

### Indian Residents: Saha Scholarship Helps You Attend STS 2022

Residents in India are invited to apply for a new Thoracic Surgery Foundation (TSF) scholarship, developed with the generous support of Dr. Sibu P. Saha, that covers the cost of registration, hotel, meals, and transportation associated with attending STS 2022. Dr. Srikanth Kasturi, a 2021 Saha scholar, described the meeting as "an experience for me to cherish. The immense knowledge that was shared was an eyeopener to the various advances happening in different facets of our specialty." <u>Apply by September 1</u> for the opportunity to attend what Dr. Kasturi described as one of the best memories of his residency.



#### Apply for TSF Scholarships by September 15

The Society's charitable arm also is accepting applications for numerous <u>scholarships</u>, fellowships, and awards</u>, and many of them offer unique opportunities for international members. From research funding to traveling fellowships to specialized training that can help you make a difference at your home institution, these TSF awards can help launch the next phase in your career. The deadline for most awards is **September 15**.



### Explore New Pediatric and Congenital E-Book Chapters

Twenty-five all-new Pediatric and Congenital Cardiac Surgery chapters are now available in the <u>STS Cardiothoracic Surgery E-Book</u>. With 350+ chapters, hundreds of hand-drawn medical illustrations, 25,000 evidence-based references, and a collection of relevant photos, tables, and surgical videos, the e-book is continually reviewed and updated. <u>STS members get a discount</u> on individual e-book subscriptions, and institutional subscriptions also are available. See the e-book video demos:

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# Free Heart Surgery Brochure Now Available in Five Languages

For patients who have undergone heart surgery, a beautifully illustrated, easy-to-understand STS brochure explains post-discharge instructions and incision care, medications, activities, rehabilitation, and more. It's now free for download in English, Spanish, Portuguese, Hindi, and Arabic.



### Blood Management Guideline Gets First Update Since 2011

STS, in a multidisciplinary collaboration with three other medical specialty societies, published a new update to the clinical practice guideline on patient blood management. This guideline, accessible in <u>The Annals of Thoracic Surgery</u>, features recommendations for reducing blood loss during heart surgery and improving patient outcomes.



Don't-Miss Courses Are Easy on Your Schedule

STS has kept some of its most popular courses virtual to ensure that members can join from all over the world. Registration is now under way for:

Advanced TAVR Symposium: A distinguished, multidisciplinary faculty will cover advanced perspectives and topics, including state-of-the-art TAVR implantation and explantation techniques, managing controversial patient populations, and staying relevant in the aortic surgical field. The symposium, scheduled for August 21, will feature didactic sessions, case-based presentations, and live discussion and Q&A. Dr. Michael Borger, from the Leipzig Heart Center in Germany, is one of the course directors.



<u>Critical Care Conference</u>: Dynamic, interactive presentations will pair with panel discussions, case-based scenarios, and original scientific abstracts during this 2-day virtual event, September 10-11. A new session will feature testimonials from COVID-19 survivors who received ECMO support or a lung transplant. Take advantage of your member discount with <u>early bird pricing until August 5</u>.



## Watch "HVAD Is Off the Market—Now What?"

Since Medtronic removed its HeartWare Ventricular Assist Device (HVAD) system from the market, surgeons—and patients who already have the device implanted—are seeking guidance on what comes next. <u>This STS webinar</u>—presented in conjunction with the International Society for Heart and Lung Transplantation—features an informed discussion among surgeons and industry representatives in the US and Europe who can shed light on what the recall means for your patients.

### "The Resilient Surgeon" Debuts with Battles Against Burnout and Busyness

In the inaugural episode of the new STS podcast, "The Resilient Surgeon," executive coach Dr. Monique Valcour shares advice and strategies on integrating work and life and thriving in a high-demand world. This series is designed to inspire cardiac surgeons to be their best selves, in and out of the OR, using scientifically proven tools and recovery strategies of the world's top performers. Host Dr. Michael Maddaus talks to game changers in the high-performance and wellness space who can share real-world strategies for building and maintaining resiliency.

Last week's episode featured self-reinvention expert Dorie Clark, who discussed being caught up in a standard state of overwhelm and "busyness" and explained the importance of saying no—even to good things. Listen to the episodes on the <u>STS website</u> or via your favorite podcast app. You also can see what's ahead in the series in a <u>new video trailer</u>.



Surgeons

