International Connection



Don't Miss the STS 2022 Early Bird Deadline

Have you registered yet for the <u>STS 58th Annual Meeting</u> taking place January 29-31 in Miami Beach, Florida? Don't wait—special early bird rates end this **Thursday**, **December 2**. STS 2022 promises to be an unforgettable experience with a mixture of networking events, practice-changing science, hands-on instruction, wellness programs, and more! A robust virtual component that includes livestream and ondemand content will be accessible to attendees around the globe. Review the Meeting Program and register now. COVID vaccination will be required for all onsite attendees.



Thought-provoking lectures • Practice-changing science • Hands-on instruction • Renowned expert faculty

Register now at sts.org/annualmeeting!

Attend Friday's Latin America Symposium for Free

The STS/EACTS Latin America Cardiovascular Surgery Symposium on **Friday**, **December 3** will present the latest developments and best treatment practices for coronary artery disease, mitral valve repair, atrial fibrillation, and the surgical management of heart failure. This virtual event, presented in English with simultaneous Spanish translation, is free to attend, but registration is required. Register now.



New Podcast Episodes Explore Science-Based Resilience

Providing hours of listening for podcast fans, The Resilient Surgeon features new episodes to help surgeons take care of their well-being. Hear insights from:

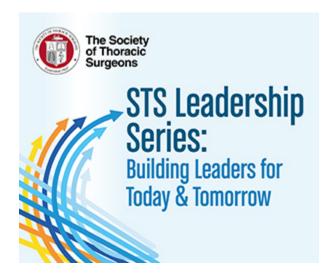
- Oliver Burkeman, best-selling author and master of time management
- Christopher Barnes, a professor of organizational behavior at the University of Washington and expert on sleep deprivation
- Chris Germer, a clinical psychologist and thought leader on mindfulness and selfcompassion
- Wayne Sotile, an expert in resilience and work/life balance for high-performing people
- Jud Brewer, a neuroscientist and authority on the "science of self-mastery"

And stay tuned for Season 2 of Same Surgeon, Different Light for powerful stories from Drs. Valerie Rusch, Jacques Kpodonu, Gail Darling, Joseph Dearani, and many other leaders and rising stars in cardiothoracic surgery. The first episode airs this **Friday**, **December 3**. Choose your favorite podcast app and start listening.



Take Advantage of Your Access to Leadership Series

Attendance is now full for the capstone leadership event, but you can still avail yourself of the career-boosting educational sessions offered through the STS Leadership Series. Three webinars—"Leading During Crisis," "Building Your Practice and Your Brand," and "Promoting Your Brand"—are ready for viewing in the STS portal. Learn more and get access instructions.



STS Webinars Detail Biomarker Testing, Tricuspid Techniques

Two new episodes of the STS Webinar Series are available for <u>watching on the STS YouTube channel</u> or as <u>audio podcasts</u>.

- In "Surgeons and Comprehensive Biomarker Testing for Lung Cancer Patients," surgeons from different practice environments in the US and Canada share their experiences with establishing biomarker testing protocols, exploring the evidence base for adjuvant targeted therapy for EGFR-positive patients, the variability in testing practices at the panelists' institutions, and the decision-making process behind tissue acquisition.
- "Tricuspid Valve Disease Treatment—Surgical or Transcatheter?" features a
 multidisciplinary panel of experts discussing the landscape of transcatheter
 devices and their place in tricuspid valve disease treatment. The episode includes
 a case review of degenerative mitral disease with tricuspid complications, a look
 at the newest transcatheter technologies, and a detailed discussion of new trial
 data.

Your Train Awaits at the Career Development Blog

Part of STS's spectrum of resources on career development, the <u>Blog</u> offers perspectives from an array of surgeon leaders to help you discover new frontiers in your professional life, no matter your career stage. In the latest post, "<u>The Train Is at the Station</u>," STS wellness champion Dr. Michael Maddaus shares insight on ensuring that your mental and physical health remains a top priority as you continue to demand excellence for your patients.



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