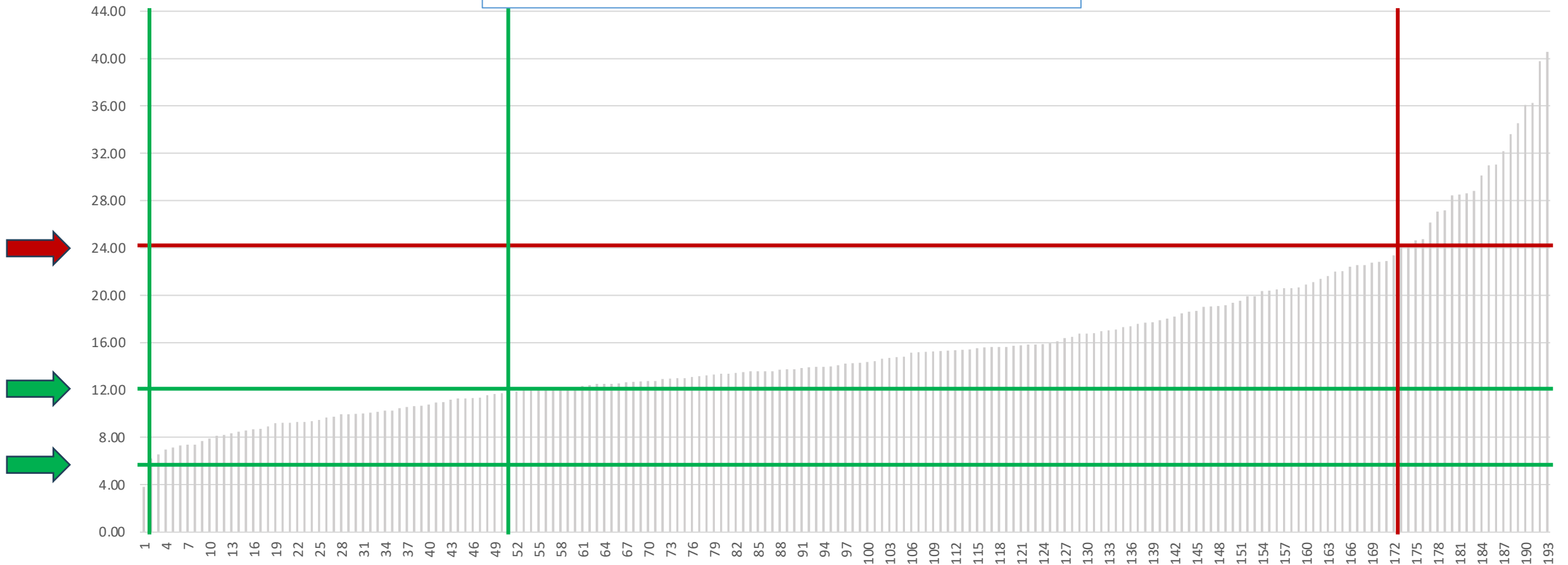


Moderate Volume Sites Avg Vent Times

$n = 155625$
Participants: 193

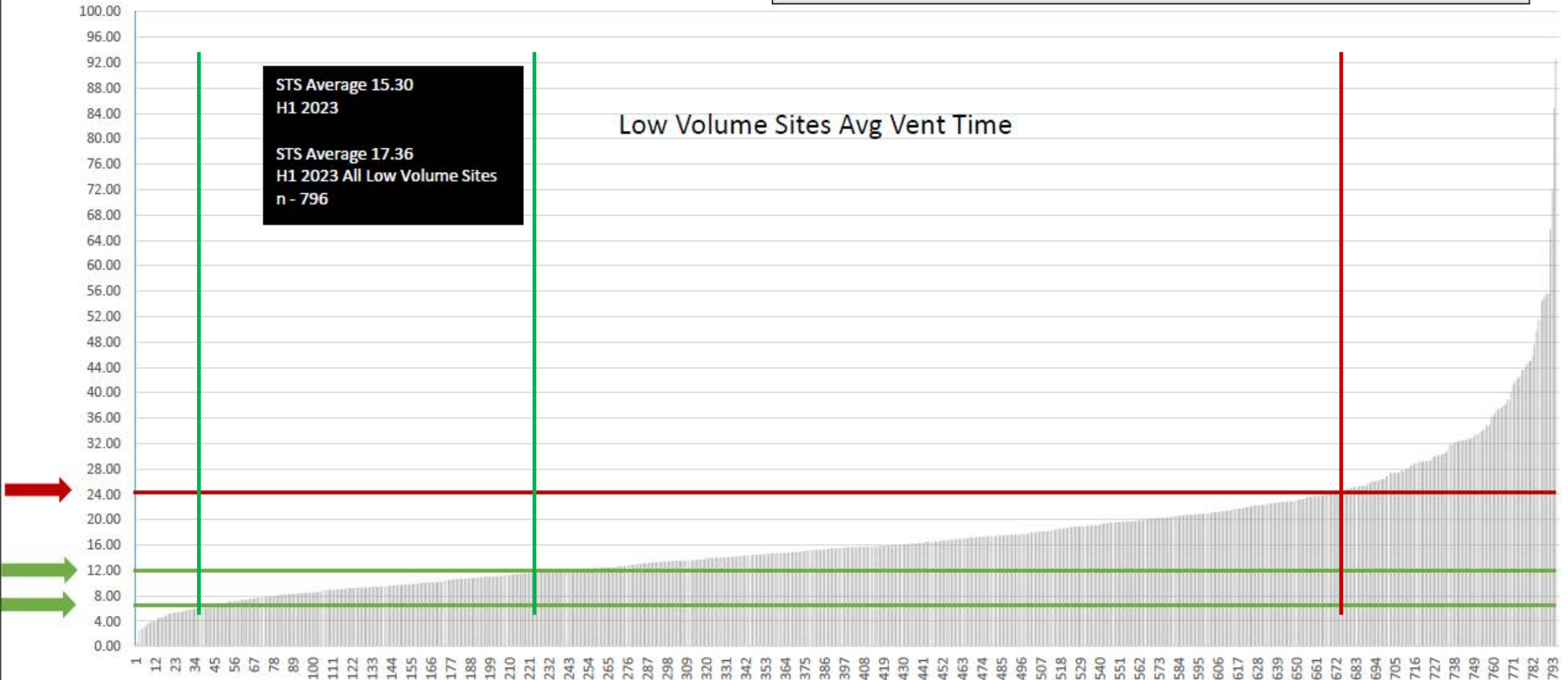
Where we are at...

Isolated CABG Case Volume for 36-month analytic window
High Volume – 1200 or more
Moderate Volume – 600-1199
Low Volume – 0-599



Where we were at...

Isolated CABG Case Volume for 36-month analytic window
High Volume – 1200 or more
Moderate Volume – 600-1199
Low Volume – 0-599



Low Volume Site Avg Vent Times

Isolated CABG Case Volume for 36-month analytic window

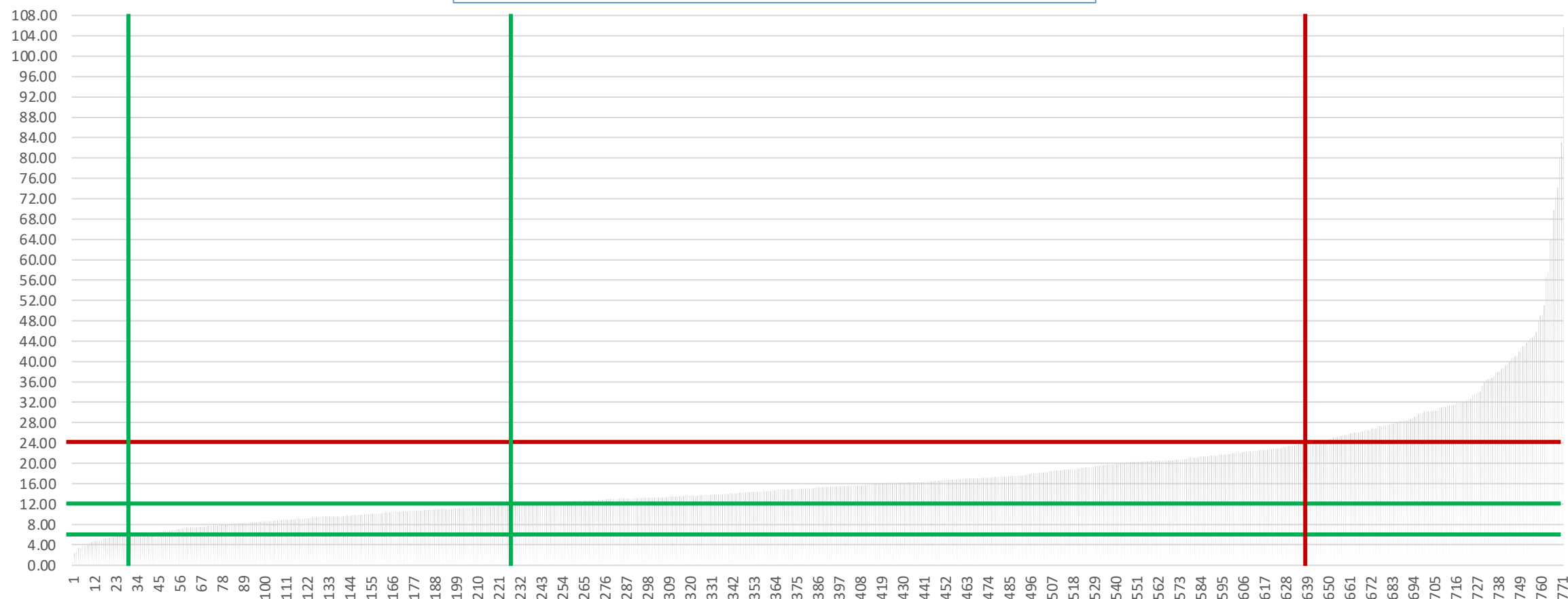
High Volume – 1200 or more

Moderate Volume – 600-1199

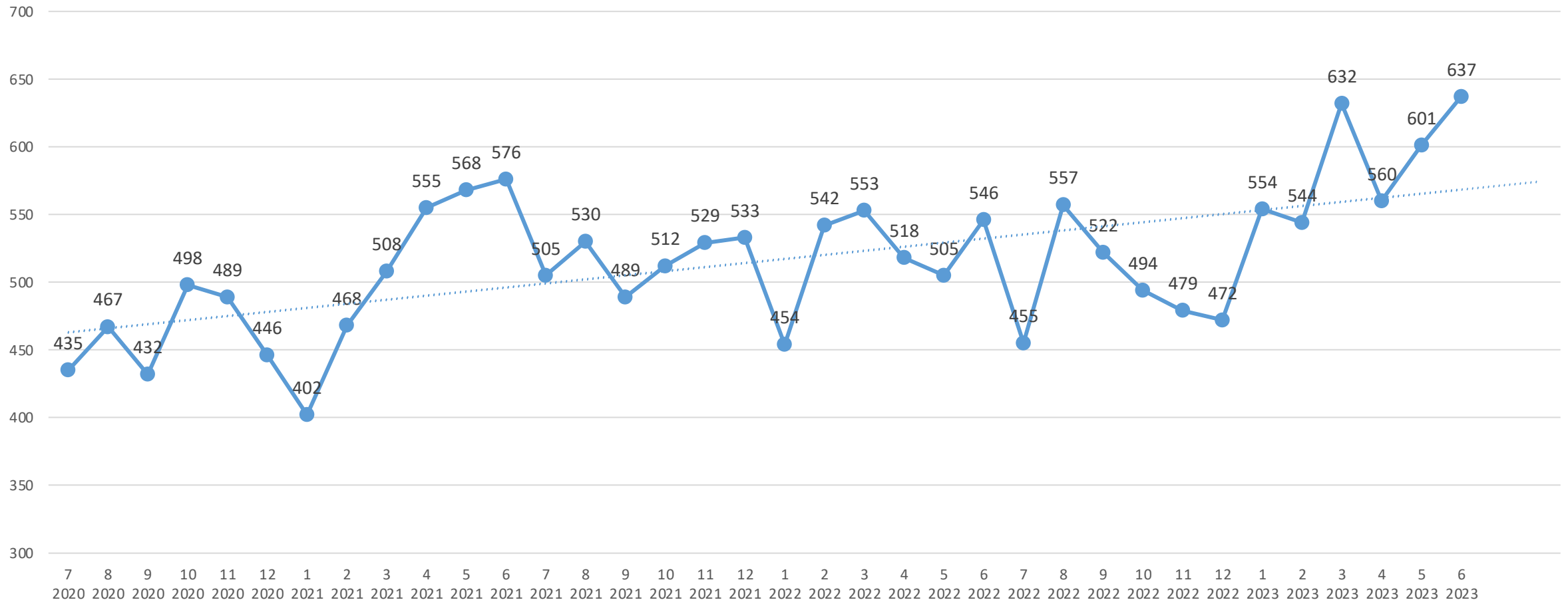
Low Volume – 0-599

n = 225724
Participants = 772

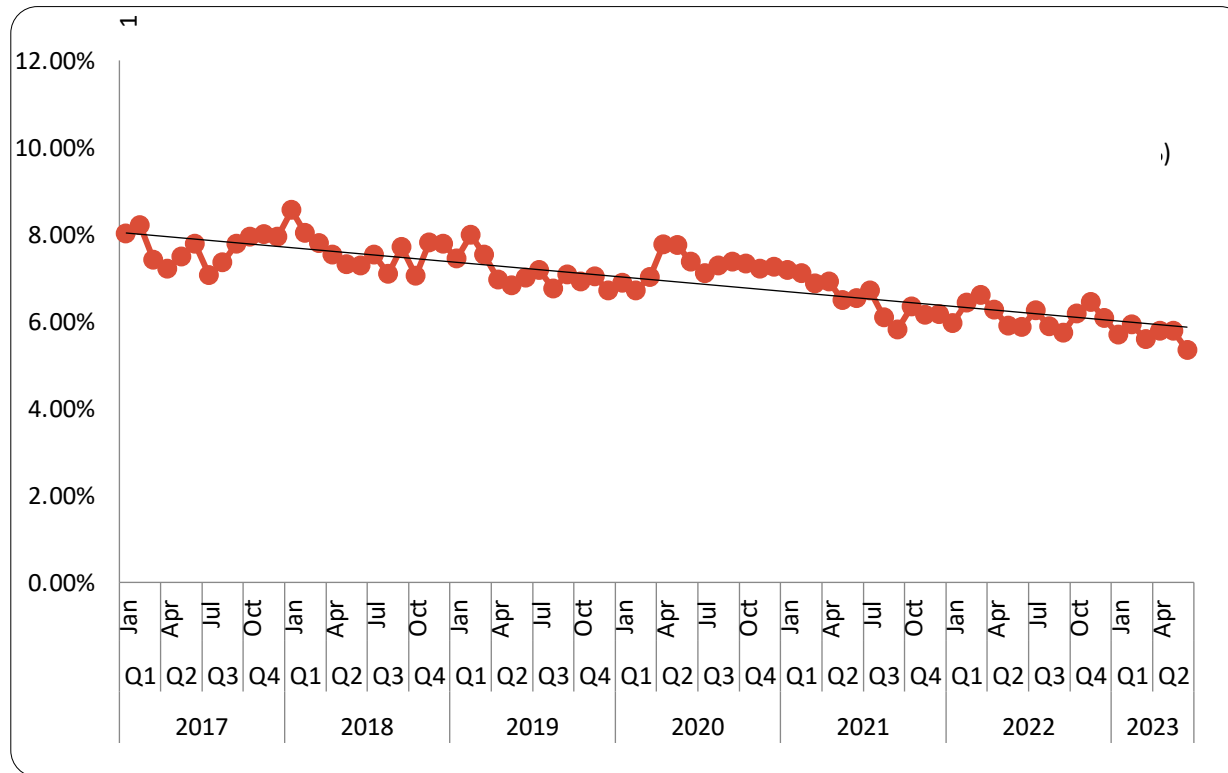
Where we are at...



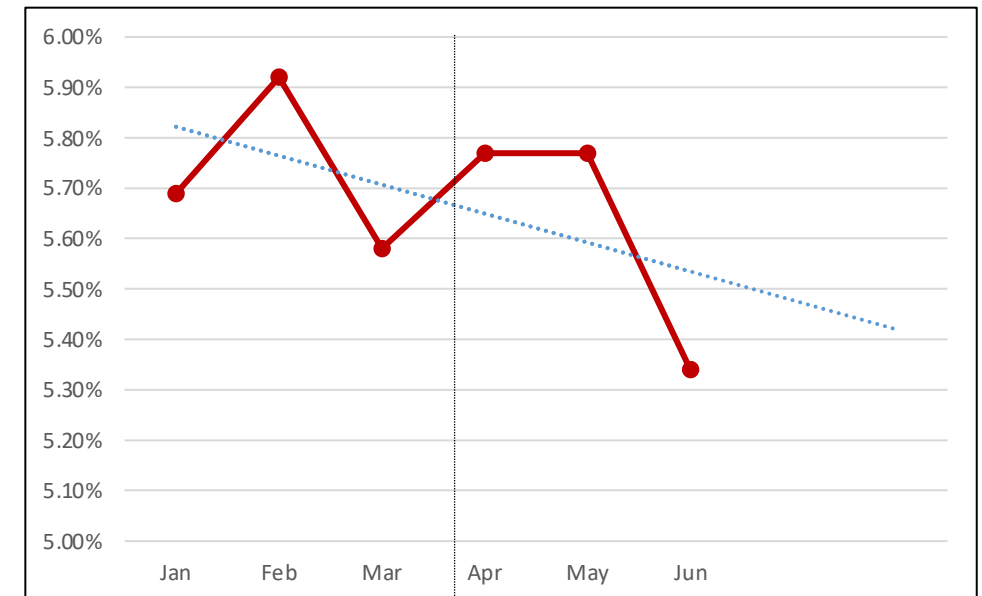
Extubated in OR Case Counts – ProcID 1



Prolonged Vent – STS AVG ProcID 1



2023					
Q1			Q2		
Jan	Feb	Mar	Apr	May	Jun
5.69%	5.92%	5.58%	5.77%	5.77%	5.34%



Contact Information

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 - IQVIA/Database Platform Questions (Uploader, DQR, Missing Variable, Dashboard, Password and Login)



Open Discussion

Please use the
raise-hand
function.

Please use the
Q&A Function.

We will answer as
many questions as
possible.

We encourage
your feedback and
want to hear from
you!