Hybrid Ablation for Long-standing Persistent Atrial Fibrillation: A Two Stage Nonconcomitant Approach Using the Cobra Fusion Device and Catheter Ablation (Single-Centre Experience)

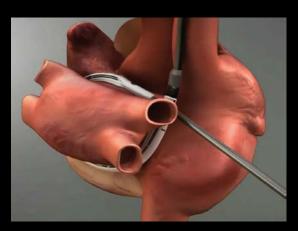
> J Villaquiran, G Furniss, D Panagopoulos, M Dalrymple-Hay, G Haywood Plymouth Hospitals NHS Trust

### Hybrid Ablation for Long-standing Persistent AF

#### **Patient Selection**

- Drug refractory, symptomatic patients with adverse features for catheter ablation
- Longstanding persistent AF (continuous AF for > 1 year)
- LA dilatation > 5 cm
- Persistent AF with reversion to AF post DCCV within 48 hours despite antiarrhythmic drugs
- All patients reviewed at surgical/EP/ACC MDT

# Stage 1 Thoracoscopic Epicardial LA ablation



57 Patients to date – VATS

1 fatal CVE day 2 post surgery

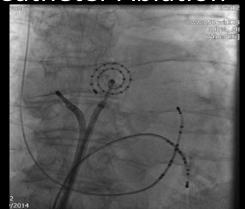
10 asymptomatic raised R hemidiaphragm

55.5 % conduction block - LOS 3 days

49 patients undergone second stage (median 156 days following VATS procedure)

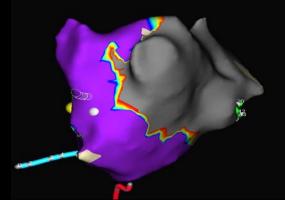
# Hybrid Ablation for Long-standing Persistent AF

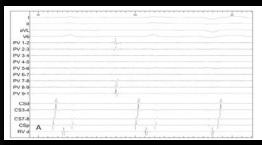
Catheter Ablation

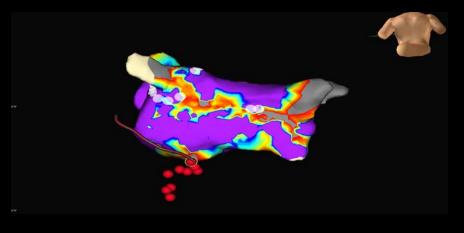


A fluoro (x-ray) image of the circular mapping catheter placed flat on the posterior wall. The ablation catheter is steered with a deflectable sheath.





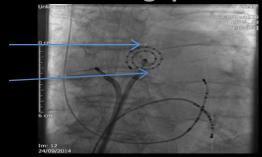


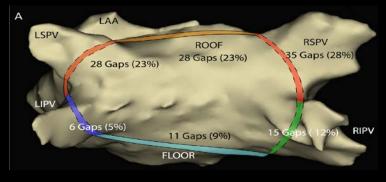


## Hybrid Ablation for Long-standing Persistent Atrial Fibrillation

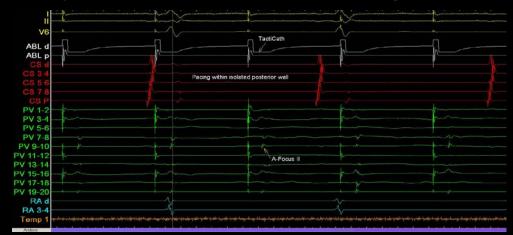


# Techniques to locate the gap





### Hybrid Ablation for Long-standing Persistent AF - Results



Serial 7 day ambulatory monitoring Atrial arrhythmia lasting 30 seconds after blanking period

43 outside blanking period 36/43 (83.7%) are in SR - 31 (72%) off AAD 32 patients greater one year. 59.4% totally arrhythmia free off AAD and at present 28/32 (87.5%) in SR, 23 (82%) off AAD.

Pacing from the TactiCath (top white line) within the isolated region is detected with a very short conduction time on the A-Focus II (green) also in the isolated region. Note that although there is local capture, this does not propagate out of the isolated region to the CS (Red) – The posterior wall beats independently of the rest of the heart.

Early/Intermediate experience Unattractive catheter ablation.

2 stage
Encouraging results
Long term follow up of Hybrid
Ablation needs to be compared with
catheter only posterior wall isolation