#### Surgical Treatment of Left Ventricular Outflow Tract Obstruction: How WE Do It

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#### Disclosures

- Edwards Lifesciences- Consultant, Investigator
- Abbot Consultant
- LivaNova Consultant, Investigator
- Cryolife Consultant, Investigator
- WL Gore Investigator



- What are the operative considerations for managing LVOT obstruction
- When is myectomy vs alternative procedures indicated and how do we do it?

### 16 y.o. with severe LVOTO



## 50 yo with numerous episodes of near syncope and exercise induced SAM with gradient of 182 mm Hg. MRI report "no LVH".



# 60 yo with long anterior leaflet and a septum of 15 mm.



#### Patients

January 2005 – December 2015 1,549 patients 1,559 operations

#### **Preoperative LVOT Gradients**



## **Operations Performed**













































## **Operations Performed**



## Mass of Myocardium Removed by Mitral Valve Intervention



#### **Isolated Myectomy**



#### Myectomy and Mitral Valve Repair



#### Likelihood of Mitral Valve Intervention by Preoperative Septal Thickness 100 80 60 0/0 **40** 20 0

≤15mm (n=257) 15-18mm (n=389)

>18mm (n=898)



## Mortality



#### Conclusions

- Increasing recognition and diagnosis of LVOTO.
- Causes are multifactorial.
- Ventricular geometry and morphology are quite variable.

### Conclusions

- With experience LVOTO can be safely and quickly treated with very low rates of VSD, pacemaker and mortality.
- Selective use of MV repairs can enhance the safety and efficacy of LVOTO surgery, especially early in the surgeon's learning curve and avoid MVR in patients with minimal septal hypertrophy.