

STS/AATS Clinical Practice Guidelines on the Management of Type B Aortic Dissection

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23 Introduction:

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25 Aortic dissection is the most common catastrophic aortic event (1). In the years that followed the
26 seminal report by Levinson *et al.* on 58 autopsy-proven aortic dissections in 1950, (2) Dr. Robert Shaw
27 pioneered the concept of fenestration (performed transperitoneally) for an aortic dissection with lower
28 extremity malperfusion (3). Over time the diagnosis and management of aortic dissection have evolved
29 resulting in improved outcomes with careful planning and appropriate intervention. Notably, an
30 expectant approach yields essentially the same poor outcome that was seen in the 1950s during these
31 early reports, thus justifying a thoughtful and careful approach that includes patient-specific
32 interventional or open surgical therapies depending on clinical and pathoanatomic features.

33 Globally, reported incidences of aortic dissection range from 3-10 cases per 100,000 patients in the
34 United States to as high as 16 cases per 100,000 patients in Sweden (4-8). The true incidence of acute
35 aortic dissection may be underrepresented by these population reports given that many patients die
36 before reaching a hospital with the cause of death never proven (9, 10).

37 The anatomic extent of the aortic dissection importantly impacts the prognosis and management of the
38 patient. The DeBakey and the Stanford classification schemata are the most commonly used to codify
39 the anatomic extent of disease. Patients with acute type A aortic dissection (TAAD), which comprise
40 approximately two thirds of all aortic dissections, have a high mortality if not managed with emergent
41 surgery (11). The available evidence and guideline-directed treatment for patients with TAAD
42 recommends surgery over medical therapy for most patients (4, 5). In contradistinction, optimal medical
43 therapy (OMT) of uncomplicated (no evidence of rupture or malperfusion) type B aortic dissection has
44 historically been the accepted standard, with open surgery reserved for complicated (rupture,
45 malperfusion) cases. However, over the last two decades, endovascular therapies have been
46 increasingly used to manage patients with complicated type B aortic dissection (TBAD) and those with

47 “distinct features” associated with adverse sequelae. Although stent graft use for thoracic endovascular
48 aortic repair (TEVAR) of acute and chronic type B aortic dissection was first approved by the U.S. Food
49 and Drug Administration (FDA) in 2013, large clinical trials to guide the appropriate use criteria have to
50 date been limited. Given the therapeutic options now available, this guideline put forth by a joint panel
51 of experts from the Society of Thoracic Surgeons (STS) and the American Association for Thoracic
52 Surgery (AATS) seeks to provide a current framework with which to approach patients with type B aortic
53 dissection.

54

55 Methodology

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57 The STS/AATS Guideline Steering Committee proposed the topic for this manuscript and provided the
58 list of authors after a review of conflict of interest (COI) disclosures. The topic and authors were
59 approved by the leadership of both societies in 2018. A systematic review to identify the topics of
60 highest priority resulted in 11 questions using to the Patient, Intervention, Comparison, Outcome (PICO)
61 format. A search strategy utilizing the PICO questions was performed using MEDLINE and Embase in
62 September 2019 (Appendix A) and resulted in 704 potentially relevant abstracts. A total of 50
63 manuscripts met the inclusion criteria and were reviewed for this manuscript, and reference lists were
64 scanned manually for any relevant additional titles. Data were extracted into evidence tables (Appendix
65 B). Randomized trials and meta-analyses were assessed using a custom checklist for risk of bias
66 (Appendix C), while non-randomized data was assessed using the Newcastle-Ottawa scale (Appendix D).

67 The recommendations were developed and rated according to the ACC/AHA classification system

68 (Figure 1) using a modified Delphi method. The final manuscript was approved by a joint STS/AATS

69 Guidelines Steering Committee, then independently by the STS Workforce on Evidence Based Surgery,

70 Council Operating Board on Quality, Research, and Patient Safety, and Executive Committee, as well as
71 the AATS Guidelines Committee and Executive Committee.

72 No commercial entity provided funding or influenced the manuscript in any way. A complete list of COI
73 disclosures may be found in Appendix E. STS and AATS are committed to updating this manuscript within
74 five years of publication, at which point, this document should be considered expired.

75

76 Pathophysiology of Type B Aortic Dissection

77

78 The etiology of aortic dissections is thought to be related to an underlying weakness in the aortic media
79 aggravated by an intimal tear, ruptured vaso vasorum (intramural hematoma) or a ruptured
80 atherosclerotic plaque/ulcer (12). The location of the primary entry tear and the extent of aortic
81 propagation determine the clinical course of acute aortic dissection. Following an initial aortic wall
82 injury at the intimal/medial level, propagation can occur proximally and/or distally (13). Although the
83 primary entry tear can usually be allocated to an aortic segment, the proximal/distal propagation and
84 extent of aortic involvement determine the disease classification (whether Stanford or DeBakey), clinical
85 course, and management (14, 15).

86 Traditionally, a primary entry tear in the descending aorta at or beyond the left subclavian artery (LSA)
87 with propagation limited by the LSA proximally has been classified as a Stanford type B or DeBakey type
88 III aortic dissection. The supra-aortic branches often act as an anatomical barrier limiting retrograde
89 propagation. If an entry tear is located in the aortic arch proximal to the LSA (and may extend further
90 retrograde into the aortic arch but not into the ascending aorta) it is designated a non-A-non-B
91 dissection (16), if it extends further retrograde into the ascending aorta it is a retrograde Stanford type A
92 or retrograde DeBakey I dissection (13, 17, 18).

93 The Society for Vascular Surgery (SVS) and the Society of Thoracic Surgeons (STS) have defined a new
 94 classification system that provides a nomenclature to facilitate the description and the reporting of
 95 aortic dissection (16). According to this classification system, type A describes any aortic dissection with
 96 an entry tear in zone 0. Type B aortic dissection includes any aortic dissection with an entry tear in zone
 97 1 or a more distal aortic zone. In addition to being identified as type B, the dissection is further
 98 classified with two subscripts B(p,d) describing the most proximal zone of involvement (p) and the most
 99 distal zone of involvement (d) (Figure 2). For example, a TBAD with an entry tear in zone 4 with
 100 retrograde extension to the mid aortic arch and antegrade extension to just above the aortic bifurcation
 101 would be described as B(2,9). Furthermore, TBAD acuity is defined as 1.) complicated, 2.) high risk, or 3.)
 102 uncomplicated. (table 1)

103 Table 1: Aortic Dissection Acuity

Uncomplicated
No rupture
No malperfusion
No high-risk features
High risk
Refractory pain
Refractory hypertension
Bloody pleural effusion
Aortic diameter >40 mm
Radiographic only malperfusion
Readmission
Entry tear: lesser curve location
False lumen diameter >22 mm
Complicated
Rupture
Malperfusion

104

105

106 Malperfusion occurs when a dissection compromises blood flow to an end-organ. An increased
 107 incidence of malperfusion has been reported when the primary entry tear originates in angulated aortic

108 segments, such as the distal aortic arch or the proximal descending aorta (5, 13-15). Distal propagation
109 of the false lumen in the descending aorta may cause true lumen collapse resulting in visceral, renal,
110 spinal, and/or extremity malperfusion (14, 19). A “malperfusion syndrome” refers to end-organ
111 ischemia of a visceral, renal, lower extremity, brain or spinal cord vascular beds manifesting with a
112 clinically recognizable pathophysiologic change (e.g., bowel ischemia with associated lactic acidosis), in
113 contradistinction to “malperfusion”, which is defined as simply diminished blood flow to the arterial bed
114 of a vital organ by clinical examination (e.g. diminished/asymmetric limb pulse) or radiographic imaging
115 (20). Whether a patient is suffering from malperfusion or malperfusion syndrome is a clinical decision
116 based on a combination of clinical, biochemical, and imaging findings (21).

117 Aneurysmal formation may occur secondary to pressurization and degeneration of the false lumen over
118 time. One hypothesis is that a mismatch between the blood flow into and out of the false lumen may
119 cause increased pressurization of the false lumen. Morphological features that can impact false lumen
120 pressurization include location and size of the primary entry tear as well as the number and size of
121 communications between lumina. High inflow (large intimal tear) and low outflow (small distal tear with
122 few septal fenestrations) can result in high false lumen mean blood pressure and enlargement (22, 23).

123 The fundamental principle of intervention is to exclude the primary entry tear and restore normal blood
124 flow into the true lumen of the aorta and its major branches. Although coverage of the primary entry
125 tear alone is often sufficient, graft, stent, or stent-graft extension may be required to resolve residual
126 true lumen collapse when additional communications exist between lumina. In addition, stent-graft
127 induced new entries (SINE) may further prevent true lumen expansion. In the case of persistent true
128 lumen collapse at the level of visceral arterial ostia further true lumen stabilization with a non-covered
129 stent may be helpful. Additional endovascular treatment of major branches is usually not needed once
130 the aortic true lumen is expanded (24).

131

132 Acute Complicated Type B Aortic Dissection

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134

135 • **Thoracic endovascular aortic repair (TEVAR) is indicated for complicated hyperacute, acute or**
136 **subacute TBADs with rupture and/or malperfusion and favorable anatomy for TEVAR. (Class**
137 **of Recommendation [COR] I, Level of Evidence [LOE] B-NR)**

138 • **Open surgical repair for complicated hyperacute, acute or subacute TBADs should be**
139 **considered for those patients with unsuitable anatomy for TEVAR. (COR IIA, LOE B-NR)**

140 • **Fenestration may be considered for complicated hyperacute, acute or subacute TBADs. (COR**
141 **IIB, LOE C-LD).**

142

143 The chronicity of dissection from the onset of symptoms may impact the risk of morbidity/mortality as
144 well as the efficacy of endovascular therapies (25-27). Aortic dissections are now classified based on
145 time from onset of symptoms as hyperacute (< 24 hours), acute (day 1-14), sub-acute (day 15-90) and
146 chronic (>90 days). Type B aortic dissections are further categorized as “complicated”, “with high risk
147 features” or “uncomplicated” (16). Complicated dissection is characterized by the presence of
148 malperfusion syndrome or rupture. High risk features may include refractory pain, refractory
149 hypertension, bloody pleural effusion, aortic diameter >40 mm, imaging evidence of malperfusion, entry
150 tear on lesser curvature or false lumen >22 mm. Uncomplicated TBADs do not have evidence of
151 rupture, malperfusion syndrome or high-risk features.

152 Branch-vessel obstruction causing malperfusion syndromes may be dynamic, static, or a combination of
153 both. With dynamic obstruction, hemodynamic forces such as increased false lumen pressurization can
154 shift the position of the dissection septum/flap during systole causing temporary obstruction thus

155 decreasing the amount of branch vessel true lumen flow (Figure 3). Dynamic branch vessel compromise
156 can be transient or intermittent, and anti-impulse therapies can mitigate the septal shift and improve
157 true lumen flow. Static obstruction of branch vessels results from a false lumen markedly compressing
158 the true lumen at or near the ostium with no distal fenestration/reentry tear, intussuception of the flap
159 into the ostium, or false lumen associated thrombus formation that creates static obstruction (Figure 3).
160 These differing etiologies (static, dynamic, or both) of malperfusion have implications for successful
161 treatment of end-organ ischemia. Among patients with malperfusion syndrome, 80% have dynamic
162 obstruction (28). In these cases, TEVAR with coverage of the primary tear and any other major
163 communications between the TL and FL may reverse the malperfusion by restoring sufficient blood flow
164 into the TL.

165 Approximately 20% of patients with acute TBAD will have a malperfusion syndrome with 5-7% having
166 visceral ischemia (29, 30). In the International Registry for Aortic Dissection (IRAD) data, visceral
167 ischemia was strongly associated with in-hospital mortality of 30.8% vs 9.1% without ischemia (Odds
168 ratio 3.33, $p < 0.0001$) (30). Type B aortic dissection with malperfusion is increasingly treated with
169 endovascular therapies; from 35% in the early IRAD era 1996-2001 to 68% in the later IRAD era 2008-
170 2013. Attendant with this shift, open surgery decreased from 47% to 18% (30). Mortality in the context
171 of visceral ischemia was similar between open and endovascular repair (25.8% vs 25.5%, p non-
172 significant).

173 TEVAR can expeditiously control a rupture or cover the primary entry tear to restore true lumen flow
174 resulting in reduced ischemic time and improvement of outcomes over medical management alone or
175 combined with open surgery (31-48). Collectively, accrued data demonstrates improved outcomes with
176 TEVAR for complicated type B aortic dissection compared to open surgery or medical therapy alone.
177 Consequently, TEVAR has become the first line treatment for complicated type B aortic dissection (49-

178 54). However, the success of TEVAR alone to re-establish arterial end organ flow is dependent on the
179 underlying etiology of the malperfusion. Several published series have described endovascular
180 management of complicated TBAD, but few reports specifically detail the management or outcomes for
181 the subset of patients with visceral malperfusion syndromes. Of those studies that detail malperfused
182 regions, the proportion of visceral malperfusion ranges from 7.6-60% (38, 55-60). Two series reported
183 no need for adjunctive branch stenting or fenestration, but of these, one reported a post-TEVAR colon
184 resection (55) while the other reported a death at postoperative day 11 from persistent visceral
185 ischemia (57). A report from two high-volume European centers described 41 complicated TBAD
186 patients, with an overall 41% branch vessel stenting rate. Nearly a quarter (23.5%, n=4) of those with
187 visceral malperfusion had branch stenting or fenestration. The 30-day mortality rate was 17.1% with
188 two deaths due to bowel infarction, and 3 patients underwent bowel resection without further visceral
189 revascularization (58). Three other series of complicated TBAD reported overall adjunctive branch
190 stenting rates of 13.7-22% including visceral branches and no cases of bowel resection or bowel-related
191 mortality (38, 56, 59). In the most recent IRAD report, of the 51 acute TBAD patients with visceral
192 ischemia, 63% underwent TEVAR, 31% underwent fenestration, and 33% underwent branch vessel
193 stenting (30).

194 The University of Michigan group has reported their series of 182 patients using branch stenting and
195 fenestration (without TEVAR) as the primary strategy for acute TBAD complicated by malperfusion
196 syndrome (i.e. without rupture) (61). The rationale is that this strategy can treat both dynamic and
197 static obstruction while avoiding the risks of TEVAR (i.e., retrograde type A dissection, neurologic
198 complications of stroke and spinal cord ischemia, graft infection in the setting of necrotic tissue, and
199 coverage of the LSA). This approach was first described to mitigate the high operative mortality of acute
200 TAAD dissection with visceral ischemia. The mechanism by which this strategy works is to introduce a re-
201 entry tear into the distal aorta and stabilize the flap motion to prevent dynamic obstruction. Any

202 residual static branch vessel obstruction is then treated by branch artery stenting. Over a 22 year period
203 (1996-2018), the Michigan group reported a 7.7% mortality (no deaths in the last 8 years) and 0%
204 paralysis By “converting” acute TBAD with malperfusion to anatomic features associated with
205 uncomplicated TBAD, there remains a persistent risk for aortic rupture and growth, unlike that seen
206 when using TEVAR which can not only address the malperfusion, but treat the thoracic aorta. Indeed,
207 reintervention rates for the fenestration and stenting approach have been reported as 21% at 5 years
208 and 31% at 10 years (61). These concerns, as well as a lack of expertise with successful fenestration has
209 limited widespread adoption in many centers. Stent-assisted balloon-induced disruption and
210 relamination in aortic dissection (STABILISE technique) has shown promising early results in achieving
211 complete repair of the dissected aorta by inducing complete false lumen obliteration in several small
212 series of patients (62, 63).

213

214 Uncomplicated Type B Aortic Dissection

215

- 216 • **A stepwise approach to the evaluation and treatment of acute/subacute uncomplicated TBAD**
217 **should be applied that includes identification of the primary entry tear site location, defining**
218 **the proximity and distance of the dissection to the LSA, calibration of the maximum**
219 **orthogonal aortic diameter, and confirmation of the lack of any organ malperfusion or other**
220 **indications of complicated disease. (COR I, LOE B-NR)**
- 221 • **Optimal medical therapy is the recommended treatment for patients with uncomplicated type**
222 **B aortic dissection. (COR I, LOE B-NR).**
- 223 • **Prophylactic TEVAR may be considered in patients with uncomplicated type B aortic**
224 **dissection, to reduce late aortic-related adverse events and aortic-related death. (COR IIB,**
225 **LOE B-NR)**

- 226 • **Close clinical follow-up after hospital discharge is recommended for patients presenting with**
227 **acute TBAD. (COR I, LOE B-NR)**

228

229 Type B aortic dissection has been regarded as having a more benign natural history compared with
230 TAAD (24). OMT implies sustained anti-impulse therapy for control of both hypertension and heart rate
231 while also limiting the maximum change in left ventricular pressure during early systole (i.e. maximum
232 dP/dt.) (39, 64-67). Maintaining blood pressure $\leq 120/80$ mmHg and heart rate < 70 beats per minute are
233 optimal. Alpha- and beta-blockers are useful primary agents. Once heart rate control is established,
234 angiotensin converting enzyme (ACE) inhibitors, angiotensin receptor blockers (ARB) and/or
235 dihydropyridine calcium channel blockers may also be useful (68-71). However, close surveillance has
236 shown that over time a high percentage of patients with TBAD will experience subsequent sequelae
237 resulting in death or requiring intervention (11). Single center, clinical trial and registry data have
238 reported aneurysmal degeneration rates in excess of 70% (43) and mortality rates approaching 25-30%
239 at 3-5 years (27, 43, 72, 73). Aneurysmal aortic degeneration is the prominent indication for intervention
240 in the chronic phase of the disease (51). The presence of certain morphologic features (size and location
241 of luminal tear or fenestrations) and compliance with OMT are associated with the development of
242 complications requiring subsequent intervention (14, 19, 74, 75).

243

244 [TEVAR vs. OMT for uncomplicated TBAD](#)

245

246 **INSTEAD trial.** The INvestigation of STEnt Grafts in Aortic Dissection (INSTEAD trial) prospectively
247 compared prophylactic TEVAR plus OMT to OMT alone in patients with uncomplicated type B aortic
248 dissection who were stable for the first 2 weeks from onset of symptoms. Between 2 and 52 weeks
249 (subacute and chronic phase) study patients were randomized to one of the two therapeutic cohorts.

250 The primary endpoint was all cause mortality at 2 years. Secondary endpoints were aorta related death
251 and a composite of progressive aortic pathology and morphologic evidence of aortic remodeling (true-
252 lumen recovery or false-lumen shrinkage and false-lumen thrombosis). Although there was favorable
253 aortic remodeling in the TEVAR/OMT cohort (91.3%) compared with the OMT cohort (19.4%), there
254 were no differences in the primary endpoint--all-cause mortality or aorta related mortality at 2 years.
255 The trial and its design were criticized for being underpowered, the measured outcome time too short,
256 and the crossover rate from OMT to TEVAR/OMT too high (16.2%) (66). Notwithstanding these
257 criticisms, the patients were subsequently followed out to 5 years (INSTEAD-XL). At 5 years,
258 TEVAR/OMT was associated with improved aorta-specific survival and delayed disease progression,
259 although these outcome measures were established post hoc (27).

260

261 **ADSORB trial.** The ADSORB trial (Acute Dissection Stent Grafting or Best Medical Treatment) compared
262 OMT to OMT plus TEVAR in patients with acute, uncomplicated TBAD. The primary endpoint was a
263 combination of incomplete/no false lumen thrombosis, aortic dilatation, or aortic rupture at 1 year. The
264 conclusion was that remodeling with thrombosis of the false lumen and reduction of its diameter was
265 induced by stent grafting, but long-term outcome comparisons are needed. These longer-term
266 endpoints have not yet been reported (76).

267 Recognizing the significant methodological limitations of these two randomized trials, other
268 observational studies are also relevant. For example, Iannuzzi et al. compared 8,717 OMT patients with
269 266 patients who underwent TEVAR and 182 patients who underwent open surgery. Five-year survival
270 was 59.8% in OMT patients, 66.7% for those undergoing open surgery, and 75.9% in TEVAR patients
271 [TEVAR vs. OMT hazard ratio (HR)]: 0.68; 95% confidence interval (CI), 0.55 - 0.83; $p < 0.01$). Patients
272 were not matched in this analysis, with TEVAR and surgery patients being significantly younger and

273 healthier than OMT patients. Further, the median duration of follow-up for TEVAR patients was only 1.5
274 years (77).

275 Similarly, Qin et al compared 154 OMT patients and 184 TEVAR patients and found a favorable five year
276 survival estimate in TEVAR patients (89.2% vs. 85.7%; log rank $p = 0.01$) (78). The study of 4,706 patients
277 by Shah et al focused on safety outcomes showed no significant difference in 30 day mortality between
278 groups, but TEVAR patients were at a 61% increased odds of stroke [8.1% vs. 4.6%; odds ratio (OR)]:
279 1.61; 95% CI, 1.14-2.27; $p = 0.0073$) (79).

280 Some caution is warranted in interpreting these studies, as treatment selection was not randomized,
281 and potential confounding variables were not accounted for apart from age in the report by Shah et al.

282

283 [Natural History of Uncomplicated Type B Aortic Dissection](#)

284 After the acute phase, the dissection flap stiffens and the dissection transitions into its chronic phase.
285 The stiff, scarred dissection flap renders the aorta less responsive to false lumen compression and true
286 lumen expansion by subsequent TEVAR in the chronic phase, and thus TEVAR may be less effective in
287 imparting favorable remodeling as has been observed in the acute and subacute phases (54, 80-83).
288 However, it is rare that complications such as malperfusion or retrograde propagation of the dissection
289 occur in the aortic arch occur in the chronic phase. Progressive aortic dilatation is the most common
290 sequela during the chronic phase. Proponents of TEVAR in the acute and subacute phases argue that
291 earlier intervention may mitigate the incidence of aneurysmal progression during the chronic phase (19,
292 63).

293

294 [Treatment Paradigm for Acute Uncomplicated Type B Aortic Dissection](#)

295 OMT is the current standard of care treatment for all patients with uncomplicated type B aortic
296 dissection. A thorough morphological analysis of the aortic imaging enables identification of patients
297 with high-risk features who may benefit from early TEVAR in addition to OMT. The INSTEAD-XL trial
298 provides the best available evidence supporting TEVAR plus OMT as outlined above. Thus, in stable type
299 B dissection with suitable anatomy and high-risk features, preemptive TEVAR may be considered to
300 improve late outcome (27).

301

302 Morphologic Features Posing Higher Risk of Late Sequelae

303

304 A primary entry tear location at the greater curve of the distal arch may portend a higher risk of
305 malperfusion and delayed aneurysmal dilatation (13, 14, 19). Proximity of the primary entry tear to the
306 LSA ostium also appears to impact the development of complications during the initial 14 days after
307 onset of symptoms, where a shorter distance to the LSA ostium is associated with higher risk (15, 19, 84,
308 85).

309 An initial total aortic diameter greater than or equal to 40mm or an initial FL diameter greater than or
310 equal to 22mm have each been identified as independent predictors of subsequent aneurysmal
311 progression (14, 39, 86). The number and size of fenestrations (tears) between the true and false
312 lumens in the thoracoabdominal aorta may be predictive of aneurysmal dilatation over time. Even after
313 TEVAR, a large secondary or reentry tear distal to the TEVAR, e.g., a distal stent-graft induced new entry
314 (SINE), can predict subsequent thoracoabdominal dilatation (22, 87). Partial (incomplete) FL thrombosis
315 has also been identified as an independent predictor of adverse outcome in TBAD (23).

316 Table 1: Morphologic Features Posing High Risk of Late Sequelae

Primary entry tear at greater curve of distal arch
Short proximity of entry tear to LSA ostium
Initial aortic diameter \geq 40mm
Initial false lumen diameter \geq 22 mm
Number/size of fenestrations between true and false lumen
SINE
Partial false lumen thrombosis

317

318

319 [Risk of Retrograde Type A Aortic Dissection](#)

320 In uncomplicated TBAD, prophylactic TEVAR aims to prevent anticipated late adverse aortic events.

321 However, delayed retrograde TAAD following TEVAR for TBAD is a recognized potentially lethal

322 complication with an incidence of 1.3-11% (88-92). Risk factors for retrograde TAAD after TEVAR include

323 stent graft oversizing, use of proximal bare spring-stent graft, aortic arch dilatation, a proximal tear site

324 within the arch, notable "bird's beaking (failure of apposition of the proximal end of the stent graft at

325 the lesser curve), and stent graft landing proximal to the LSA (88-93). The frozen elephant trunk

326 procedure (FET) has been applied in patients with TBAD qualifying for treatment and at high risk for

327 retrograde TAAD. This approach has been used for a carefully selected subgroup of patients at high risk

328 for a proximal type 1 endoleak or rTAAD (94).

329

330 Chronic Type B Aortic Dissection

331

332 • **Open surgical repair should be considered for patients with chronic TBAD with indications for**
333 **intervention unless comorbidities are prohibitive or anatomy is not suitable for TEVAR. (COR**
334 **IIA, LOE B-NR)**

335

336 • **TEVAR is reasonable for patients with chronic TBAD with an indication for intervention with**
337 **suitable anatomy (adequate landing zone, absence of ascending or arch aneurysm) but are at**
338 **high risk for complications of open repair due to comorbidities. (COR IIA, LOE B-NR)**

339

340 • **TEVAR alone as sole therapy is not recommended in patients with chronic TBAD who have a**
341 **large abdominal aortic aneurysm, an inadequate distal landing zone, and/or large distal re-**
342 **entry tears (COR III: No benefit, LOE C-LD)**

343

344 Indications for Intervention

345

346 Indications for elective intervention in the chronic setting include aneurysmal dilatation (total \geq 55-60
347 mm), increasing rate of diameter (>10 mm/year), and/or symptoms (pain, malperfusion) (95-98). Acute
348 re-dissection or rupture (i.e. acute aortic syndrome) presentation should invoke intervention as
349 appropriate for acute aortic dissection.

350

351 Treatment: Open

352

353 Patients with aneurysmal degeneration of a chronic TBAD typically have involvement extending through
354 the visceral segment of the aorta (DeBakey type IIIB) and often into the iliac vessels as well (zone 10).

355 The portion of aorta affected by aneurysm may involve the entirety of the thoracoabdominal aorta or be
356 limited to the more proximal descending aorta.

357 In open thoracoabdominal aortic operations, chronic dissection *per se* has not been shown to be a
358 specific risk factor for stroke or paraplegia when compared to non-dissected aneurysms (99). While a
359 staged approach to repair has been shown to reduce neurologic complications by reducing ischemia to
360 the spinal cord (100), performing a limited descending replacement for aneurysm and leaving distal
361 dissected aorta in the thoracoabdominal aorta leaves the patient vulnerable to further aneurysmal
362 degeneration. The endovascular options for treating dissected aneurysms of the thoracoabdominal
363 aorta are still quite limited by access and anatomy. When choosing an open approach, there are limited
364 data to guide options about extent of repair. Pujara and colleagues showed reasonable early outcomes
365 (8% mortality) and poor late outcomes (47-51% event-free 5-yr survival) after descending or
366 thoracoabdominal repairs for chronic TBAD (101).

367 These operations are performed similarly to what has been described for aneurysm alone (102, 103)
368 with some additional considerations given the morphologic changes caused by aortic dissection. The
369 operation is usually performed with cardiopulmonary bypass support (hypothermic circulatory arrest or
370 partial left heart bypass), and cerebrospinal fluid drainage (4). The decision about type and conduct of
371 cardiopulmonary bypass support may be based on surgeon preference or the ability to cross-clamp the
372 aorta proximal to the dissection which most often originates at the LSA. Reimplantation of segmental
373 intercostal branches may be difficult since the dissection can often involve or compromise the
374 intercostal arterial ostia. Similarly, dissection which involves visceral branch vessels may make
375 reconstruction more complex or require distal aortic or ostial branch vessel fenestration. Direct
376 bypasses to the visceral and renal vessels may reduce the risk of late visceral patch dilatation (104).

377 TEVAR

378

379 For the treatment of chronic type B aortic dissection (TBAD) with aneurysmal degeneration, TEVAR is
380 less invasive and may potentially reduce peri-procedural morbidity and mortality. However, the mid-
381 and long-term fate of the aorta and need for aortic reintervention are of particular concern for chronic
382 TBADs treated with TEVAR (105). The dissection flap, which is thin and dynamic in the acute setting,
383 becomes fibrotic, thickened, and less mobile over time. These changes in flap characteristics may
384 adversely affect the ability to fully expand a stent graft and consequently the true lumen, leading to
385 persistent false lumen (FL) flow and reduced capacity for aortic remodeling. (Figure 4) TEVAR for
386 chronic dissection may facilitate subsequent, more limited thoracoabdominal repair as a staged
387 completion with extension from the distal end of a TEVAR (106-108).

388 There are no published randomized trials comparing open surgery with TEVAR for chronic TBAD. Two
389 institutional studies retrospectively compared contemporaneous open and TEVAR cohorts for TBAD
390 only. Of these, a propensity-score matched analysis found no difference in rates of spinal cord injury,
391 renal replacement therapy, 30-day mortality, or 5-year survival. Treatment efficacy, defined as freedom
392 from aortic rupture or reintervention, was superior with open therapy (96.7% vs 87.5%, $p=0.025$, hazard
393 ratio 4.6) (109). The second study found a higher incidence of spinal cord injury with open repair;
394 otherwise there were no differences in perioperative morbidity, survival at 1 or 5 years, or a composite
395 outcome of freedom from aortic reintervention, rupture, or aortic-related death at 1 or 5 years (110).

396 Late outcomes reported by TEVAR studies are widely heterogenous with regard to their chosen primary
397 and composite endpoints and may have been impacted by selection bias resulting in dissimilar cohorts
398 (111) (96). When including only patients that had anatomy suitable for TEVAR, freedom from aortic
399 reintervention appears superior with open therapy(89-99% vs 53-87% at 1 year, 79-93% vs 73-78% at 5
400 years), although direct comparisons are currently not available and most TEVAR series did not report
401 outcomes beyond 5 years (102). In a study by Pujara and colleagues, mortality was higher than in other
402 open series, but this population also included 42% of patients undergoing urgent or emergency repair

403 (101). Several TEVAR series report an evolution in technique over the study period, with changes in the
404 extent of aortic coverage, sequence of stent implantation, endograft sizing, and use of tapered grafts
405 that may have also impacted the results (112, 113). Others report a consistently conservative approach
406 of limited aortic coverage (114-116)

407 Additional endovascular approaches have been used as adjuncts to TEVAR to promote late reverse
408 remodeling or to salvage late failures after initial TEVAR. These adjunctive techniques, including
409 ballooning a larger segment of the stent graft (i.e., Knickerbocker technique) (117), uncovered stent-
410 assisted balloon dilatation (i.e., Petticoat technique) (118), false lumen embolization strategies (119),
411 and the use of investigational or homemade branched endograft devices (120) have been performed
412 with reasonable success in single center series with careful patient selection,

413

414 Timing of Intervention

415

- 416 • **In patients with acute uncomplicated TBAD with high-risk features, it may be reasonable to**
417 **consider delaying treatment (beyond 24 hours up to 90 days) with TEVAR to reduce early**
418 **adverse events and to improve late outcomes. (COR IIB, LOE C-LD)**

419

420 Patients without frank or contained rupture, severe clinical or radiological malperfusion and/or other
421 higher risk features who are stable enough to wait for intervention, may benefit from delayed TEVAR
422 from beyond 24 hours up to as many as 90 days (121-124), due to a lower risk of peri-procedural
423 complications. Miyairi et al. showed that hyperacute patients had significantly higher in-hospital (14.9%
424 vs. 0% acute vs. 2.8% subacute; $p < 0.001$) and 30 day mortality than either the acute or subacute groups
425 (11.9% vs. 0% vs. 1.7%; $p < 0.001$) (124). Interpreting these studies collectively requires an

426 understanding that different indications were used for intervention across the hyperacute and other
427 groups. Regardless, these data underscore the value of interval surveillance imaging to identify
428 impactful aortic changes. Change in aortic morphology (expanding diameter > 4 mm, new onset of
429 periaortic hematoma, and/or hemothorax), were found to be associated with poorer prognosis in the
430 subacute phase (39). Optimal timing of TEVAR for patients with TBAD should be individualized according
431 to the presenting or evolving clinical and/or radiological features (125).

432

433 Connective Tissue Disorders

434

435

- 436 • **Open surgical repair over TEVAR is reasonable for more durable treatment in patients with**
437 **connective tissue disorders and TBAD who have progression of disease despite optimal**
438 **medical therapy. (COR I, LOE B-NR)**
- 439 • **TEVAR is reasonable in patients with connective tissue disorders with acute complicated**
440 **TBADs and anatomy favorable for TEVAR as a bridge to delayed open reconstruction. (COR IIA,**
441 **LOE C-LD)**

442

443 Connective tissue disorders, including Marfan, Loeys-Dietz, and Ehlers-Danlos type IV syndromes, are
444 characterized by genetic mutations resulting in inherent deficiencies in the strength of the connective
445 tissues, including the aorta (126-129). Marfan syndrome is the most common connective tissue disease
446 that effects the aorta with an incidence of 1 in 5000 individuals. Patients afflicted with connective tissue
447 disorders are more prone to develop and die from aneurysms and dissections of the aorta (130). Data to
448 guide management recommendations for patients with connective tissue disorder who present with

449 acute TBAD is generally limited to subgroup analyses from patient cohorts that are largely without
450 connective tissue disorders.

451 According to IRAD, patients with Marfan syndrome represent less than 5% of all patients with acute
452 aortic dissection, including 4% of acute TBAD (24). In another analysis of IRAD data, Marfan patients
453 with acute TBAD were younger (40.3 ± 12.9 yrs vs. 64.3 ± 13.7 yrs) relative to those without a connective
454 tissue disorder (131). The 94 Marfan patients in the study presenting with acute TBAD were less likely to
455 be treated with only OMT (50% vs. 62.6%), more likely to be treated with open surgery (28.7% vs. 9.7%),
456 and equally likely to be treated with endovascular therapy (19.1% vs 25.3%) compared to a cohort of
457 patients without Marfan syndrome. Freedom from re-intervention was significantly worse in the
458 Marfan patients (44.7% vs. 81.5%, $p < 0.001$).

459 Among the subgroups of patients with connective tissue disorders who present with TBAD, those with
460 Ehlers-Danlos and Loeys-Dietz syndromes have the highest risk of morbidity and mortality both with and
461 without interventional therapy (132, 133). They experience rapid progression and high complication
462 rates that justify extremely careful planning for operative or endovascular intervention.

463 Optimal medical treatment of patients with Marfan syndrome has been considered vital to decreasing
464 the rate of aortic growth and the risk of dissection. Although beta-blockers have been considered
465 primarily indicated for patients with Marfan syndrome (134), angiotensin receptor blockers appear
466 equally effective as beta-blockers in young adults and children with Marfan syndrome (4, 135-138). In
467 Marfan patients with acute TBAD, optimal medical therapy was equally effective in preventing in
468 hospital mortality compared with non Marfan patients (4.3% vs. 7.8% $p = 0.576$) (131).

469 In one retrospective study, Marfan patients with acute type B dissections had significantly better
470 survival and freedom from morbidity than non Marfan patients treated with surgery (131). Of the 27
471 Marfan patients who were treated with open surgery, there were no deaths (0%) compared with a

472 17.6% mortality with open surgery in the non Marfan patients ($p = 0.011$). Neurological complications
473 did not significantly differ between groups (7.7% vs. 13.3%, $p = 0.542$).

474 Data regarding the use of TEVAR to treat connective tissue disorder patients with type B aortic
475 dissection is limited to data registries and small series. Pacini et al. performed a comprehensive review
476 of 5,572 studies to assess the early and late results of TEVAR in Marfan patients with acute and chronic
477 type B aortic dissection revealing 12 citations with data on 54 patients (acute $n=11$ and chronic $n=43$)
478 (139). The procedural incidence of mortality, stroke, and paralysis were all 1.9%. The need for open
479 surgical conversion was 5%. The overall rate of endoleak was 22% (type I 16%, type II 4%, type III 2%),
480 occurring in 12% of acute patients and 31% of chronic patients. At a median follow-up of 2.5 years, the
481 mortality rate was 13% in this group of patients with an average age of 41 years.

482 The risk of retrograde TAAD during or after TEVAR for TBAD is reportedly higher in Marfan patients
483 (140). Dong et al. reported on 443 patients with acute TBAD treated with TEVAR of whom 11 patients
484 developed retrograde TAAD. Of the six Marfan patients in that series, 3 of 4 patients who did not have a
485 previous ascending aortic graft developed a retrograde TAAD. Two of the three patients died, and the
486 remaining patient was lost to follow-up. In the European Registry on Endovascular Aortic Repair
487 Complications, 83% of the reported retrograde TAAD occurred in patients treated for either acute or
488 chronic TBAD, of which there was a relatively high proportion of Marfan patients (92). It has been
489 suggested that use of endovascular therapy for TBAD in patients with Marfan's syndrome is best
490 considered only when previous graft replacement of the aorta allows for a safe proximal landing zone
491 (123).

492 The National Registry of Genetically Triggered Thoracic Aortic Aneurysm and Cardiovascular Conditions
493 (GenTAC) reported on 22 TBAD patients treated with TEVAR which included 10 patients with genetically
494 triggered aortic disease (Marfan $n=7$, Loeys-Dietz $n=1$, Ehlers-Danlos $n=1$, mutation in the ACTA2 gene

495 n=1) (141). Retrograde TAAD occurred in 3 patients (25%). Forty-two percent of the patients required re-
496 intervention at a median follow-up of 7 months.

497 Eid-Lidt reported that among 10 Marfan patients treated with TEVAR for chronic TBAD, at a median
498 follow-up of 59.6 months, endoleaks occurred in 44.4% and re-intervention was required in 33.3% (142).
499 One patient died of aortic rupture at 5 days and another died 9 months post procedure. Ince reported
500 the use of TEVAR in 6 Marfan patients with type B aortic dissection of whom 5 had undergone previous
501 ascending aortic replacement (135). There was technical success in all six patients, however, remodeling
502 and resolution of the dissection occurred in only 2 patients. Two patients required subsequent elective
503 open surgical reconstruction and was being considered in a third. One patient died.

504 Stent graft–induced new entry (SINE) tears are more common in Marfan patients treated with TEVAR.
505 Dong reported the incidence of SINE was 10 times higher in Marfan patients with type B dissection
506 compared with non Marfan patients (33.33% vs. 3.26%) (143). Weng reported 5 of 8 patients with
507 Marfan syndrome treated by TEVAR for TAAD or TBAD developed SINE (62.5%) (144).

508 In Marfan patients with previous proximal aortic surgery, TEVAR has been successfully used to treat
509 TBAD (145, 146). Botta reported 100% procedural success in 12 Marfan patients (acute n=5 and chronic
510 n=7) with no deaths or strokes. At a median follow-up of 31 months one patient underwent open
511 surgery and two other patients had distal extension of their dissection. Waterman reported the results
512 of 16 Marfan patients with previous open ascending and/or arch replacement who underwent TEVAR
513 for descending aortic pathology. Seven patients (44%) had primary treatment failure (type I endoleak
514 n=3, persistent false lumen flow n=1, retrograde dissection n=1, rupture n=1, type II endoleak n=1).

515 The incidence of late conversion for open surgery after TEVAR is relatively high in patients with
516 connective tissue disorders. Among a multicenter registry of 421 patients (Marfan=15) with a median
517 follow-up of 17 months, one third of Marfan patients required stent graft explant (147). Similarly,

518 Spiliotopoulos et al. reported 16 of 45 patients who developed complications of previous TEVAR had
519 connective tissue disorders (Marfan n=14, Loeys-Dietz n=2) (148).

520

521 Spinal Cord Protection Adjuncts to TEVAR

522

523

524 • **Revascularization (open surgical or endovascular) of the LSA following TEVAR coverage that**
525 **obstructs antegrade LSA flow is recommended to decrease the risk of spinal cord ischemia**
526 **(SCI) (COR I, LOE B-NR).**

527

528 • **It is reasonable to establish CSF drainage in Type B Dissection patients undergoing TEVAR if**
529 **they are at increased risk for SCI (e.g. coverage >20cm or within 2cm of the celiac artery origin**
530 **or other risk factors) and time permits (i.e. non-emergent circumstances). (COR IIA, LOE B-NR)**

531

532 • **It is reasonable to establish CSF drainage in Type B Dissection patients that develop symptoms**
533 **of paraparesis/paraplegia (COR IIA, LOE B-NR).**

534

535

536 Spinal Cord Blood Supply

537

538 Spinal cord ischemia (SCI) represents one of the most devastating complications of thoracic aortic

539 disease. SCI occurs in up to 5.8% of intervention patients in large TEVAR registries, including 4.1% in

540 chronic aneurysmal TBAD, 5.3% in acute TBAD and 5.8% in intramural hematoma (149-152). Increased

541 stent graft coverage of the descending thoracic aorta (>200 mm) and distal coverage within 20 mm of

542 the celiac artery have been implicated as risk factors for SCI (153). Other identified risk factors for SCI
543 with TEVAR include age, COPD, hypertension, emergency, heart and kidney disease and prior aortic
544 surgery (152, 154). The spinal cord collateral network can be impaired by coverage of the LSA or
545 hypogastric artery or by prior abdominal aortic surgery, increasing the risk of SCI (150, 152, 155).
546 Permanent SCI has predictably devastating consequences on long-term mortality (as high as 75% at one
547 year in TEVAR patients that show no neurologic improvement after SCI) (152, 156).

548 The spinal cord blood supply consists of longitudinal arterial trunks, as well as segmental arteries (157-
549 161). In >90% of people, the anterior spinal artery diminishes in size as it descends caudally (162) and
550 requires additional arterial supply via the radiculomedullary branches of the segmental arteries. This
551 accounts for the fact that the lower thoracic or thoracolumbar spinal cord is at risk during open
552 descending thoracic and thoracoabdominal aortic repair. As such, the arterial supply to the spinal cord
553 originates from only a few of the segmental arteries. Further, the number of segmental arteries
554 supplying the paired posterior spinal arteries far exceeds those supplying the unpaired anterior spinal
555 artery, which accounts for susceptibility of the anterior cord to ischemic insult with aortic repair.

556 The most important branch vessel feeding the anterior spinal artery is the great anterior
557 radiculomedullary artery, also known as the artery of Adamkiewicz (AKA). This artery, which can be
558 identified preoperatively using high-resolution computed tomography angiography (CTA) (161, 163),
559 forms a characteristic "hairpin" loop when it reaches the anterior spinal artery. An important anatomic
560 feature of the AKA is that it typically (85%) arises from the left side of the thoracoabdominal aorta and
561 that the level of origin may be as high as T5 or as low as L2. Therefore, the AKA may arise along nearly
562 the entire length of the aorta involved in an extent II thoracoabdominal repair. The origin is most
563 commonly between T9-L2 (75% of cases), T5-T8 (15% of cases), and L1-2 (10% of cases) (160). Most
564 (74%) people have only one AKA, but 26% of patients may have 2 or even 3 AKAs (164). Importantly, the
565 LSA represents the primary source of collateral pathways to the AKA outside of the spinal column, via

566 the thoracodorsal and internal thoracic arteries, which provides basis for adjunctive LSA
 567 revascularization during TEVAR (165). Other important collateral sources include segmental arteries
 568 distal to the segmental artery feeding the AKA, the hypogastric arteries, and the left external iliac artery
 569 (Figure 5) (166).

570

571 [Left Subclavian Artery Revascularization](#)

572

573 Table 2: Indications for LSA Revascularization Prior to Zone 2 TEVAR

Society for Vascular Surgery Guidelines (167)	European Society for Vascular Surgery Guidelines (168)	Additional Considerations (169)
Presence of left internal thoracic artery bypass graft	In patients at risk for neurological complications	Left vertebral artery originating directly from the arch
Termination of left vertebral artery at posterior inferior cerebellar artery or other discontinuity of vertebrobasilar collaterals		
Functioning arteriovenous dialysis fistula in left arm		
Prior infra-renal aortic repair with occlusion of lumbar and middle sacral arteries		
Planned long-segment (20 cm)		

coverage of the descending thoracic aorta where critical intercostal arteries originate		
Hypogastric artery occlusion		
Presence of early aneurysmal changes that may require subsequent therapy involving the distal thoracic aorta		

574

575 As highlighted in a recent Cochrane review (170), there are currently no randomized, controlled trials
576 examining LSA revascularization following zone 2 TEVAR, although non-randomized evidence exists to
577 support LSA revascularization as a means to prevent SCI with mechanistic explanations of such benefit.
578 A recent meta-analysis (151) of sixteen cohort studies containing a total of 2591 zone 2 TEVAR patients
579 found that LSA revascularization was associated with a significantly lower perioperative stroke rate (RR
580 0.61; 95% CI 0.45-0.82; $I^2 = 20\%$) and SCI rate (RR 0.59; 95% CI 0.39-0.90; $I^2 = 0\%$) and recommended
581 consideration of revascularization for patients with LSA coverage during TEVAR. Another smaller meta-
582 analysis (171) of five observational studies and 1161 patients found an OR of 0.56 ($p=0.09$) for SCI
583 following zone 2 TEVAR in patients with versus without revascularization. The data in that analysis did
584 not support LSA revascularization for stroke prevention, and other large datasets including the National
585 Surgical Quality Improvement Program registry (172) and prior meta-analyses (173-175) have found no
586 benefit with regard to stroke prevention for LSA revascularization in patients undergoing zone 2 TEVAR,
587 perhaps due to the fact that strokes during zone 2 TEVAR are generally embolic in nature (169).

588 Currently available techniques for LSA revascularization in conjunction with TEVAR include surgical
589 carotid-subclavian bypass (176), carotid-subclavian transposition (177), carotid-axillary bypass (178), as
590 well as endovascular techniques including chimney grafts, scallops, fenestrated grafts, and branched
591 grafts (179). Surgical revascularization techniques are associated with not insignificant risks of phrenic
592 and recurrent laryngeal nerve palsy (176), although these risks may be decreased with carotid-axillary
593 bypass (178) due to avoidance of any manipulation in the vicinity of the phrenic nerve. Carotid-
594 subclavian transposition should be avoided in patients with a patent pedicled left internal mammary
595 artery bypass graft due to the risk of myocardial ischemia during the mandatory period of proximal LSA
596 clamp with this procedure (178). Although limited long-term data are available, late revascularization
597 patency may be superior with carotid-subclavian transposition (177) as compared to the bypass
598 techniques (176, 178). Recent data from the SVS Vascular Quality Initiative (179) comparing open
599 surgical and endovascular LSA revascularization techniques in 837 patients during zone 2 TEVAR found
600 similar perioperative outcomes for open versus endovascular revascularization. Long term comparative
601 effectiveness data is currently lacking.

602

603 Cerebrospinal Fluid (CSF) Drainage in TEVAR for Type B Dissection

604

605 In effort to maintain collateral flow to the spinal cord and prevent SCI, various adjuncts have been
606 utilized during TEVAR deployment including: LSA revascularization, permissive hypertension and CSF
607 drainage. Spinal cord perfusion pressure (SCPP) is dependent on the systemic mean arterial pressure
608 minus the pressure within the spinal canal ($SCPP = MAP - ICP$) (180, 181). Drainage of CSF allows for
609 optimizing SCPP as SCI can manifest immediately or days after an ischemic insult (181-183). Many
610 patients with delayed presentation of paraparesis can be successfully recovered with re-insertion of CSF
611 drainage and elevating MAP with vasopressors to improve SCPP (181).

612

613 CSF drainage protocols during TEVAR include pre-operative intradural catheter placement in patients
614 with identified SCI risk factors (e.g. large coverage extent > 200 mm, coverage within 20 mm of the
615 celiac artery, prior abdominal aortic aneurysm repair, hypertension, older age, chronic kidney disease,
616 COPD). CSF is intermittently drained as needed to maintain a spinal canal pressure of 10mmHg (or 14cm
617 H2O) for 24 hours or longer, then clamped for an additional 24 hours prior to removal (154). Patients
618 exhibiting signs of SCI can have additional CSF aspirated and/or the drain can be lowered with
619 monitoring for improvement in symptoms. In symptomatic patients the drain can remain in place for an
620 additional 72 hours after stabilization of the neurologic exam (154, 156, 180, 184).

621

622 Data on CSF drainage specifically in TEVAR for TBAD is limited. However, CSF drainage was found in a
623 randomized trial to be beneficial during open repair of thoracoabdominal aortic aneurysms (185).
624 Notably, there is much more lability in blood pressure during open surgery; and a recent protocol in
625 TEVAR patients emphasizing revascularization to assure LSA perfusion, permissive hypertension, motor
626 evoked potential monitoring *and no CSF drainage* resulted in no SCI in 223 patients (186).

627

628 However, other centers have emphasized CSF drains including Mainz et al. who employed CSF drains for
629 TEVAR patients felt to be at higher risk from coverage of two perfusion networks (e.g. intercostal
630 arteries and LSCA) in 116 (52%) of 223 total patients. They found SCI in only 1/116 (0.8%) patient who
631 had CSF drainage compared to 5 /107 (4.7%) patients who did not have CSF drains (183). The authors
632 stated the number needed to treat (NNT) to prevent one SCI was 26; and reported only 11 (10%) minor
633 complications. Based on their experience they adopted universal CSF drainage for all patients except
634 emergency procedures, patients on anticoagulation or those patients with intracranial disease (183).

635

636 Acher et al. have also used an aggressive policy to employ CSF drainage <8mmHg during TEVAR
637 whenever >12cm aorta or T8-L2 are covered, along with a multi-modal protocol of hypothermia (34C),
638 MAP>100 mmHg, naloxone and steroids reporting only 1 patient with temporary paresis out of 155
639 patients (0.6%) (187). Mazzeffi et al. reported using CSF drains in 102 patients including 30 type B
640 dissections defined as high risk (>150mm coverage, prior TEVAR or EVAR or poor pelvic perfusion) and
641 found SCI in 4 patients, which resolved completely in 2 patients and partially in one patient treated with
642 CSF drainage (182). There were 4 CSF drain complications including headache, entrapped drain, bloody
643 drainage, and a hematoma requiring laminectomy, but there were no permanent sequelae. Based on
644 their overall experience the authors also concluded that CSF drainage was warranted in high-risk
645 patients (182).

646
647 CSF drain complications have influenced practice. A meta-analysis of 34 studies of CSF drainage in 4714
648 patients with open and endovascular repair found a 6.5% complication rate (2.5% severe) and a CSF
649 drain-related mortality event rate of 0.9% (188). The Mayo Clinic group reported moderate or severe
650 complications in 17 /187 (9%) of patients receiving spinal drains prior to fenestrated-branched
651 endovascular aortic repair including: spinal cord hematomas with transient paraparesis in 2 (1%)
652 patients, paraplegia in 2 (1%) patients, intracranial hypotension in 12 (6%) as well as intracranial
653 hemorrhage in 3 (2%) (189). Accordingly, the Mayo group has limited their use of CSF drains with TEVAR
654 for patients with extent I and II TAAAs and selectively in extent III TAAAs (189).

655
656 Mousa et al. developed a formal scoring system with data from the The Vascular Quality Initiative
657 Registry based on anatomic (coverage), procedural (hemodynamic stability and time) and Clinical
658 variables (age, renal, emergency, prior aortic surgery) to stratify risk for SCI after TEVAR to help guide
659 CSF drain placement (190). Nonetheless, a comprehensive review of 43 TEVAR studies concluded that

660 selective CSF drainage was indeed warranted in high-risk patients undergoing extensive coverage along
661 with avoidance of hypotension (150). The role of neurophysiologic monitoring with somatosensory
662 evoked potentials (SSEP) and motor evoked potentials (MEP) is controversial but may be helpful during
663 thoracic aortic and thoracoabdominal aortic surgery to predict neurologic injury (191).

664

665

666 Management of TBAD with Arch Involvement

667

- 668 • Optimal medical therapy is reasonable in patients with uncomplicated TBAD and retrograde
669 extension of dissection from a tear at or distal to the LSA, as long as retrograde extension is limited
670 to the arch (zones 1 and 2) (COR IIA, LOE C-LD)

671

672 The short- and long-term natural history of retrograde extension into the arch of a TBAD is variable.
673 IRAD data suggests that arch involvement of TBAD does not change the behavior in the short- or long-
674 term relative to those without retrograde extension. Nauta and colleagues identified 67 (of 404 total
675 type B dissections in IRAD from 1996-2014) TBAD patients with retrograde extension. They identified no
676 differences between these patients and more distal dissections with regard to complicated
677 presentation, treatment, and 5-year survival (192). This did not include data regarding intermediate- or
678 long-term interventions. Another retrospective report suggests non-A, non-B dissections with arch
679 involvement may have a more malignant short- and long-term course compared to TBAD. Among 20
680 non-A, non-B dissections, Valentine et al. found two patients with acute retrograde extension, and
681 compared to 79 other TBADs, the arch-involved patients required more early interventions and higher
682 rates of stroke (193). Neither of these investigators suggest that these dissections should be treated
683 differently in the absence of a complicated presentation, rather they espouse that complications should

684 be treated when they occur. TEVAR with debranching, fenestrated/branch-graft TEVAR, and open arch
685 repair with or without frozen elephant trunk approaches have each been successfully used (88, 194-
686 201).

687 Summary

688

689 In summary, information and recommendations regarding the incidence, diagnosis, medical therapies
690 and interventional strategies to best manage patients with TBAD continue to evolve and accumulate. In
691 order to outline evidence-based practice recommendations to manage patients with TBAD, the
692 STS/AATS writing group has performed a comprehensive and methodical review and assigned treatment
693 recommendations based upon supportive evidence. There remain gaps in evidence where expert
694 consensus recommendations have been provided in lieu of clinical trials to guide patient management,
695 such as

- 696 • The ideal timing of TEVAR in the acute phase of TBAD
- 697 • Comparisons of open surgery vs. TEVAR for chronic TBAD
- 698 • Appropriate size indications in chronic TBAD
- 699 • The role of acute TEVAR to prevent chronic sequelae in uncomplicated TBAD

700

701 Both associations recognize that the medical evidence will grow and treatment strategies will evolve
702 such that these clinical practice guidelines will require continued revision as more data becomes
703 available.

704

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1324 Figure 1. ACC/AHA Recommendation System: Applying Class of Recommendation and Level of
 1325 Evidence to Clinical Strategies, Interventions, Treatments, or Diagnostic Testing in Patient Care*
 1326 (Updated August 2015)

CLASS (STRENGTH) OF RECOMMENDATION		LEVEL (QUALITY) OF EVIDENCE‡	
CLASS I (STRONG)	Benefit >>> Risk	LEVEL A	<ul style="list-style-type: none"> High-quality evidence‡ from more than 1 RCTs Meta-analyses of high-quality RCTs One or more RCTs corroborated by high-quality registry studies
Suggested phrases for writing recommendations: <ul style="list-style-type: none"> Is recommended Is indicated/useful/effective/beneficial Should be performed/administered/other Comparative-Effectiveness Phrases†: <ul style="list-style-type: none"> Treatment/strategy A is recommended/indicated in preference to treatment B Treatment A should be chosen over treatment B 	LEVEL B-R (Randomized)	<ul style="list-style-type: none"> Moderate-quality evidence‡ from 1 or more RCTs Meta-analyses of moderate-quality RCTs 	
CLASS IIa (MODERATE)	Benefit >> Risk	LEVEL B-NR (Nonrandomized)	<ul style="list-style-type: none"> Moderate-quality evidence‡ from 1 or more well-designed, well-executed nonrandomized studies, observational studies, or registry studies Meta-analyses of such studies
Suggested phrases for writing recommendations: <ul style="list-style-type: none"> Is reasonable Can be useful/effective/beneficial Comparative-Effectiveness Phrases†: <ul style="list-style-type: none"> Treatment/strategy A is probably recommended/indicated in preference to treatment B It is reasonable to choose treatment A over treatment B 	LEVEL C-LD (Limited Data)	<ul style="list-style-type: none"> Randomized or nonrandomized observational or registry studies with limitations of design or execution Meta-analyses of such studies Physiological or mechanistic studies in human subjects 	
CLASS IIb (WEAK)	Benefit ≥ Risk	LEVEL C-EO (Expert Opinion)	Consensus of expert opinion based on clinical experience
Suggested phrases for writing recommendations: <ul style="list-style-type: none"> May/might be reasonable May/might be considered Usefulness/effectiveness is unknown/unclear/uncertain or not well established 	CLASS III: No Benefit (MODERATE)	Benefit = Risk <i>(Generally, LOE A or B use only)</i>	
Suggested phrases for writing recommendations: <ul style="list-style-type: none"> Is not recommended Is not indicated/useful/effective/beneficial Should not be performed/administered/other 	CLASS III: Harm (STRONG)	Risk > Benefit	
Suggested phrases for writing recommendations: <ul style="list-style-type: none"> Potentially harmful Causes harm Associated with excess morbidity/mortality Should not be performed/administered/other 			

COR and LOE are determined independently (any COR may be paired with any LOE).

A recommendation with LOE C does not imply that the recommendation is weak. Many important clinical questions addressed in guidelines do not lend themselves to clinical trials. Although RCTs are unavailable, there may be a very clear clinical consensus that a particular test or therapy is useful or effective.

* The outcome or result of the intervention should be specified (an improved clinical outcome or increased diagnostic accuracy or incremental prognostic information).

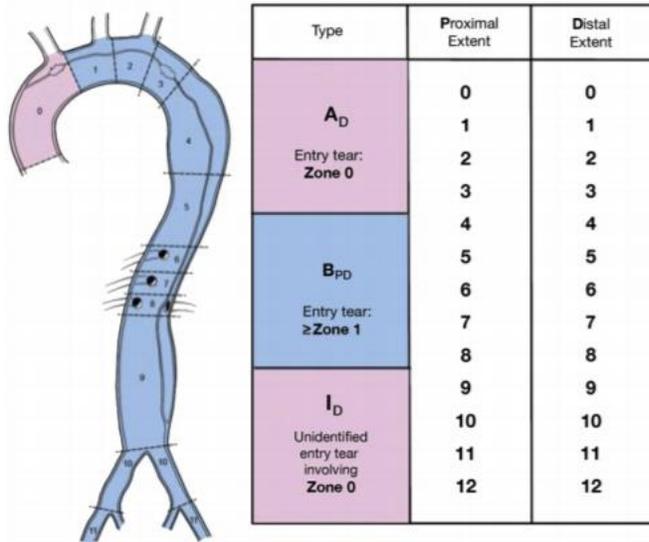
† For comparative-effectiveness recommendations (COR I and IIa; LOE A and B only), studies that support the use of comparator verbs should involve direct comparisons of the treatments or strategies being evaluated.

‡ The method of assessing quality is evolving, including the application of standardized, widely used, and preferably validated evidence grading tools; and for systematic reviews, the incorporation of an Evidence Review Committee.

COR indicates Class of Recommendation; EO, expert opinion; LD, limited data; LOE, Level of Evidence; NR, nonrandomized; R, randomized; and RCT, randomized controlled trial.

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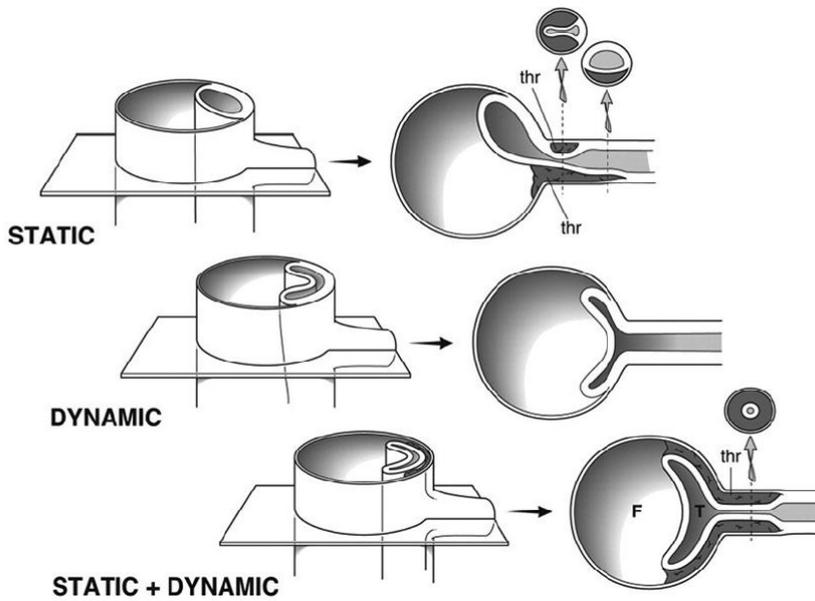
1331 Figure 2: SVS/STS Aortic Dissection Classification System



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1334 Figure 3. Diagram illustrating the different types of branch vessel obstruction (from Kamman et al)

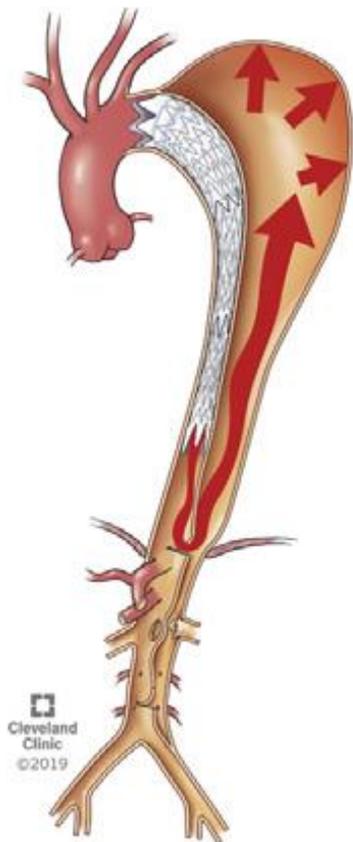


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1337 Figure 4. Chronic dissection membrane characteristics may inhibit potential for reverse aortic
1338 remodeling with retrograde false lumen perfusion as common mode of failure. From Roselli EE,
1339 Svensson LG. Commentary: Cracking the code for chronic aortic dissection. J Thorac Cardiovasc Surg.
1340 2020 Mar 12:S0022-5223(20)30567-5.

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1344 Figure 5 Collateral supply to the AKA (3) and anterior spinal artery (7): (2&4) intersegmental collateral;
1345 (5&8) branches of the left subclavian artery; and (6&9) deep circumflex iliac branch of left external iliac
1346 artery. Reproduced from reference [10] with permission.

