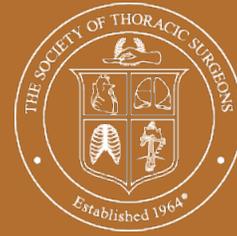


MAY / JUNE 2021

International Connection



Be Part of STS Global Programs: Submit Abstracts Now

You can bolster your CV, make new professional contacts, and improve the lives of patients by presenting your discoveries and techniques to the cardiothoracic community. The Society now is accepting abstracts and session proposals for these upcoming educational events:

Annual Meeting: The [STS 58th Annual Meeting](#) is planned for January 29–February 1, 2022, in Miami Beach, Florida. This high-profile event attracts attendees from approximately 60 countries. [Submit your work](#) by **Tuesday, August 3**, for oral presentations, scientific posters, and surgical videos in the following categories:

- Adult cardiac surgery
- Congenital heart surgery
- General thoracic surgery
- Basic science research
- Critical care and temporary mechanical circulatory support
- Quality improvement
- Cardiothoracic surgical education
- Physician/provider wellness

If you are involved in Phase I, II, or III clinical trials for which no preliminary data will be available by the August deadline, you can submit a promissory abstract (data must be available by December 13, 2021). The Society also is accepting compelling [session proposals](#) that showcase emerging, innovative, and/or critical issues facing the specialty. This deadline is **Thursday, July 1**.

Critical Care Conference: The [18th Annual Perioperative and Critical Care Conference](#) will take place September 10–11, 2021. This virtual

event—with attendance from medical professionals around the globe—is designed to enhance knowledge and expertise in cardiovascular and thoracic critical care and enhanced recovery after surgery. The deadline to [submit abstracts](#) is **Monday, June 21**.



January 29 - February 1
Miami Beach, Florida



Submissions Now Open!

- Session Proposals due July 1
- Abstracts due August 3

First Course in Leadership Series Now Available to View

A new complimentary program for STS members only, “[STS Leadership Series: Building Leaders for Today & Tomorrow](#),” is available to help you develop and fine-tune your leadership skills as your career and the specialty evolve.

- The first webinar, “[Leading During Crisis](#),” featured a panel of experienced physician leaders who provided valuable advice and lessons learned on how to navigate various unstable and surprising situations that leaders undoubtedly will encounter at some point in their careers.
- [RSVP today](#) for the next webinar, “[Building Your Practice and Your Brand](#),” on **Thursday, June 3, at 7:00 p.m. ET**. In this webinar, accomplished early career and mid-career surgical practitioners will offer tips on how to build a foundation for a

successful practice. They will share not only their successes and insights, but also some of the potential potholes and pitfalls to avoid.

- The series will include a total of three webinars and one in-person event, adjacent to [STS 2022](#) in Miami Beach, Florida.

Building Your Practice and Your B...

STS Leadership Series:
Building Leaders for Today & Tomorrow

Thursday, June 3, at 7:00 p.m. ET

Ergonomics Tips Encourage Surgeon Comfort in Operating Room and Beyond

In an article on [ergonomics in surgery](#), Dr. Barbara Hamilton, Mohammed Dairywala, and Dr. Tom Nguyen draw parallels between surgery and elite athletics. They address the consequences that come with forgoing your physical comfort in the operating room and offer tips for body positioning while operating, equipment optimization, and preparation and recovery.

STS Webinar Series Highlights COVID ECMO Strategies and Being Your Best Self

- The fast-paced episode, “[Sedate or Cannulate? ECMO Strategies during COVID](#),” features Drs. Rakesh Arora and Awori Hayanga and an esteemed panel of colleagues who consider the merits of sedation or cannulation when placing a patient with COVID-19 on ECMO. They also discuss lessons learned during the pandemic and evolving therapeutic modalities amidst multiple COVID surges. The webinar is available as a [video](#) and a [podcast episode](#).
- In “[The Resilient Surgeon: Strategies to Be Your Best Self, In and Out of the OR—No Matter What](#),” Dr. Michael Maddaus is joined by game changers in high performance and wellness, including a cardiothoracic surgeon, a former US Navy Seal, and a clinical psychologist. They explain the crucial habits that make up the “Resilience Bank Account,” how meaning, wonderment, and relationships can counter despair, and the myth of a balanced life. The [video](#) and [podcast episode](#) are available now.





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