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Concomitant AFIB Ablation: What Are the Right Lesion Set and Energy Source?

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Disclosures

• Speakers Bureau/Honoraria: Atricure, Edwards Lifesciences, Inc.,

MAZE III Left side





MAZE III Right side

MAZE IV (Cryo) Left Side



Epicardial probe placement

MAZE IV (Cryo) Left Side



Endocardial probe placement

MAZE IV Right Side

10 o'clock Tricuspid Annulus Lesion

From otomy along the back wall down to the cuspid annulus

Right Atrium

MAZE IV Right Side



ENERGY SOURCE AT CUC

- MAZE III
 LEFT MAZE
 RF EXCLUSIVELY
- PULMONARY VEIN ISOLATION

MAZE IV → RF + CRYO COMBINED

Fig. 1 Cox-maze IV procedure. SVC superior vena cava, IVC inferior vena cava, Lt left, RF bipolar radiofrequency, Rt right (Adapted from Lall S.C., Melby S.J., Voeller R.K., Zierer A., Bailey M.S., Guthrie, T.J., et al. [20])



Patients Characteristics

Characteristics	Maze III N= 116	Maze IV N= 55	Maze Left N=20	Pulmonary Vein Isolation (P.V.I) N=24
Age, Years (Mean/SD)	72,1 (10, 4)	65,1 (12,6)	73,3 (12,6)	76,5 (8,4)
Sex (Female/%)	71 (61,2%)	27 (58,6%)	7 (35%)	11 (47,8%)
Euroscore, % (Mean/SD)	9,7 (7,7)	5,98 (5,6)	9,1 (7,3)	10,7 (9,7)
LVEF (Mean/SD)	46,5 (18,1)	41,9 (24,5)	38,3 (23,5)	44,4 (23,6)



No. Ptes	0 months	20 months	40 months	60 months	80 months	100 months	120 months
MAZE III	116	68	48	34	19	9	1
MAZE IV	55	7	2	0	0	0	0
MAZE LEFT	20	7	4	2	1	0	0
P.V.I	24	16	10	5	2	1	0

Cox Model: Outcome → POP Afib

Variable	Cox Coef.	HR
EUROSCORE	-0.006	0.994
Age	0.031	1.031
LVEF	-0.026	0.974
Renal Failure	0.050	1.050
Maze IV^+	0.265	1.303
$Maze Left^+$	0.389	1.475

FREEDOM OF AFIB IN MITRAL PROCEDURE BY ABLATION TECHNIQUE



No. Ptes	0 months	20 months	40 months	60 months	80 months	100 months	120 months
MAZE III	82	46	32	22	10	2	0
MAZE IV	36	5	2	0	0	0	0
MAZE LEFT	11	1	0	0	0	0	0

SURVIVAL BY ABLATION TECHNIQUES



No. Ptes at Risk	0 months	20 months	40 months	60 months	80 months	100 months	120 months
MAZE III	116	95	72	52	28	14	1
MAZE IV	55	12	4	0	0	0	0
MAZE LEFT	20	8	5	3	2	0	0
P.V.I.	24	16	10	5	2	1	0

Cox Model: Outcome→Mortality

Variable	Cox Coef.	HR	
EUROSCORE	0.010***	1.010	
Age	0.038^{***}	1.039	
LVEF	-0.020	0.980	
	1.00	0.000	
Renal Failure	1.287***	3.622	
Mana III+	0.279	1 451	
Maze III	0.372	1.451	
$M_{070} W^+$	1.078***	2 030	
Maze IV	1.078	2.939	
Maze Left ⁺	1.056**	2 875	
Maze Delt	1.000	2.010	
	I	1	

 $p^{**}p < 0.05$ $p^{***}p < 0.01$

Bivariate Analyzes between Maze III and IV

Operatory mortality:

Maze III: 11,0% Maze IV: 11,7% (p=0,839)

All patients

	Maze III	Maze IV	р
	N = 113	N = 46	
Mitral Procedure	91~(80.5%)	33~(71.7%)	0.316
EUROSCORE***	9.58(7.55)	5.95(5.98)	0.004
Age***	72.2(10.5)	64.7 (13.4)	< 0.001
LVEF	51.9 (10.8)	53.9(10.0)	0.277
Renal Failure	12 (10.6%)	6~(13.0%)	0.871

Mortality group

	Maze III $^+$	Maze IV^+	р
Mitral Procedure	N = 21 16 (76.2%)	N = 8 4 (50.0%)	0.361
EUROSCORE	13.3(11.2)	8.63(7.5)	0.278
Age	75.4 (7.5)	73.1 (7.4)	0.465
LVEF	47.8 (11.4)	51.4 (12.2)	0.466
Renal Failure	5~(23.8%)	4 (50.0%)	0.361

 $^{***}p < 0.01$

SURVIVAL IN MITRAL PROCEDURES BY ABLATION TECHNIQUES



Time [Months]

No. Ptes	0 months	20 months	40 months	60 months	80 months	100 months	120 months
MAZE III	84	68	51	36	17	7	1
MAZE IV	36	8	3	0	0	0	0
MAZE LEFT	11	1	0	0	0	0	0



Total sample size: 215

Need of pacemaker: 52 (24,1%) 34 (65,4%) sinus rhythm

By AFib Ablation Procedure (p = 0,003):

Procedure	#Ptes with pacemaker
Maze III n=116	38 (32,7%)
Maze IV n=55	9 (16,4%)
Maze Izq n=20	4 (20%)
Pulmonary vein isolation n=24	1 (4,2%)



Only 2 patients had a postoperative stroke

MAZE IV : (1/55)

MAZE III: (1/116)

CONCLUSIONS

- There is a trend towards a better aFib cure with Maze III than IV, but this could be masked by a smaller Maze IV group size
- With regard to mortality, in our experience, perioperative death is MORE dependent on the patients variables (ie: renal failure) than the Maze procedure
- The Maze procedure DOES protect against early and late POP stroke
- The POP need for pacemakers is significantly higher in Maze III.
- Be sure that the patient REALLY needs the pacemaker before the implant.
- The Cryo + RF might be better than RF alone (we still have doubts!!)
- The lesion set is as important as the energy source
- DOING A MAZE IS VERY IMPORTANT FOR THE PATIENT, EVEN IF IT IS ONLY WITH RF!!!

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THANK YOU