STS/EACTS Latin America Cardiovascular Surgery Conference November 15-17, 2018 Hilton Cartagena | Cartagena, Colombia The Society of Thoracic Surgeons

Neurodevelopmental Outcomes: How May We Improve?

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Disclosures

I have no real or perceived conflicts of interest related to this talk

I will not be discussing off-label use of drugs or devices







Outline - The Perioperative Period & The Operating Room

- Pre-operative risks
- Timing of Surgery
- Risks of Surgery/Circulatory Support/Anesthesia
- Risks During The ICU Course, Including Sedation
- New Strategies for Improvement







Before (and occasionally after) Cardiac Surgery

Low Oxygen Delivery • Hypoxemia Cardiac Output





Physiologic Fact #1 - Mixing of Systemic and Pulmonary Venous Return









HLHS





Physiologic Fact #1 - Mixing of Systemic and Venous Return Before (and occasionally after) Cardiac Surgery

Low Oxygen Delivery

- Hypoxemia
- J Cardiac Output

Risk of Stroke from Paradoxical Embolus











Physiologic Fact #1 - Mixing of Systemic and Venous Return Before (and occasionally after) Cardiac Surgery

Risk of Paradoxical Embolus









Physiologic Fact #1 - Mixing of Systemic and Venous Return Before (and occasionally after) Cardiac Surgery

- **Risk of Paradoxical Embolus**
 - Air
 - Particulate











Physiologic Myth #1 - "The Baby is Stable on Prostaglandin"













Physiologic Fact #2 - "A Baby is in Progressive CHF on Prostaglandin"

There is a "ductal steal" in diastole



\uparrow over time



Rychik J, Bush DM, Spray TL, Gaynor JW, Wernovsky G. J Thorac Cardiovasc Surg 2000;120:81-7.





$\uparrow\uparrow\uparrow$ over time

$\downarrow \downarrow$ cerebral blood flow



 Kluckow M, Evans N, Osborn D NeoReviews 2004;5:e98-e108





What Are The Effects of a *Delay in Surgery for cCHD* on the Brain?









Cerebral Blood Flow is Diminished

48-72 hour Old Neonates on Prostaglandin

~50 ml/min/gram of brain







Licht DJ et al J Thorac Cardiovasc Surg 2004



Daniel Licht, MD

~25 ml/min/gram of brain





Cerebral Oxygen Delivery Falls DAILY

Cerebral oxygen metabolism in neonates with congenital heart disease quantified by MRI and ontics

Cerebral Blood Flow Falls Daily!

postoperative white matter injury in neonates with hypoplastic left heart syndrome

Jennifer M. Lynch, PhD,^a Erin M. Buckley, PhD,^{a,b,c} Peter J. Schwab, BS,^c Ann L. McCarthy, BBA,^c Madeline E. Winters, BA,^c David R. Busch, PhD,^c Rui Xiao, PhD,^d Donna A. Goff, MD, MS,^e Susan C. Nicolson, MD,^f Lisa M. Montenegro, MD,^f Stephanie Fuller, MD,^g J. William Gaynor, MD,^g Thomas L. Spray, MD,^g Arjun G. Yodh, PhD,^a Maryam Y. Naim, MD,^h and Daniel J. Licht, MD^c





By Electively Delaying Cardiac Surgery

- ↑ Risk of:
- White Matter Injury
 - Possible long term effects
- Medical Error
- ? Mortality







By Electively Delaying Cardiac Surgery

↑ Risk of:

- White Matter Injury
- Medical Error
- ? Mortality
- Increases In:
- Cost Length of Stay







Earlier Arterial Switch Operation Improves Outcomes and Reduces Costs for Neonates With Transposition of the Great Arteries

Brett R. Anderson, MD, MBA,* Adam J. Ciarleglio, PHD,† Denise A. Hayes, MD,* Jan M. Quaegebeur, MD, PHD, Julie A. Vincent, MD,* Emile A. Bacha, MD New York, New York





What Are The Effects of Intraoperative Circulatory Support on the Brain?









The Effects of Mechanical Circulatory Support During Cardiac Surgery on the Brain



Neurodevelopmental Abnormalities and Congenital Heart Disease **Insights Into Altered Brain Maturation**

Paul D. Morton, Nobuyuki Ishibashi, Richard A. Jonas

Perioperative Stroke in Infants Undergoing Open Heart **Operations for Congenital Heart Disease**

Jodi Chen, MD, Robert A. Zimmerman, MD, Gail P. Jarvik, MD, PhD, Alex S. Nord, BA, Rober R. Clancy, MD, Gil Wernovsky, MD, Lisa M. Montenegro, MD, Diane M. Hartman, RN, CCRC, Susan C. Nicolson, MD, Thomas L. Spray, MD, J. William Gaynor, MD, and Rebecca Ichord,

A COMPARISON OF THE PERIOPERATIVE NEUROLOGIC EFFECTS OF HYPOTHERMIC CIRCULATORY ARREST VERSUS LOW-FLOW CARDIOPULMONARY BYPASS IN INFANT HEART SURGERY

JANE W. NEWBURGER, M.D., M.P.H., RICHARD A. JONAS, M.D., GIL WERNOVSKY, M.D., David Wypij, Ph.D., Paul R. Hickey, M.D., Karl C.K. Kuban, M.D., S.M., DAVID M. FARRELL, M.A., C.C.P., GREGORY L. HOLMES, M.D., SANDA L. HELMERS, M.D., JULES CONSTANTINOU, F.R.A.C.P., ENRIQUE CARRAZANA, M.D., JOHN K. BARLOW, M.D., * AMY Z. WALSH, R.N., B.S.N., KRISTIN C. LUCIUS, R.N., M.S., JANE C. SHARE, M.D., DAVID L. WESSEL, M.D., FRANK L. HANLEY, M.D., JOHN E. MAYER, JR., M.D. ALDO R. CASTANEDA, M.D., AND JAMES H. WARE, PH.D.

Erythropoietin neuroprotection in neonatal cardiac surgery: A phase I/II safety and efficacy trial

Dean B. Andropoulos, MD, MHCM, a,b,e Ken Brady, MD, a,b,e Ronald B. Easley, MD, a,b, Heather A. Dickerson, MD,^{bag} Robert G. Voigt, MD,^{bk} Lara S. Shekerdemian, MB, BS,^{bh} Marcie R. Meador, BSN, MS, RN,^{a,be} Carol A. Eisenman, BSN, RN,^{be} Jill V. Hunter, MB, BS,^{d,i} Marie Turcich, BA, MA, b.k Carlos Rivera, MD, b.j Emmett D. McKenzie, MD, Jeffrey S. Heinle, MD, c,f and Charles D. Fraser, Jr, MD

Non-invasive Assessment of Cerebral Blood Flow and Oxygen Metabolism in Neonates during Hypothermic Cardiopulmonary Bypass: Feasibility and Clinical Implications

New White Matter Brain Injury after Infant Heart Surgery is Associated with Diagnostic Group and the Use of Circulatory Arrest John Beca, Julia K. Gunn, Lee Coleman, Ayton Hope, Peter W. Reed, Rodney W. Hunt, Kirsten Finucane, Christian Brizard, Brieana Dance and Lara S. Shekerdemian

Report of the Pediatric Heart Network and National Heart, Lung, and Blood Institute Working Group on the Perioperative Management of Congenital Heart Disease Jonathan R. Kaltman, Dean B. Andropoulos, Paul A. Checchia, J. William Gaynor, Timothy M Hoffman, Peter C. Laussen, Richard G. Ohye, Gail D. Pearson, Frank Pigula, James Tweddell, Gil Wernovsky and Pedro del Nido

Regional High-Flow Cerebral Perfusion Improves Both Cerebral and Somatic Tissue Oxygenation in Aortic Arch Repair

Kagami Miyaji, MD, PhD, Takashi Miyamoto, MD, PhD, Satoshi Kohira, CCP, Kei-ichi Itatani, MD, Takahiro Tomoyasu, MD, Nobuyuki Inoue, MD, and Kuniyoshi Ohara, MD, PhD

Increasing duration of circulatory arrest, but not antegrade cerebral perfusion, prolongs postoperative recovery after neonatal cardiac surgery

Selma O. Algra, MD,^a Verena N. N. Kornmann, MD,^b Ingeborg van der Tweel, PhD,^c Antonius N. J. Schouten, MD.^d Nicolaas J. G. Jansen, MD.^b and Felix Haas, MD^a

Protecting the Infant Brain During Cardiac Surgery: A Systematic Review

Jennifer C. Hirsch, MD, MS, Marshall L. Jacobs, MD, Dean Andropoulos, MD, Erle H. Austin, MD, Jeffrey P. Jacobs, MD, Daniel J. Licht, MD, Frank Pigula, MD. James S. Tweddell, MD, and J, William Gavnor, MD

Association Between Method of Cerebral Protection During Neonatal Aortic Arch Surgery and Attention **Deficit/Hyperactivity Disorder**

Joseph J. Sistino, PhD, CCP, Andrew M. Atz, MD, Charles Ellis, Jr, PhD, CCC-SLP, Kit N. Simpson, DrPH, John S. Ikonomidis, MD, PhD, and Scott M. Bradley, MD College of Health Professions, Divisions of Pediatric Cardiology and Cardiothoracic Surgery, Medical University of South Caro Charleston, South Carolina

Clinically Silent Preoperative Brain Injuries Do Not Worsen with Surgery in Newborns with Congenital Heart Disease

AJ Block, BSc¹, PS McQuillen, MD³, V Chau, MD¹, H Glass, MD^{3,4}, KJ Poskitt, MDCM², AJ Barkovich, MD^{4,5}, M Esch, BA³, W Soulikias, RN², A Azakie, MD⁶, A Campbell, MD², and SP Miller, MAS, MDCM^{2,4}

Perioperative cerebral oxygen saturation in neonates with hypoplastic left heart syndrome and childhood neurodevelopmental outcome

George M. Hoffman, MD,^{a,b} Cheryl L. Brosig, PhD,^{a,b,c} Kathleen A. Mussatto, BSN, PhD,^{a,c,d} James S. Tweddell, MD, a,b,c and Nancy S. Ghanavem, MD

Temporal and Anatomic Risk Profile of Brain Injury With **Neonatal Repair of Congenital Heart Defects**

Patrick S. McQuillen, MD; A. James Barkovich, MD; Shannon E.G. Hamrick, MD; Marta Perez, BA; Phil Ward, MSC; David V. Glidden, PhD; Anthony Azakie, MD; Tom Karl, MD; Steven P. Miller, MD

Quality of Life of Children After Repair of Transposition of the Great Arteries

Erin L. Culbert, MD; David A. Ashburn, MD; Geraldine Cullen-Dean, RN, MN; Jay A. Joseph, MSc; William G. Williams, MD; Eugene H. Blackstone, MD; Brian W. McCrindle, MD, MPH; and the Congenital Heart Surgeons Society

Cerebral oxygen metabolism in neonates with congenital heart disease quantified by MRI and optics

Varsha Jain^{1,7}, Erin M Buckley^{2,3,7}, Daniel J Licht², Jennifer M Lynch³, Peter J Schwab², Maryam Y Naim⁴, Natasha A Lavin⁵, Susan C Nicolson⁶, Lisa M Montenegro⁶, Arjun G Yodh³ and Felix W Wehrli¹

Regional Low-Flow Perfusion Versus Circulatory Arrest in Neonates: One-Year Neurodevelopmental Outcome

Karen J. Visconti, PhD, David Rimmer, MS, Kimberlee Gauvreau, ScD, Pedro del Nido, MD, John E. Mayer, Jr, MD, Ikou Hagino, MD, and Frank A. Pigula, MD

Neurodevelopmental Outcomes After Regional Cerebral Perfusion With Neuromonitoring for Neonatal Aortic Arch Reconstruction

Dean B. Andropoulos, MD, R. Blaine Easley, MD, Ken Brady, MD, E. Dean McKenzie, MD, Jeffrey S. Heinle, MD, Heather A. Dickerson, MD, Lara S. Shekerdemian, MBChB, Marcie Meador, RN, MS, Carol Eisenman, RN, Jill V. Hunter, MBBS, Marie Turcich, MS, Robert G. Voigt, MD, and Charles D. Fraser, Jr, MD

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Usefulness of Regional Cerebral Perfusion Combined With Coronary Perfusion During One-Stage Total Repair of Aortic Arch Anomaly

Hong-Gook Lim, MD, PhD, Woong-Han Kim, MD, PhD, Chun-Soo Park, MD, Eui-Suk Chung, MD, Chang-Ha Lee, MD, PhD, Jeong Ryul Lee, MD, PhD, and Yong Jin Kim, MD, PhD

Randomized trial of hematocrit 25% versus 35% during hypothermic cardiopulmonary bypass in infant heart surgery

Jane W. Newburger, MD, MPH,^{a,h} Richard A. Jonas, MD,^{b,g,*} Janet Soul, MD,^{c,j} Barry D. Kussman, MBBCh,^{d,} David C. Bellinger, PhD, MSc,^{c,j} Peter C. Laussen, MD,^{a,i} Richard Robertson, MD,^{e,k} John E. Mayer Jr, MD,^{b,g} Pedro J. del Nido, MD.^{b,g} Emile A. Bacha, MD.^{b,g} Joseph M. Forbess, MD.^{b,g,†} Frank Pigula, MD.^b Stephen J. Roth, MD, MPH.^a Karen J. Visconti, PhD.^b Adre J. du Plessis, MBChB, MPH.^{c,j} David M. Farrell, MA, CCP.^b Ellen McGrath, RN,^a Leonard A. Rappaport, MD,^{f,h} and David Wypij, PhD^{a,h}

The quest to optimize neurodevelopmental outcomes in neonatal arch reconstruction: The perfusion techniques we use and why we believe in them

Richard G. Ohye, MD, a Caren S. Goldberg, MD, MS, b Janet Donohue, MPH, MS, b Jennifer C. Hirsch, MD, MS, a Michael Gaies, MD,^b Marshall L. Jacobs, MD,^c and James G. Gurney, PhD,^b for the Michigan Congenital Heart Outcomes Research and Discovery Investigators

Principles of Antegrade Cerebral Perfusion During Arch

Reconstruction in Newborns/Infants

Charles D. Fraser Jr, M.D. and

Chief, Congenital Heart Surgery, Texas Children's Hospital, Professor of Surgery and Pediatrics, Michael E. DeBakey Department of Surgery, Baylor College of Medicine, Houston, Texas

Dean B. Andropoulos, M.D, M.H.C.M. Chief of Anesthesiology, Texas Children's Hospital, Professor of Anesthesiology and Pediatrics, Baylor College of Medicine, Houston, Texas

Behaviour at eight years in children with surgically corrected transposition: The Boston Circulatory Arrest Trial*

David C. Bellinger,¹ Jane W. Newburger,^{2,3} David Wypij,^{2,4} Karl C. K. Kuban,¹ Adre J. duPlesssis,¹ Leonard A. Rappaport³

Impaired Global and Regional Cerebral Perfusion in Newborns with Complex Congenital Heart Disease

Usha D. Nagaraj, MD^{1,2}, Iordanis E. Evangelou, DPhil^{3,4}, Mary T. Donofrio, MD^{4,5,6}, L. Gilbert Vezina, MD^{3,4}, Robert McCarter, PhD^{4,7}, Adre J. du Plessis, MD^{4,6}, and Catherine Limperopoulos, PhD^{3,4,6}

> Preventing Brain Injury in Newborns With Congenital **Heart Disease** Brain Imaging and Innovative Trial Designs Rebecca L. Sherlock, MD; Patrick S. McQuillen, MD; Steven P. Miller, MDCM, MAS; on behalf of aCCENT



Early Developmental Outcome in Children With Hypoplastic Left Heart Syndrome and Related Anomalies The Single Ventricle Reconstruction Trial

A randomized clinical trial of regional cerebral perfusion

versus deep hypothermic circulatory arrest: Outcomes for

Caren S. Goldberg, MD,^a Edward L. Bove, MD,^b Eric J. Devaney, MD,^b Eileen Mollen, PhD,^c Edward Schwartz, PhD,^c Shauna Tindall, PhD,^c Cheryl Nowak, RN,^b John Charpie, MD,^a Morton B. Brown, PhD,^d Tom J. Kulik, MD,^a and Richard G. Ohye, MD^b

infants with functional single ventricle

Jane W. Newburger, MD, MPH; Lynn A. Sleeper, ScD; David C. Bellinger, PhD, MSc; Caren S. Goldberg, MD, MS; Sarah Tabbutt, MD, PhD; Minmin Lu, MS; Kathleen A. Mussatto, PhD, RN; Ismee A. Williams, MD, MS; Kathryn E. Gustafson, PhD; Seema Mital, MD; Nancy Pike, RN, PhD; Erica Sood, PhD; William T. Mahle, MD; David S. Cooper, MD; Carolyn Dunbar-Masterson, BSN, RN; Catherine Dent Krawczeski, MD; Alan Lewis, MD; Shaji C. Menon, MD; Victoria L. Pemberton, RNC, MS; Chitta Ravishankar, MD; Teresa W. Atz, MSN; Richard G. Ohye, MD; J. William Gaynor, MD; for the Pediatric Heart Network Investigators

Organizational topology of brain and its relationship to ADHD in adolescents with d-transposition of the great arteries

Vincent J. Schmithorst^{1,†}, Ashok Panigrahy^{1,2,3,4,†}, J. William Gaynor⁵, Christopher G. Watson^{6,} Vince Lee¹, David C. Bellinger⁶, Michael J. Rivkin^{6,8,9,10,‡} & Jane W. Newburger^{11,12,‡}



Remember: "Absolute Cut-off Values Should Never Be Set for Continuous Variables"

- 1. Keep Hematocrit Higher rather than Lower
 - Better closer to 35% rather than 25%
- 2. Minimize Duration of Deep Hypothermic Circulatory Arrest (if used)
 - Threshold values (with current strategies) in the 35-45 minute range
- Unknowns Persist ר.

 - Steroids yes/no; when; how much; all patients or just some?
 - Alpha-stat vs pH stat
 - Flow rates
 - Temperature
 - **Regional Cerebral Perfusion**

(Strength of *Opinions* Not Necessary Correlated with Strength of the *Data*) 4. Seizures are a Bad Long-term Prognostic Sign What Type of Monitoring, and What To Do With the Values?





Summary of Validated Improvements in Intraoperative CPB Management

Should these be patient-specific? What are the effects of genetics, lesion, age?



The Effects of Mechanical Circulatory Support During Cardiac Surgery on the Brain

But How Much Does It Matter?:







% Variance in Scores Explained By:





Congenital: Hypoplastic left heart syndrome associated with poorer neurodevelopmental outcomes in children with hypoplastic left heart syndrome

Laura K. Diaz, MD^a, J. William Gaynor, MD^{b, ,} ^M, Shannon J. Koh, BA^b, Richard F. Ittenbach, PhD^c, Marsha Gerdes, PhD^d, Judy C. Bernbaum, MD^d, Elaine H. Zackai, MD^d, Robert R. Clancy, MD^d, Mohamed A. Rehman, MD^a, Jeffrey W. Pennington, BS^e, Nancy Burnham, MSN^b, Thomas L. Spray, MD^b, Susan C. Nicolson, MD^a





The Journal of Thoracic and Cardiovascular Surgery

Volume 152, Issue 2, August 2016, Pages 482–489



Increasing cumulative exposure to volatile anesthetic agents is





Increasing VAA exposure associated with significantly worse:

- Full Scale IQ
- Total language scores
- Executive function
- Memory
- Reading skills
- Math skills

-ALL p < 0.05









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Children's National

Increasing <u>Fentanyl Exposure</u> Associated with Significantly Worse:

Full Scale IQ Total Language Processing speed Memory Fine motor skills Math skills

• ALL p<0.05











What are other cumulative exposures during the hospital stay?

















Phthalates























Cardiopulmonary Bypass



Phthalates have been consistently implicated in learning difficulties & ADHD

Intensive Care Med (2016) 42:379–392 DOI 10.1007/s00134-015-4159-5

ORIGINAL

- S. Verstraete I. Vanhorebeek A. Covaci F. Güiza G. Malarvannan
- P. G. Jorens
- G. Van den Berghe







Circulating phthalates during critical illness in children are associated with long-term attention deficit: a study of a development and a validation cohort







Phthalates have been consistently implicated in learning difficulties & ADHD

children and 449 children in PICU children upon PICU admission (P < 0.001). PICU discharge (P < 0.001).





Plasma concentrations of phthalate (DEHP) metabolites in 100 healthy

- DEHP metabolites undetectable in healthy children, elevated in PICU
- DEHP metabolites decreased rapidly but remained 18 times higher until





Taking "Stuff" Out As Soon As Possible Short Term and Long Term Risk

– Phthalate Exposure Explained 1/2 of the Attention Deficit Disorder assessed 4 years after PICU Admission.









Longer LOS consistently associated with

- Worse Neurodevelopmental Outcomes
 - Multifactorial
 - Increased Sedation/Analgesia Usage
 - Toxin Exposure •
- Maternal Bonding Worse Parental Mental Health





The Most Modifiable Perioperative Factor For Improving Long-term Neurodevelopmental Outcomes is Reducing Hospital Length of Stay

Decreased Opportunity for Neurogenesis and





The Effects of Mechanical Circulatory Support During Cardiac Surgery on the Brain

But How Much Does It Matter?:







% Variance in Scores Explained By:

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Children's National

The Neurocardiac Critical Care Program At Children's National Medical Center Washington, DC, USA









NeuroCardiac Critical Care Program Leadership



Melissa Jones, MSN

Gil Wernovsky, MD

Sherrill Caprarola, MD

Neurologists



Jessica Carpenter, MD



Dana Harrar, MD











1

Part of the Children's National Health System

NeuroCardiac Critical Care Program: Integral Part of a Comprehensive Approach to the **Developing Brain in Children with Critical CHD**



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Operating Room

Center for Neuroscience Research

Outpatient Findings and Treatment

Some Stuff Happens

CICU

Cardiac Neurodevelopmental **Outcome Clinic** (CANDO)







Pre & Post-Op MRI Newborn Screen Hearing Screen

EEG Etiometry Biomarkers Cerebral Blood Flow Breast Feeding Bonding Brain Body

Routine Consults:

Neonatology Neurology Genetics Physical Therapy Occupational Therapy Speech, Language, Feeding



Other Strategies: Non-pharmacologic seda Music and Other Thera Minimize Noise, Ligh Lactation Consultant Prone Positioning Skin-to-Skin Care Physical therapy Infant Massage

e Program at Children's National Six Pillars			
ntal	Neuroprotection	Extended Family Support	Immedi Availa
	Phase I Clinical Trials	Mental Health Support	Portable
		Case Manager	Ultraso
	Seizure Treatment	Mindfulness	MRI
	Protocols	Social Work Child Life	EEG
		Clergy	Critical (
: lation		Yoga	Neurolo
apies		Telemedicine	Developm
ht nt		Post-Discharge	Intensi









Risks for Brain Injury are Multiple and Cumulative

Treatment Must Be Multidisciplinary & Longitudinal

Research is Ongoing









Further Research Timing of Surgery

Further Research

Low Cerebral **Oxygen Delivery**

> Risk of Paradoxical Embolus

Effects on the Brain From Anesthesia and CPB

Borderline Hemodynamics

Prolonged or Too Much Mechanical Ventilation

Avoid Hyperventilation







Summary

Reduce Length of Stay

Sedation Analgesia (& Subsequent Wean)

Bland Environment Lack of Social **Stimulation** Noxious Stimuli **↑**Noise

Family Support

Poor Oral Motor Coordination

> Decreased Feeding

Increased Parental Stress & Anxiety Impacting Outcome

Wernovsky G and Licht D. *Peds Crit Care Med 2016;17(Aug):S232-S242*

Children's National

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Copresidentes: Jeffrey P. Jacobs, MD • Gil Wernovsky, MD

8th World Congress of Pediatric Cardiology and Cardiac Surgery



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Thank You!





